







Seo Analyzer ancestralelements.com

Generated on March 11 2022 05:58 AM






The score is 57/100







SEO Content

	Title	<p>Ancestral Elements- Ancestral Health for the Modern World</p> <p>Length : 57</p> <p>Perfect, your title contains between 10 and 70 characters.</p>																				
	Description	<p>Ancestral Elements aims to reconnect people to the natural elements of nature through nutrition, bodywork, and natural movement.</p> <p>Length : 128</p> <p>Great, your meta description contains between 70 and 160 characters.</p>																				
	Keywords	<p>Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.</p>																				
	Og Meta Properties	<p>Good, your page take advantage of Og Properties.</p> <table border="1" data-bbox="539 1279 1481 2078"> <thead> <tr> <th>Property</th> <th>Content</th> </tr> </thead> <tbody> <tr> <td>type</td> <td>website</td> </tr> <tr> <td>title</td> <td>Ancestral Elements- Ancestral Health for the Modern World</td> </tr> <tr> <td>description</td> <td>Ancestral Elements aims to reconnect people to the natural elements of nature through nutrition, bodywork, and natural movement.</td> </tr> <tr> <td>url</td> <td>https://ancestralelements.com/</td> </tr> <tr> <td>site_name</td> <td>Ancestral Elements</td> </tr> <tr> <td>image</td> <td>https://ancestralelements.com/wp-content/uploads/2020/12/tk-photo-768x1024.jpg</td> </tr> <tr> <td>image:width</td> <td>698</td> </tr> <tr> <td>image:height</td> <td>931</td> </tr> <tr> <td>locale</td> <td>en_US</td> </tr> </tbody> </table>	Property	Content	type	website	title	Ancestral Elements- Ancestral Health for the Modern World	description	Ancestral Elements aims to reconnect people to the natural elements of nature through nutrition, bodywork, and natural movement.	url	https://ancestralelements.com/	site_name	Ancestral Elements	image	https://ancestralelements.com/wp-content/uploads/2020/12/tk-photo-768x1024.jpg	image:width	698	image:height	931	locale	en_US
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SEO Content

	Headings	<table><thead><tr><th>H1</th><th>H2</th><th>H3</th><th>H4</th><th>H5</th><th>H6</th></tr></thead><tbody><tr><td>4</td><td>4</td><td>1</td><td>0</td><td>0</td><td>0</td></tr></tbody></table> <ul style="list-style-type: none">• [H1] Ancestral Elements• [H1]• [H1] Ancestral Elements• [H1] Reclaim Your Health! With The Ancestral Elements Podcast• [H2] Ancestral Health for the Modern World• [H2] (Re)defining Nutrition• [H2] Top 3 Foods for Immune System modulation• [H2] Elementary School: Fire with Food• [H3] Buy Now	H1	H2	H3	H4	H5	H6	4	4	1	0	0	0
H1	H2	H3	H4	H5	H6									
4	4	1	0	0	0									
	Images	<p>We found 3 images on this web page.</p> <p>2 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p>												
	Text/HTML Ratio	<p>Ratio : 4%</p> <p>This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.</p>												
	Flash	<p>Perfect, no Flash content has been detected on this page.</p>												
	Iframe	<p>Too Bad, you have Iframes on the web pages, this mean that content in an Iframe cannot be indexed.</p>												

SEO Links

	URL Rewrite	<p>Good. Your links looks friendly!</p>
	Underscores in the URLs	<p>We have detected underscores in your URLs. You should rather use hyphens to optimize your SEO.</p>
	In-page links	<p>We found a total of 17 links including 0 link(s) to files</p>
	Statistics	<p>External Links : noFollow 0%</p> <p>External Links : Passing Juice 5.88%</p> <p>Internal Links 94.12%</p>

In-page links

Anchor	Type	Juice
Ancestral Elements	Internal	Passing Juice
Nutrition supplements	Internal	Passing Juice
Blog	Internal	Passing Juice
About	Internal	Passing Juice
Contact	Internal	Passing Juice
Podcast	Internal	Passing Juice
Forum	Internal	Passing Juice
(Re)defining Nutrition	Internal	Passing Juice
Travis Krick	Internal	Passing Juice
Leave a Comment	Internal	Passing Juice
Top 3 Foods for Immune System modulation	Internal	Passing Juice
Leave a Comment	Internal	Passing Juice
Elementary School: Fire with Food	Internal	Passing Juice
Leave a Comment	Internal	Passing Juice
Powered by WordPress.com	External	Passing Juice
Buy Now	Internal	Passing Juice

SEO Keywords



Keywords Cloud

health back modern world nutrition themselves
ancestral around krick elements






Keywords Consistency

Keyword	Content	Title	Keywords	Descripti on	Headings
ancestral	6	✓	✗	✓	✓







Keywords Consistency

elements	4	✓	✗	✓	✓
health	3	✓	✗	✗	✓
world	3	✓	✗	✗	✓
nutrition	2	✗	✗	✓	✓

Usability

	Url	Domain : ancestralelements.com Length : 21
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.

Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 0 Warnings : 0
	Email Privacy	Great no email address has been found in plain text!
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	✓ Excellent, your website doesn't use nested tables.

Document

- ✘ Too bad, your website is using inline styles.
- ✘ Too bad, your website has too many CSS files (more than 4).
- ✘ Too bad, your website has too many JS files (more than 6).
- ✔ Perfect, your website takes advantage of gzip.

Mobile



Mobile Optimization

- ✔ Apple Icon
- ✔ Meta Viewport Tag
- ✔ Flash content

Optimization



XML Sitemap

Great, your website has an XML sitemap.

```
http://ancestralelements.com/sitemap.xml
https://ancestralelements.com/sitemap.xml
https://ancestralelements.com/news-sitemap.xml
```



Robots.txt

<http://ancestralelements.com/robots.txt>

Great, your website has a robots.txt file.



Analytics

Missing

We didn't detect an analytics tool installed on this website.

Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.