

Seo Analyzer alsana.com

Generated on March 21 2022 20:19 PM

The score is 60/100







SEO Content

	Title	Holistic, Evidence-Based Eating Disorder Treatment - Alsana® Length : 60 Perfect, your title contains between 10 and 70 characters.																				
	Description	Eating disorder treatment for adults of all genders. We offer a continuum of care programs with virtual and in-person options. Length : 126 Great, your meta description contains between 70 and 160 characters.																				
	Keywords	Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.																				
	Og Meta Properties	Good, your page take advantage of Og Properties. <table><thead><tr><th>Property</th><th>Content</th></tr></thead><tbody><tr><td>locale</td><td>en_US</td></tr><tr><td>type</td><td>website</td></tr><tr><td>title</td><td>Alsana Home</td></tr><tr><td>description</td><td>Eating disorder treatment for adults of all genders. We offer a continuum of care programs with virtual and in-person options.</td></tr><tr><td>url</td><td>https://www.alsana.com/</td></tr><tr><td>site_name</td><td>Alsana®</td></tr><tr><td>image</td><td>https://zjmqpws080-flywheel.netdna-ssl.com/wp-content/uploads/2021/09/feature-hp.png</td></tr><tr><td>image:width</td><td>940</td></tr><tr><td>image:height</td><td>788</td></tr></tbody></table>	Property	Content	locale	en_US	type	website	title	Alsana Home	description	Eating disorder treatment for adults of all genders. We offer a continuum of care programs with virtual and in-person options.	url	https://www.alsana.com/	site_name	Alsana®	image	https://zjmqpws080-flywheel.netdna-ssl.com/wp-content/uploads/2021/09/feature-hp.png	image:width	940	image:height	788
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SEO Content

	Headings	H1	H2	H3	H4	H5	H6
		1	0	6	19	6	0
		<ul style="list-style-type: none"> • [H1] We would like to be your eating recovery community • [H3] New hope for eating recovery • [H3] Individual approach • [H3] Eating disorder programs • [H3] Adaptive Care Model® • [H3] Residential Treatment Programs • [H3] In their own words • [H4] Hello! • [H4] Hello! • [H4] Hello! • [H4] Reach out to us today! • [H4] Residential Treatment • [H4] Day Treatment • [H4] Intensive Outpatient • [H4] Virtual Treatment Options • [H4] Medical Treatment • [H4] Nutrition • [H4] Movement • [H4] Therapeutic • [H4] Relational • [H4] St. Louis, Missouri - Ballwin Area • [H4] St. Louis, Missouri - Pacific Area • [H4] Birmingham, Alabama • [H4] Monterey, California • [H4] Westlake Village, California • [H4] Santa Barbara, California • [H5] I need help • [H5] My loved one needs help. • [H5] I am a Provider. • [H5] I need help • [H5] My loved one needs help. • [H5] I am a Provider. 					
	Images	<p>We found 39 images on this web page.</p> <p>Good, most or all of your images have alt attributes.</p>					
	Text/HTML Ratio	<p>Ratio : 5%</p> <p>This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.</p>					
	Flash	<p>Perfect, no Flash content has been detected on this page.</p>					
	Iframe	<p>Too Bad, you have Iframes on the web pages, this mean that content in an Iframe cannot be indexed.</p>					

SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 52 links including 0 link(s) to files
	Statistics	External Links : noFollow 0% External Links : Passing Juice 0% Internal Links 100%

In-page links

Anchor	Type	Juice
Skip to main content	Internal	Passing Juice
About	Internal	Passing Juice
About	Internal	Passing Juice
Adaptive Care Model®	Internal	Passing Juice
Medical Dimension	Internal	Passing Juice
Movement Dimension	Internal	Passing Juice
Nutrition Dimension	Internal	Passing Juice
Relational Dimension	Internal	Passing Juice
Therapeutic Dimension	Internal	Passing Juice
2021 Treatment Outcomes	Internal	Passing Juice
Alsana Culture and Careers	Internal	Passing Juice
Jobs Board	Internal	Passing Juice
Birmingham RTC	Internal	Passing Juice
Birmingham PHP/IOP	Internal	Passing Juice
Huntsville RTC &#8211; Client Inquiries Welcome	Internal	Passing Juice
St. Louis &#8211; Ballwin Area RTC	Internal	Passing Juice


In-page links

St. Louis &#8211; Ballwin Area PHP/IOP	Internal	Passing Juice
St. Louis &#8211; Pacific Area RTC	Internal	Passing Juice
Monterey RTC	Internal	Passing Juice
Monterey PHP/IOP	Internal	Passing Juice
Santa Barbara RTC	Internal	Passing Juice
Santa Barbara PHP/IOP	Internal	Passing Juice
COMING SOON to Thousand Oaks, California	Internal	Passing Juice
Westlake Village RTC	Internal	Passing Juice
Westlake Village PHP/IOP	Internal	Passing Juice
Virtual	Internal	Passing Juice
Anorexia	Internal	Passing Juice
ARFID	Internal	Passing Juice
Binge Eating Disorder	Internal	Passing Juice
Bulimia	Internal	Passing Juice
ED-DMT1 (&#8220;Diabulimia&#8221;)	Internal	Passing Juice
OSFED	Internal	Passing Juice
Trauma Treatment	Internal	Passing Juice
Co-Occurring Conditions	Internal	Passing Juice
Two-Week Winter Intensives	Internal	Passing Juice
Virtual PHP	Internal	Passing Juice
Virtual IOP	Internal	Passing Juice
Residential Treatment	Internal	Passing Juice
Day Treatment	Internal	Passing Juice
Intensive Outpatient Treatment	Internal	Passing Juice
LGBTQ+ Affirming Treatment	Internal	Passing Juice
Vegan-Friendly Programming	Internal	Passing Juice
Admissions	Internal	Passing Juice
Transitional Recovery Coaching	Internal	Passing Juice

In-page links

Eating Disorder Evaluator	Internal	Passing Juice
Blog	Internal	Passing Juice
Live Chat	Internal	Passing Juice
Support Group	Internal	Passing Juice
Events and Education	Internal	Passing Juice
Contact Our Outreach Team	Internal	Passing Juice
Family Program	Internal	Passing Juice
Alumni Program	Internal	Passing Juice



SEO Keywords

	Keywords Cloud	intensive read day eating alsana disorder treatment more care recovery
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Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
treatment	37	✓	✗	✓	✓
alsana	24	✓	✗	✗	✗
eating	20	✓	✗	✓	✓
read	18	✗	✗	✗	✗
disorder	15	✓	✗	✓	✓











Usability

	Url	Domain : alsana.com Length : 10
	Favicon	Great, your website has a favicon.





Usability

	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.

Document




	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 48 Warnings : 80
	Email Privacy	Great no email address has been found in plain text!
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<ul style="list-style-type: none"> Excellent, your website doesn't use nested tables. Too bad, your website is using inline styles. Too bad, your website has too many CSS files (more than 4). Too bad, your website has too many JS files (more than 6). Perfect, your website takes advantage of gzip.

Mobile

	Mobile Optimization	<ul style="list-style-type: none"> Apple Icon Meta Viewport Tag Flash content
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Mobile

Optimization

	XML Sitemap	Great, your website has an XML sitemap. http://alsana.com/sitemap.xml
	Robots.txt	http://alsana.com/robots.txt Great, your website has a robots.txt file.
	Analytics	Missing We didn't detect an analytics tool installed on this website. Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.