








Seo Analyzer chiarafrancesconi.it

Generated on March 12 2022 06:55 AM





The score is **60/100**







SEO Content

	Title	<p>Home</p> <p>Length : 4</p> <p>Ideally, your title should contain between 10 and 70 characters (spaces included). Use this free tool to calculate text length.</p>												
	Description	<p>Dott.ssa Chiara Francesconi, psicologa psicoterapeuta cognitiva, consulenze psicologiche via skype e psicoterapia online per disturbi alimentari, eliminazione abbuffate e binge eating, difficoltà relazionali, gestione della rabbia, gestione delle emozioni, cura dell'ansia e aumento dell'autostima, elaborazione del lutto.</p> <p>Length : 322</p> <p>Ideally, your meta description should contain between 70 and 160 characters (spaces included). Use this free tool to calculate text length.</p>												
	Keywords	<p>Psicoterapia online, colloqui psicologici online, psicoterapia skype, psicologa psicoterapeuta cognitiva</p> <p>Good, your page contains meta keywords.</p>												
	Og Meta Properties	<p>This page does not take advantage of Og Properties. This tags allows social crawler's better structurize your page. Use this free og properties generator to create them.</p>												
	Headings	<table border="1" data-bbox="539 1608 1481 1682"> <thead> <tr> <th>H1</th> <th>H2</th> <th>H3</th> <th>H4</th> <th>H5</th> <th>H6</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>4</td> <td>20</td> <td>0</td> <td>0</td> <td>0</td> </tr> </tbody> </table> <ul data-bbox="619 1715 1497 2078" style="list-style-type: none"> • [H1] Pillole di Psicologia • [H2] Psicoterapia Online • [H2] Disturbi dell'alimentazione • [H2] Gestire ansia, rabbia, sensi di colpa, invidia e cali d'umore • [H2] Servizi offerti • [H3] Dott.ssa Chiara Francesconi • [H3] Psicoterapia Online Skype • [H3] Invia e-mail • [H3] Sedi di ricevimento • [H3] Tanti articoli di approfondimento a tua disposizione • [H3] Emozioni 	H1	H2	H3	H4	H5	H6	1	4	20	0	0	0
H1	H2	H3	H4	H5	H6									
1	4	20	0	0	0									

SEO Content

		<ul style="list-style-type: none">• [H3] Schema Therapy• [H3] Problemi Alimentari• [H3] Psicoterapia Cognitivo Comportamentale• [H3] Mindful Eating e alimentazione consapevole• [H3] Psicologia dello Sport• [H3] Consulenza tecnica psicologica e psicodiagnostica• [H3] Percorsi Motivazionali• [H3] Consulenze online• [H3] Eventi ed Incontri• [H3] Questionari gratuiti online• [H3] Benessere e Psicologia• [H3] Siti partner• [H3] Riferimenti terapeutici• [H3] Sign In
	Images	<p>We found 16 images on this web page.</p> <p>1 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p>
	Text/HTML Ratio	<p>Ratio : 30%</p> <p>Ideal! This page's ratio of text to HTML code is between 25 and 70 percent.</p>
	Flash	<p>Perfect, no Flash content has been detected on this page.</p>
	Iframe	<p>Great, there are no Iframes detected on this page.</p>

SEO Links

	URL Rewrite	<p>Good. Your links looks friendly!</p>
	Underscores in the URLs	<p>Perfect! No underscores detected in your URLs.</p>
	In-page links	<p>We found a total of 39 links including 1 link(s) to files</p>
	Statistics	<p>External Links : noFollow 0%</p> <p>External Links : Passing Juice 25.64%</p> <p>Internal Links 74.36%</p>

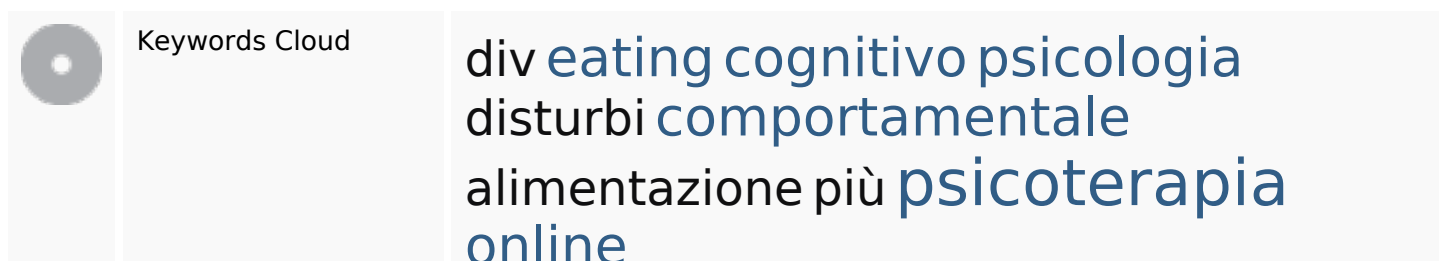
In-page links

Anchor	Type	Juice
=	Internal	Passing Juice
Psicoterapia Cognitivo Comportamentale	Internal	Passing Juice
=	External	Passing Juice
=	External	Passing Juice
=	External	Passing Juice
Psicoterapia Online - Skype	Internal	Passing Juice
Home	Internal	Passing Juice
Chi sono	Internal	Passing Juice
Psicoterapia Online	Internal	Passing Juice
Mindful eating e alimentazione consapevole	Internal	Passing Juice
Terapia Cognitivo Comportamentale (CBT)	Internal	Passing Juice
Progetti ed Eventi	Internal	Passing Juice
Video	Internal	Passing Juice
Lecture	Internal	Passing Juice
Psicologia dell'alimentazione e Disturbi Alimentari	Internal	Passing Juice
Schema Therapy	Internal	Passing Juice
Disturbi d'Ansia	Internal	Passing Juice
Psicologia dello Sport	Internal	Passing Juice
Gestire le emozioni	Internal	Passing Juice
Comportamento e Personalità	Internal	Passing Juice
Psicoterapia cognitivo comportamentale	Internal	Passing Juice
Consigli di lettura per aprire la mente	Internal	Passing Juice
Questionari	Internal	Passing Juice
Contatti	Internal	Passing Juice
Psicoterapia online	Internal	Passing Juice
Mindful eating e alimentazione consapevole	Internal	Passing Juice
Terapia Cognitivo Comportamentale (CBT)	Internal	Passing Juice

In-page links

=	Internal	Passing Juice
Pillole di Psicologia - Blog	External	Passing Juice
State of Mind - rivista online di psicologia e psicoterapia	External	Passing Juice
APC Scuola di psicoterapia cognitiva	External	Passing Juice
Consiglio Nazionale Ordine Psicologi	Internal	Passing Juice
Schema Therapy Society	External	Passing Juice
Ordine Psicologi Marche	External	Passing Juice
The Center for Mindful Eating	External	Passing Juice
Condizioni di utilizzo e note legali.	Internal	Passing Juice
Privacy Policy	External	Passing Juice
Password dimenticata?	Internal	Passing Juice
Nome utente dimenticato?	Internal	Passing Juice

SEO Keywords














Keywords Consistency

Keyword	Content	Title	Keywords	Descripti on	Headings
psicoterapia	15	✘	✔	✔	✔
online	11	✘	✔	✔	✔
cognitivo	9	✘	✘	✘	✔
comportamentale	9	✘	✘	✘	✔
eating	9	✘	✘	✔	✔

Usability

	Url	Domain : chiarafrancesconi.it Length : 20
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is it.
	Dublin Core	This page does not take advantage of Dublin Core.





Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 0 Warnings : 0
	Email Privacy	Warning! At least one email address has been found in the plain text. Use free antispam protector to hide email from spammers.
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<ul style="list-style-type: none"> Excellent, your website doesn't use nested tables. Too bad, your website is using inline styles. Too bad, your website has too many CSS files (more than 4). Too bad, your website has too many JS files (more than 6). Too bad, your website does not take advantage of gzip.

Mobile

	Mobile Optimization	<ul style="list-style-type: none">✓ Apple Icon✓ Meta Viewport Tag✓ Flash content
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Optimization

	XML Sitemap	<p>Great, your website has an XML sitemap.</p> <p>http://chiarafrancesconi.it/sitemap.xml</p>
	Robots.txt	<p>http://chiarafrancesconi.it/robots.txt</p> <p>Great, your website has a robots.txt file.</p>
	Analytics	<p>Great, your website has an analytics tool.</p> <p> Google Analytics</p>