







Seo Analyzer centurahealthathome.org

Generated on February 08 2022 07:39 AM

The score is 54/100



SEO Content

	<p>Title</p>	<p>Home - Centura Health</p> <p>Length : 21</p> <p>Perfect, your title contains between 10 and 70 characters.</p>																		
	<p>Description</p>	<p>Skin Care Latest Articles Meet Our Team CenturaHealth's team of dedicated professionals is here to guide you on your path to wellness! View the Whole Team</p> <p>Length : 154</p> <p>Great, your meta description contains between 70 and 160 characters.</p>																		
	<p>Keywords</p>	<p>Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.</p>																		
	<p>Og Meta Properties</p>	<p>Good, your page take advantage of Og Properties.</p> <table border="1" data-bbox="542 1310 1481 2078"> <thead> <tr> <th>Property</th> <th>Content</th> </tr> </thead> <tbody> <tr> <td>locale</td> <td>en_US</td> </tr> <tr> <td>type</td> <td>website</td> </tr> <tr> <td>title</td> <td>Home - Centura Health</td> </tr> <tr> <td>description</td> <td>Skin Care Latest Articles Meet Our Team CenturaHealth's team of dedicated professionals is here to guide you on your path to wellness! View the Whole Team</td> </tr> <tr> <td>url</td> <td>https://www.centurahealthathome.org/</td> </tr> <tr> <td>site_name</td> <td>Centura Health</td> </tr> <tr> <td>updated_time</td> <td>2022-01-19T20:04:14+00:00</td> </tr> <tr> <td>image</td> <td>https://www.centurahealthathome.org/wp-content/uploads/2022/01/centurahealthLogoPreview.png</td> </tr> </tbody> </table>	Property	Content	locale	en_US	type	website	title	Home - Centura Health	description	Skin Care Latest Articles Meet Our Team CenturaHealth's team of dedicated professionals is here to guide you on your path to wellness! View the Whole Team	url	https://www.centurahealthathome.org/	site_name	Centura Health	updated_time	2022-01-19T20:04:14+00:00	image	https://www.centurahealthathome.org/wp-content/uploads/2022/01/centurahealthLogoPreview.png
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image	https://www.centurahealthathome.org/wp-content/uploads/2022/01/centurahealthLogoPreview.png																			

SEO Content



image:secure_url	https://www.centurahealthathome.org/wp-content/uploads/2022/01/centurahealthLogoPreview.png
image:width	500
image:height	200
image:alt	centurahealth
image:type	image/png

Headings




H1	H2	H3	H4	H5	H6
0	5	20	3	10	14

- [H2] Skin Care
- [H2] Latest Articles
- [H2] Meet Our Team
- [H2] Popular Search
- [H2] Popular Categories
- [H3] The Food Trends To Watch Out For In 2022, According To Whole Foods Market
- [H3] This Derm Thinks You Should Cool It On The Social Media Skin Care Trends
- [H3] A Quick 5-Minute Abs Workout You Can Do Anytime
- [H3] The Food Trends To Watch Out For In 2022, According To Whole Foods Market
- [H3] A Homemade Plant Food Recipe + How To Use It For Happy Greenery
- [H3] This Is Why I Became A Health Coach & My Advice To Anyone Considering This Career
- [H3] 3 Luxury Bath Items for Your Wish List
- [H3] Losing Weight Without Losing Your Mind
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- [H3] Tips for Staying Healthy
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- [H3] This Is Why I Became A Health Coach & My Advice To Anyone Considering This Career
- [H3] 3 Daily Beauty & Wellness Tips From Supermodel Emily DiDonato
- [H4] Noble Jaramillo
- [H4] Darrick Cho
- [H4] Aron Sparrow
- [H5] CenturaHealth's team of dedicated professionals is here to guide you on your path to wellness!
- [H5] Kenyatta Musgrove
- [H5] Yaeko Yamamoto


SEO Content

		<ul style="list-style-type: none">• [H5] Rhett Baumann• [H5] Joi Belt• [H5] Jovita Castaneda• [H5] Carter Ramon• [H5] Gigi Tovar• [H5] Eli Spicer• [H5] Nia Fleck• [H6] Rhett Baumann• [H6] Yaeko Yamamoto• [H6] Noble Jaramillo• [H6] Yaeko Yamamoto• [H6] Yaeko Yamamoto• [H6] Joi Belt• [H6] Noble Jaramillo• [H6] Rhett Baumann• [H6] Yaeko Yamamoto• [H6] Joi Belt• [H6] Noble Jaramillo• [H6] Rhett Baumann• [H6] Jovita Castaneda• [H6] Yaeko Yamamoto
	Images	<p>We found 31 images on this web page.</p> <p>12 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p>
	Text/HTML Ratio	<p>Ratio : 3%</p> <p>This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.</p>
	Flash	<p>Perfect, no Flash content has been detected on this page.</p>
	Iframe	<p>Great, there are no Iframes detected on this page.</p>

SEO Links

	URL Rewrite	<p>Good. Your links looks friendly!</p>
	Underscores in the URLs	<p>Perfect! No underscores detected in your URLs.</p>
	In-page links	<p>We found a total of 30 links including 0 link(s) to files</p>

SEO Links

	Statistics	External Links : noFollow 0%
		External Links : Passing Juice 20%
		Internal Links 80%

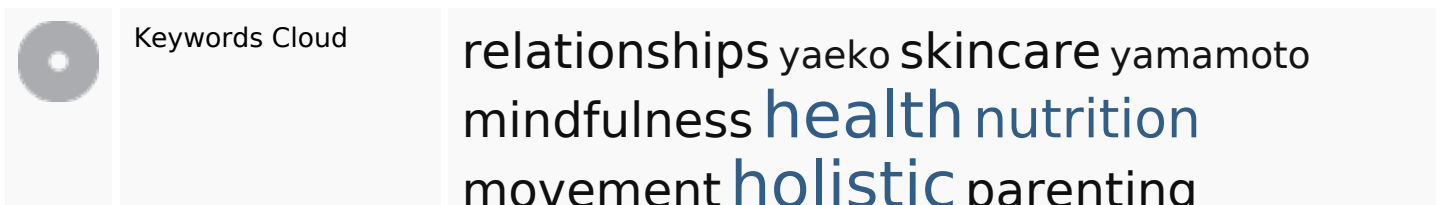
In-page links

Anchor	Type	Juice
Nutrition	Internal	Passing Juice
Movement	Internal	Passing Juice
Mindfulness	Internal	Passing Juice
Holistic Health	Internal	Passing Juice
Skincare	Internal	Passing Juice
Relationships	Internal	Passing Juice
Parenting	Internal	Passing Juice
The Food Trends To Watch Out For In 2022, According To Whole Foods Market	Internal	Passing Juice
This Derm Thinks You Should Cool It On The Social Media Skin Care Trends	Internal	Passing Juice
A Quick 5-Minute Abs Workout You Can Do Anytime	Internal	Passing Juice
A Homemade Plant Food Recipe + How To Use It For Happy Greenery	Internal	Passing Juice
This Is Why I Became A Health Coach &#038; My Advice To Anyone Considering This Career	Internal	Passing Juice
3 Luxury Bath Items for Your Wish List	Internal	Passing Juice
Losing Weight Without Losing Your Mind	Internal	Passing Juice
What Is Orthopedic Nursing?	Internal	Passing Juice
What to Do While Waiting for a Cancer Diagnosis	Internal	Passing Juice
5 Types of Dementia	Internal	Passing Juice
What Is Scoliosis?	Internal	Passing Juice
Tips for Staying Healthy	Internal	Passing Juice

In-page links

About Us	Internal	Passing Juice
Write For Us	External	Passing Juice
Contact Us	Internal	Passing Juice
Careers	Internal	Passing Juice
Privacy Policy	Internal	Passing Juice
Food Trends	External	Passing Juice
Hormones	External	Passing Juice
Intermittent Fasting	External	Passing Juice
Yoga	External	Passing Juice
Skin Care	External	Passing Juice
3 Daily Beauty & Wellness Tips From Supermodel Emily DiDonato	Internal	Passing Juice






SEO Keywords







Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
health	19	✓	✗	✓	✓
holistic	16	✗	✗	✗	✗
nutrition	12	✗	✗	✗	✗
movement	11	✗	✗	✗	✗
mindfulness	10	✗	✗	✗	✗


Usability

	Url	Domain : centurahealthathome.org Length : 23
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.





Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 53 Warnings : 80
	Email Privacy	Great no email address has been found in plain text!
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<ul style="list-style-type: none"> Excellent, your website doesn't use nested tables. Too bad, your website is using inline styles. Too bad, your website has too many CSS files (more than 4). Too bad, your website has too many JS files (more than 6). Perfect, your website takes advantage of gzip.

Mobile

	Mobile Optimization	<ul style="list-style-type: none">✓ Apple Icon✓ Meta Viewport Tag✓ Flash content
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Optimization

	XML Sitemap	<p>Great, your website has an XML sitemap.</p> <p>http://centurahealthathome.org/sitemap.xml</p> <p>https://www.centurahealthathome.org/sitemap_index.xml</p>
	Robots.txt	<p>http://centurahealthathome.org/robots.txt</p> <p>Great, your website has a robots.txt file.</p>
	Analytics	<p>Great, your website has an analytics tool.</p> <p> Google Analytics</p>