








Seo Analyzer carolhiestand.com

Generated on February 09 2022 01:44 AM





The score is 43/100







SEO Content

	Title	<p>Carol Hiestand &#8211; writing when inspired about the often overlooked</p> <p>Length : 71</p> <p>Ideally, your title should contain between 10 and 70 characters (spaces included). Use this free tool to calculate text length.</p>												
	Description	<p>Length : 0</p> <p>Very bad. We haven't found meta description on your page. Use this free online meta tags generator to create description.</p>												
	Keywords	<p>Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.</p>												
	Og Meta Properties	<p>This page does not take advantage of Og Properties. This tags allows social crawler's better structurize your page. Use this free og properties generator to create them.</p>												
	Headings	<table><tr><th>H1</th><th>H2</th><th>H3</th><th>H4</th><th>H5</th><th>H6</th></tr><tr><td>1</td><td>10</td><td>0</td><td>4</td><td>0</td><td>0</td></tr></table> <ul style="list-style-type: none">• [H1] Carol Hiestand• [H2] How I Found My Brave Through (of all things) Total Knee Replacement.• [H2] Dear Little Growing-out-of-the-Rock Tree• [H2] My First Job Ever and The Grumpy Cafeteria Lady• [H2] Dear Person Who Sits Under the Willow Tree• [H2] Psalm 27, Sunsets, and Trying Softer• [H2] DEAR TINY GROWING-OUT-OF-THE-ROCK TREE• [H2] “Did you get splinters, Grandma?”• [H2] Towels, Bathroom Rugs, and Getting Older• [H2] Finding Beauty When The World Is Upside Down• [H2] Musings At the End of An Extended Family Vacation in 2017• [H4] Welcome• [H4] Subscribe to receive emails of new blog posts• [H4] Categories	H1	H2	H3	H4	H5	H6	1	10	0	4	0	0
H1	H2	H3	H4	H5	H6									
1	10	0	4	0	0									

SEO Content

		• [H4] Monthly Archives
	Images	We found 1 images on this web page. Good, most or all of your images have alt attributes.
	Text/HTML Ratio	Ratio : 9% This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.
	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 33 links including 0 link(s) to files
	Statistics	External Links : noFollow 0% External Links : Passing Juice 6.06% Internal Links 93.94%

In-page links

Anchor	Type	Juice
Skip to content	Internal	Passing Juice
Carol Hiestand	Internal	Passing Juice
My Story	Internal	Passing Juice
Contact Me	Internal	Passing Juice

In-page links

How I Found My Brave Through (of all things) Total Knee Replacement.	Internal	Passing Juice
carol	Internal	Passing Juice
Life with ADHD	Internal	Passing Juice
Storytelling	Internal	Passing Juice
Dear Little Growing-out-of-the-Rock Tree	Internal	Passing Juice
Lake Lessons	Internal	Passing Juice
Letters to a Tree Series	Internal	Passing Juice
Nature Lessons	Internal	Passing Juice
My First Job Ever and The Grumpy Cafeteria Lady	Internal	Passing Juice
Dear Person Who Sits Under the Willow Tree	Internal	Passing Juice
Psalm 27, Sunsets, and Trying Softer	Internal	Passing Juice
Caregiving for Elderly Parents aka "Blessing Journey"	Internal	Passing Juice
The Garden Lessons	Internal	Passing Juice
DEAR TINY GROWING-OUT-OF-THE-ROCK TREE	Internal	Passing Juice
&#8220;Did you get splinters, Grandma?&#8221;	Internal	Passing Juice
Towels, Bathroom Rugs, and Getting Older	Internal	Passing Juice
uncategorized reflections	Internal	Passing Juice
Finding Beauty When The World Is Upside Down	Internal	Passing Juice
Musings At the End of An Extended Family Vacation in 2017	Internal	Passing Juice
Older posts &rarr;	Internal	Passing Juice
read my story	Internal	Passing Juice
Before and After &#8211; Days of Loss	Internal	Passing Juice
Grief/Sibling/Adult sibling loss	Internal	Passing Juice
lessons from my children and grandchildren	Internal	Passing Juice
No easy answers (memoir)	Internal	Passing Juice
Remember and Celebrate on Sundays	Internal	Passing Juice
Spiritual Disciplines	Internal	Passing Juice
Proudly powered by WordPress	External	Passing Juice

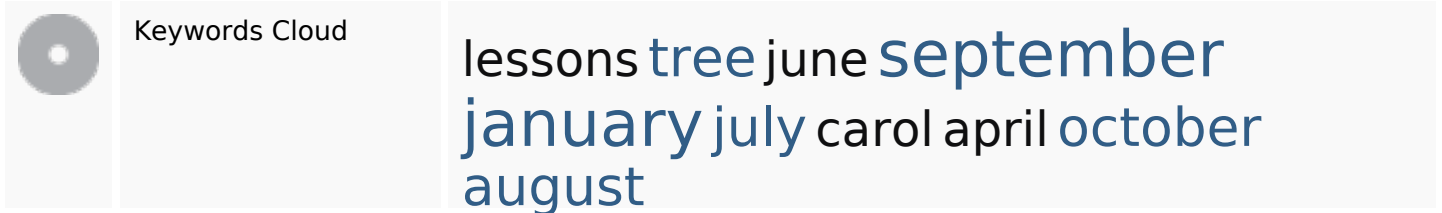
In-page links

[Simplent Theme by Rafay](#)

External

Passing Juice

SEO Keywords














Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
september	14	✖	✖	✖	✖
january	12	✖	✖	✖	✖
august	11	✖	✖	✖	✖
october	10	✖	✖	✖	✖
tree	10	✖	✖	✖	✔





Usability

	Url	Domain : carolhiestand.com Length : 17
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.



Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 242 Warnings : 31
	Email Privacy	Great no email address has been found in plain text!
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<div><div> Excellent, your website doesn't use nested tables.</div><div> Too bad, your website is using inline styles.</div><div> Too bad, your website has too many CSS files (more than 4).</div><div> Too bad, your website has too many JS files (more than 6).</div><div> Perfect, your website takes advantage of gzip.</div></div>

Mobile

	Mobile Optimization	<div><div> Apple Icon</div><div> Meta Viewport Tag</div><div> Flash content</div></div>
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Optimization

	XML Sitemap	<div>Great, your website has an XML sitemap.</div> <div><div>http://carolhiestand.com/sitemap.xml</div><div>https://carolhiestand.com/wp-sitemap.xml</div></div>
	Robots.txt	<div>http://carolhiestand.com/robots.txt</div> <div>Great, your website has a robots.txt file.</div>

Optimization



Analytics

Missing

We didn't detect an analytics tool installed on this website.

Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.