

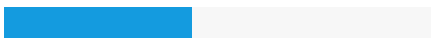


# Seo Analyzer








## citymedphysio.co.nz

Generated on March 13 2022 18:04 PM

The score is 39/100







### SEO Content

	Title	CityMed Physio and Massage - CityMed Physio Ltd  <b>Length : 47</b>  Perfect, your title contains between 10 and 70 characters.												
	Description	CityMed Physio and Massage in Auckland City for Physiotherapy, Massage, Manipulation, Acupuncture, Strapping, Exercise Prescription for Sports and Occupational injuries, Neck and Back Pain, Post-surgical rehabilitation.  <b>Length : 219</b>  Ideally, your meta description should contain between 70 and 160 characters (spaces included). Use <a href="#">this free tool</a> to calculate text length.												
	Keywords	Auckland City Physiotherapy Massage Acupuncture Sports Injuries Occupational Injuries Neck and Back Pain Strapping  Good, your page contains meta keywords.												
	Og Meta Properties	This page does not take advantage of Og Properties. This tags allows social crawler's better structurize your page. Use <a href="#">this free og properties generator</a> to create them.												
	Headings	<table><tr><th>H1</th><th>H2</th><th>H3</th><th>H4</th><th>H5</th><th>H6</th></tr><tr><td>1</td><td>0</td><td>0</td><td>0</td><td>0</td><td>0</td></tr></table>	H1	H2	H3	H4	H5	H6	1	0	0	0	0	0
H1	H2	H3	H4	H5	H6									
1	0	0	0	0	0									
	Images	We found 3 images on this web page.  3 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.												
	Text/HTML Ratio	Ratio : <b>4%</b>  This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.												
	Flash	Perfect, no Flash content has been detected on this page.												

## SEO Content

		
	Iframe	Great, there are no Iframes detected on this page.

## SEO Links

	URL Rewrite	Bad. Your links have query string.
	Underscores in the URLs	We have detected underscores in your URLs. You should rather use hyphens to optimize your SEO.
	In-page links	We found a total of 18 links including 0 link(s) to files
	Statistics	External Links : noFollow 0% External Links : Passing Juice 16.67% Internal Links 83.33%


## In-page links

Anchor	Type	Juice
<a href="#">Treatments Offered</a>	Internal	Passing Juice
<a href="#">Exercise, Pilates and Yoga</a>	Internal	Passing Juice
<a href="#">Massage Therapy</a>	Internal	Passing Juice
<a href="#">Self Management and Referral</a>	Internal	Passing Juice
<a href="#">Home</a>	Internal	Passing Juice
<a href="#">Services</a>	Internal	Passing Juice
<a href="#">About Us</a>	Internal	Passing Juice
<a href="#">Patient Resources</a>	Internal	Passing Juice
<a href="#">Contact Us</a>	Internal	Passing Juice

## In-page links

<a href="#">Join Newsletter</a>	Internal	Passing Juice
<a href="#">contact us&amp;nbsp;:today</a>	Internal	Passing Juice
<a href="#">www.waiukuphysio.co.nz</a>	External	Passing Juice
<a href="#">www.quaymedphysio.co.nz</a>	External	Passing Juice
<a href="#">Hands on Physio</a>	Internal	Passing Juice
<a href="#">Massage</a>	Internal	Passing Juice
<a href="#">Pilates and Exercise</a>	Internal	Passing Juice
<a href="#">Our Location</a>	Internal	Passing Juice
<a href="#">website design</a>	External	Passing Juice


## SEO Keywords

	Keywords Cloud	design citymed datum physio pilates copyright message connect exercise website
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## Keywords Consistency

Keyword	Content	Title	Keywords	Descripti on	Headings
physio	3	✓	✓	✓	✗
citymed	2	✓	✗	✓	✗
massage	2	✓	✓	✓	✗
website	2	✗	✗	✗	✗
exercise	2	✗	✗	✓	✗






## Usability







	Url	Domain : citymedphysio.co.nz Length : 19
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## Usability


	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	You have not specified the language. Use <a href="#">this free meta tags generator</a> to declare the intended language of your website.
	Dublin Core	This page does not take advantage of Dublin Core.

## Document




	Doctype	XHTML 1.0 Transitional				
	Encoding	Perfect. Your declared charset is ISO-8859-1.				
	W3C Validity	Errors : 0 Warnings : 0				
	Email Privacy	Warning! At least one email address has been found in the plain text. Use <a href="#">free antispam protector</a> to hide email from spammers.				
	Deprecated HTML	<table><tr><th>Deprecated tags</th><th>Occurrences</th></tr><tr><td>&lt;font&gt;</td><td>1</td></tr></table> <p>Deprecated HTML tags are HTML tags that are no longer used. It is recommended that you remove or replace these HTML tags because they are now obsolete.</p>	Deprecated tags	Occurrences	<font>	1
Deprecated tags	Occurrences					
<font>	1					

	Speed Tips	<ul style="list-style-type: none"><li> Attention! Try to avoid nested tables in HTML.</li><li> Too bad, your website is using inline styles.</li><li> Great, your website has few CSS files.</li><li> Perfect, your website has few JavaScript files.</li><li> Too bad, your website does not take advantage of gzip.</li></ul>
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## Mobile

	Mobile Optimization	<div data-bbox="555 197 767 235">✖ Apple Icon</div> <div data-bbox="555 264 877 302">✖ Meta Viewport Tag</div> <div data-bbox="555 331 809 369">✔ Flash content</div>
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## Optimization

	XML Sitemap	<p>Missing</p> <p>Your website does not have an XML sitemap - this can be problematic.</p> <p>A sitemap lists URLs that are available for crawling and can include additional information like your site's latest updates, frequency of changes and importance of the URLs. This allows search engines to crawl the site more intelligently.</p>
	Robots.txt	<p><a href="http://citymedphysio.co.nz/robots.txt">http://citymedphysio.co.nz/robots.txt</a></p> <p>Great, your website has a robots.txt file.</p>
	Analytics	<p>Missing</p> <p>We didn't detect an analytics tool installed on this website.</p> <p>Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.</p>