








Seo Analyzer awareness-now.org

Generated on March 15 2022 06:35 AM

The score is 35/100



SEO Content

	<p>Title</p>	<p>Awareness Now! Discover non-duality and how you are not your thoughts or beliefs</p> <p>Length : 82</p> <p>Ideally, your title should contain between 10 and 70 characters (spaces included). Use this free tool to calculate text length.</p>												
	<p>Description</p>	<p>Length : 0</p> <p>Very bad. We haven't found meta description on your page. Use this free online meta tags generator to create description.</p>												
	<p>Keywords</p>	<p>Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.</p>												
	<p>Og Meta Properties</p>	<p>This page does not take advantage of Og Properties. This tags allows social crawler's better structurize your page. Use this free og properties generator to create them.</p>												
	<p>Headings</p>	<table border="1" data-bbox="542 1444 1481 1518"> <thead> <tr> <th>H1</th> <th>H2</th> <th>H3</th> <th>H4</th> <th>H5</th> <th>H6</th> </tr> </thead> <tbody> <tr> <td>2</td> <td>1</td> <td>50</td> <td>1</td> <td>0</td> <td>2</td> </tr> </tbody> </table> <ul data-bbox="614 1550 1476 2078" style="list-style-type: none"> • [H1] Awareness Now! • [H1] AWARENESS-NOW.ORG • [H2] ARTICLES & INTERVIEWS • [H3] The end of getting • [H3] Division is endless! • [H3] Am I my thoughts? • [H3] The stories in our head • [H3] What is a belief? • [H3] Video: interview with Willem Fonteijn • [H3] The limits of "knowing" • [H3] Life as "me" • [H3] Beliefs & Reality • [H3] The end of Duality • [H3] Awareness "explained" • [H3] The Illusion of seeking • [H3] Interview with Amoda - our true nature is beyond beliefs 	H1	H2	H3	H4	H5	H6	2	1	50	1	0	2
H1	H2	H3	H4	H5	H6									
2	1	50	1	0	2									

SEO Content

- [H3] Can we drop the GOD beliefs?
- [H3] The end of getting
- [H3] Division is endless!
- [H3] Am I my thoughts?
- [H3] The stories in our head
- [H3] What is a belief?
- [H3] Video: interview with Willem Fonteijn
- [H3] The limits of “knowing”
- [H3] Life as “me”
- [H3] Beliefs & Reality
- [H3] The end of Duality
- [H3] Awareness “explained”
- [H3] The Illusion of seeking
- [H3] Interview with Amoda - our true nature is beyond beliefs
- [H3] Can we drop the GOD beliefs?
- [H3] Video - interview with Peter Gordijn
- [H3] Knowing without Thinking
- [H3] 95% of what you think...
- [H3] Seeking for what?
- [H3] Awakening and the subject-object dynamic
- [H3] Video - interview with Jim Newman
- [H3] Does tomorrow exist?
- [H3] Love is not personal?
- [H3] Seeking for what is un-graspable
- [H3] The danger of beliefs
- [H3] Awareness vs Experience
- [H3] There is no past or future...
- [H3] The search for “Meaning”
- [H3] What is non-duality?
- [H3] Does happiness depend on things?
- [H3] Chronic thinking, why?
- [H3] Is the ‘self’ just an idea?
- [H3] Awareness is not a belief
- [H3] How do you know you are attached to a belief?
- [H3] Without awareness and compassion, we are lost...
- [H3] Who controls thoughts, who is thinking?
- [H3] Why Awareness is so attractive!
- [H4] Email subscribers
- [H6] “In the course of the 21st century more and more people will realize that our beliefs and the duality, division and conflict we experience are self-created realities. Freedom and happiness have nothing to do with clinging to beliefs. To realize you are not your thoughts or beliefs, is the beginning of awakening...”
- [H6] (from the Awareness now! website)



Images

We found 56 images on this web page.

55 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.



Text/HTML Ratio





Ratio : **7%**

This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.

SEO Content

	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	We have detected underscores in your URLs. You should rather use hyphens to optimize your SEO.
	In-page links	We found a total of 58 links including 0 link(s) to files
	Statistics	External Links : noFollow 0% External Links : Passing Juice 0% Internal Links 100%

In-page links

Anchor	Type	Juice
Home	Internal	Passing Juice
Vision	Internal	Passing Juice
Quotes	Internal	Passing Juice
Blog	Internal	Passing Juice
Contact	Internal	Passing Juice
various people	Internal	Passing Juice
Awareness now!	Internal	Passing Juice
The end of getting	Internal	Passing Juice
awarenessnow	Internal	Passing Juice


In-page links

17	Internal	Passing Juice
Division is endless!	Internal	Passing Juice
1380	Internal	Passing Juice
Am I my thoughts?	Internal	Passing Juice
76	Internal	Passing Juice
The stories in our head	Internal	Passing Juice
26	Internal	Passing Juice
What is a belief?	Internal	Passing Juice
76	Internal	Passing Juice
Video: interview with Willem Fonteijn	Internal	Passing Juice
1926	Internal	Passing Juice
The limits of “knowing”	Internal	Passing Juice
105	Internal	Passing Juice
Life as “me”:	Internal	Passing Juice
66	Internal	Passing Juice
Beliefs “: Reality	Internal	Passing Juice
44	Internal	Passing Juice
The end of Duality	Internal	Passing Juice
1798	Internal	Passing Juice
Awareness “explained”	Internal	Passing Juice
87	Internal	Passing Juice
The Illusion of seeking	Internal	Passing Juice
67	Internal	Passing Juice
Interview with Amoda “: our true nature is beyond beliefs	Internal	Passing Juice
1952	Internal	Passing Juice
Can we drop the GOD beliefs?	Internal	Passing Juice
41	Internal	Passing Juice
Video “: interview with Peter Gordijn	Internal	Passing Juice

In-page links

Knowing without Thinking	Internal	Passing Juice
95% of what you think...	Internal	Passing Juice
Seeking for what?	Internal	Passing Juice
Awakening and the subject-object dynamic	Internal	Passing Juice
Video &#8211; interview with Jim Newman	Internal	Passing Juice
Does tomorrow exist?	Internal	Passing Juice
Love is not personal?	Internal	Passing Juice
Seeking for what is un-graspable	Internal	Passing Juice
The danger of beliefs	Internal	Passing Juice
Awareness vs Experience	Internal	Passing Juice
There is no past or future&#8230;	Internal	Passing Juice
The search for &#8220;Meaning&#8221;	Internal	Passing Juice
What is non-duality?	Internal	Passing Juice
Does happiness depend on things?	Internal	Passing Juice
Chronic thinking, why?	Internal	Passing Juice
Is the &#8216;self&#8217; just an idea?	Internal	Passing Juice
Awareness is not a belief	Internal	Passing Juice
How do you know you are attached to a belief?	Internal	Passing Juice
Without awareness and compassion, we are lost&#8230;	Internal	Passing Juice
Who controls thoughts, who is thinking?	Internal	Passing Juice
Why Awareness is so attractive!	Internal	Passing Juice






SEO Keywords

	Keywords Cloud	read humans interview something more email stories seeking awareness now beliefs
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Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
more	8	✘	✘	✘	✔
awarenessnow	7	✘	✘	✘	✘
read	7	✘	✘	✘	✘
beliefs	4	✔	✘	✘	✔
interview	3	✘	✘	✘	✔

Usability

	Url	Domain : awareness-now.org Length : 17
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.

Document

	Doctype	Missing doctype
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 1 Warnings : 27
	Email Privacy	Great no email address has been found in plain text!




Document

	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<ul style="list-style-type: none"> Excellent, your website doesn't use nested tables. Too bad, your website is using inline styles. Too bad, your website has too many CSS files (more than 4). Too bad, your website has too many JS files (more than 6). Too bad, your website does not take advantage of gzip.

Mobile

	Mobile Optimization	<ul style="list-style-type: none"> Apple Icon Meta Viewport Tag Flash content
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Optimization

	XML Sitemap	<p>Missing</p> <p>Your website does not have an XML sitemap - this can be problematic.</p> <p>A sitemap lists URLs that are available for crawling and can include additional information like your site's latest updates, frequency of changes and importance of the URLs. This allows search engines to crawl the site more intelligently.</p>
	Robots.txt	<p>Missing</p> <p>Your website doesn't have a robots.txt file - this can be problematic.</p> <p>A robots.txt file allows you to restrict the access of search engine robots that crawl the web and it can prevent these robots from accessing specific directories and pages. It also specifies where the XML sitemap file is located.</p>
	Analytics	<p>Missing</p> <p>We didn't detect an analytics tool installed on this website.</p> <p>Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.</p>

Optimization