



# Seo Analyzer capecoastalpt.com

Generated on January 31 2022 07:38 AM





The score is 59/100







## SEO Content

	<p>Title</p>	<p>capecoastalpt &amp;laquo;</p> <p><b>Length : 21</b></p> <p>Perfect, your title contains between 10 and 70 characters.</p>												
	<p>Description</p>	<p>Cape Coastal PT is a Physical, Orthopedic and Sports Physical Therapy facility run by Robert Brewster.</p> <p><b>Length : 102</b></p> <p>Great, your meta description contains between 70 and 160 characters.</p>												
	<p>Keywords</p>	<p>cape, cod, coastal, physical, therapy, orthopedic, sports, sports therapy, marstons mills, running injury, athletic injury, manual therapy, functional rehab, cape cod</p> <p>Good, your page contains meta keywords.</p>												
	<p>Og Meta Properties</p>	<p>This page does not take advantage of Og Properties. This tags allows social crawler's better structurize your page. Use <a href="#">this free og properties generator</a> to create them.</p>												
	<p>Headings</p>	<table border="1" data-bbox="542 1478 1476 1556"> <thead> <tr> <th>H1</th> <th>H2</th> <th>H3</th> <th>H4</th> <th>H5</th> <th>H6</th> </tr> </thead> <tbody> <tr> <td>2</td> <td>2</td> <td>5</td> <td>1</td> <td>1</td> <td>0</td> </tr> </tbody> </table> <ul data-bbox="614 1579 1476 2072" style="list-style-type: none"> <li>• [H1] capecoastalpt</li> <li>• [H1]</li> <li>• [H2]</li> <li>• [H2] The safety of our staff and clients is of the utmost importance. We will continue to adhere to the CDC guidelines regarding Covid-19.</li> <li>• [H3] Main menu</li> <li>• [H3] View Testimonials</li> <li>• [H3] Telehealth Services!</li> <li>• [H3] We also offer Telehealth services.</li> <li>• [H3]</li> <li>• [H4] Our mission is to provide high quality manual and functional therapy, in personalized environment, with treatment tailored to help you achieve your personal physical therapy and fitness goals. In order to meet these goals, we</li> </ul>	H1	H2	H3	H4	H5	H6	2	2	5	1	1	0
H1	H2	H3	H4	H5	H6									
2	2	5	1	1	0									

## SEO Content

		listen actively, and strive to understand patients' needs. • [H5] Thank you!
	Images	We found 3 images on this web page. Good, most or all of your images have alt attributes.
	Text/HTML Ratio	Ratio : <b>4%</b> This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.
	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

## SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 10 links including 0 link(s) to files
	Statistics	External Links : noFollow 0% External Links : Passing Juice 0% Internal Links 100%


## In-page links

Anchor	Type	Juice
<a href="#">Skip to primary content</a>	Internal	Passing Juice
<a href="#">Skip to secondary content</a>	Internal	Passing Juice
<a href="#">About</a>	Internal	Passing Juice

## In-page links

<a href="#">Services</a>	Internal	Passing Juice
<a href="#">Facility</a>	Internal	Passing Juice
<a href="#">FAQ</a>	Internal	Passing Juice
<a href="#">Patient Forms</a>	Internal	Passing Juice
<a href="#">Media</a>	Internal	Passing Juice
<a href="#">View Testimonials</a>	Internal	Passing Juice
<a href="#">capecoastalpt</a>	Internal	Passing Juice



## SEO Keywords

 Keywords Cloud	<p>mills <b>content</b> primary fax bob          bobcapecoastalpt <b>capecoastalpt</b>          menu main <b>skip</b></p>
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## Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
capecoastalpt	2	✓	✗	✗	✓
content	2	✗	✗	✗	✗
skip	2	✗	✗	✗	✗
fax	1	✗	✗	✗	✗
primary	1	✗	✗	✗	✗








## Usability

 Url	Domain : capecoastalpt.com Length : 17
 Favicon	Great, your website has a favicon.

## Usability

	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.

## Document




	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 0 Warnings : 17
	Email Privacy	Warning! At least one email address has been found in the plain text. Use <a href="#">free antispam protector</a> to hide email from spammers.
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<ul style="list-style-type: none"><li> Excellent, your website doesn't use nested tables.</li><li> Too bad, your website is using inline styles.</li><li> Too bad, your website has too many CSS files (more than 4).</li><li> Too bad, your website has too many JS files (more than 6).</li><li> Perfect, your website takes advantage of gzip.</li></ul>

## Mobile

	Mobile Optimization	<ul style="list-style-type: none"><li> Apple Icon</li><li> Meta Viewport Tag</li><li> Flash content</li></ul>
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# Mobile

## Optimization

	XML Sitemap	<p>Missing</p> <p>Your website does not have an XML sitemap - this can be problematic.</p> <p>A sitemap lists URLs that are available for crawling and can include additional information like your site's latest updates, frequency of changes and importance of the URLs. This allows search engines to crawl the site more intelligently.</p>
	Robots.txt	<p><a href="http://capecoastalpt.com/robots.txt">http://capecoastalpt.com/robots.txt</a></p> <p>Great, your website has a robots.txt file.</p>
	Analytics	<p>Missing</p> <p>We didn't detect an analytics tool installed on this website.</p> <p>Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.</p>