



# Seo Analyzer 4pointsofbalance.org

Generated on March 05 2022 09:18 AM

The score is 63/100







## SEO Content

	Title	4pointsofbalance &#8211; Blog <b>Length : 29</b> Perfect, your title contains between 10 and 70 characters.												
	Description	<b>Length : 0</b> Very bad. We haven't found meta description on your page. Use <a href="#">this free online meta tags generator</a> to create description.												
	Keywords	Very bad. We haven't found meta keywords on your page. Use <a href="#">this free online meta tags generator</a> to create keywords.												
	Og Meta Properties	This page does not take advantage of Og Properties. This tags allows social crawler's better structurize your page. Use <a href="#">this free og properties generator</a> to create them.												
	Headings	<table border="1"> <thead> <tr> <th>H1</th> <th>H2</th> <th>H3</th> <th>H4</th> <th>H5</th> <th>H6</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>5</td> <td>0</td> <td>0</td> <td>0</td> <td>0</td> </tr> </tbody> </table> <ul style="list-style-type: none"> <li>[H1] 4pointsofbalance</li> <li>[H2] Discover waste management with R4 container monitoring system</li> <li>[H2] Pharmacy furniture</li> <li>[H2] User biometric parameters monitoring app: telemedicine at the service of health</li> <li>[H2] Articoli recenti</li> <li>[H2] Commenti recenti</li> </ul>	H1	H2	H3	H4	H5	H6	1	5	0	0	0	0
H1	H2	H3	H4	H5	H6									
1	5	0	0	0	0									
	Images	We found 3 images on this web page. 3 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.												
	Text/HTML Ratio	Ratio : <b>4%</b> This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.												

## SEO Content

	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

## SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 7 links including 0 link(s) to files
	Statistics	External Links : noFollow 0% External Links : Passing Juice 14.29% Internal Links 85.71%

## In-page links

Anchor	Type	Juice
<a href="#">Skip to content</a>	Internal	Passing Juice
<a href="#">Discover waste management with R4 container monitoring system</a>	Internal	Passing Juice
<a href="#">Technology</a>	Internal	Passing Juice
<a href="#">Pharmacy furniture</a>	Internal	Passing Juice
<a href="#">Medicine</a>	Internal	Passing Juice
<a href="#">User biometric parameters monitoring app: telemedicine at the service of health</a>	Internal	Passing Juice
<a href="#">WordPress</a>	External	Passing Juice






## SEO Keywords

	Keywords Cloud	<b>4pointsofbalance</b> management service medicine <b>blog monitoring</b> <b>categorized published</b> health technology
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## Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
4pointsofbalance	3	✓	✗	✗	✓
categorized	3	✗	✗	✗	✗
published	3	✗	✗	✗	✗
monitoring	2	✗	✗	✗	✓
blog	2	✓	✗	✗	✗











## Usability

	Url	Domain : 4pointsofbalance.org Length : 20
	Favicon	Great, your website has a favicon.
	Printability	Great. We have found a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.





## Document

	Doctype	HTML 5
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## Document

	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 0 Warnings : 4
	Email Privacy	Great no email address has been found in plain text!
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<ul style="list-style-type: none"><li> Excellent, your website doesn't use nested tables.</li><li> Too bad, your website is using inline styles.</li><li> Great, your website has few CSS files.</li><li> Perfect, your website has few JavaScript files.</li><li> Perfect, your website takes advantage of gzip.</li></ul>

## Mobile

	Mobile Optimization	<ul style="list-style-type: none"><li> Apple Icon</li><li> Meta Viewport Tag</li><li> Flash content</li></ul>
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## Optimization

	XML Sitemap	Great, your website has an XML sitemap. <pre>http://4pointsofbalance.org/sitemap.xml</pre> <pre>http://www.4pointsofbalance.org/wp-sitemap.xml</pre>
	Robots.txt	<pre>http://4pointsofbalance.org/robots.txt</pre> Great, your website has a robots.txt file.
	Analytics	Missing  We didn't detect an analytics tool installed on this website.

## Optimization

Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.