







# Seo Analyzer confessionsofanover-workedmom.com

Generated on February 08 2022 04:47 AM






The score is 55/100







## SEO Content

	<p>Title</p>	<p>Confessions of an Overworked Mom - Country life. Healthy living.</p> <p><b>Length : 64</b></p> <p>Perfect, your title contains between 10 and 70 characters.</p>																						
	<p>Description</p>	<p>Easy healthy tips for busy women to lead simpler more fulfilling lives.</p> <p><b>Length : 71</b></p> <p>Great, your meta description contains between 70 and 160 characters.</p>																						
	<p>Keywords</p>	<p>Very bad. We haven't found meta keywords on your page. Use <a href="#">this free online meta tags generator</a> to create keywords.</p>																						
	<p>Og Meta Properties</p>	<p>Good, your page take advantage of Og Properties.</p> <table border="1" data-bbox="544 1249 1481 2047"> <thead> <tr> <th>Property</th> <th>Content</th> </tr> </thead> <tbody> <tr> <td>locale</td> <td>en_US</td> </tr> <tr> <td>type</td> <td>website</td> </tr> <tr> <td>title</td> <td>Confessions of an Overworked Mom</td> </tr> <tr> <td>description</td> <td>Easy healthy tips for busy women to lead simpler more fulfilling lives.</td> </tr> <tr> <td>url</td> <td>https://confessionsofanover-workedmom.com/</td> </tr> <tr> <td>site_name</td> <td>Confessions of an Overworked Mom</td> </tr> <tr> <td>image</td> <td>https://confessionsofanover-workedmom.com/wp-content/uploads/2019/12/header.png</td> </tr> <tr> <td>image:width</td> <td>892</td> </tr> <tr> <td>image:height</td> <td>275</td> </tr> <tr> <td>image:type</td> <td>image/png</td> </tr> </tbody> </table>	Property	Content	locale	en_US	type	website	title	Confessions of an Overworked Mom	description	Easy healthy tips for busy women to lead simpler more fulfilling lives.	url	https://confessionsofanover-workedmom.com/	site_name	Confessions of an Overworked Mom	image	https://confessionsofanover-workedmom.com/wp-content/uploads/2019/12/header.png	image:width	892	image:height	275	image:type	image/png
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## SEO Content

	Headings	H1	H2	H3	H4	H5	H6
		0	11	0	2	1	0
		<ul style="list-style-type: none"> <li>• [H2] Cinnamon Bread Pudding Recipe</li> <li>• [H2] How To Do a Financial Health Check</li> <li>• [H2] Skincare for Dry Skin</li> <li>• [H2] Jam Uses Besides Toast</li> <li>• [H2] Essential Oils for Odor Elimination</li> <li>• [H2] Breakfast Keto Egg Casserole Recipe</li> <li>• [H2] New Year Health Resolutions</li> <li>• [H2] Best Essential Oils for Candles</li> <li>• [H2] Feminine Odor After Menopause</li> <li>• [H2] Blood Orange Bars Recipe</li> <li>• [H2] Buy Me a Coffee</li> <li>• [H4] Meet Ellen</li> <li>• [H4] subscribe to the newsletter</li> <li>• [H5] Subscribe To The Newsletter</li> </ul>					
	Images	<p>We found 35 images on this web page.</p> <p>2 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p>					
	Text/HTML Ratio	<p>Ratio : <b>5%</b></p> <p>This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.</p>					
	Flash	<p>Perfect, no Flash content has been detected on this page.</p>					
	Iframe	<p>Great, there are no Iframes detected on this page.</p>					

## SEO Links

	URL Rewrite	<p>Good. Your links looks friendly!</p>
	Underscores in the URLs	<p>Perfect! No underscores detected in your URLs.</p>
	In-page links	<p>We found a total of 64 links including 0 link(s) to files</p>
	Statistics	<p>External Links : noFollow 0%</p> <p>External Links : Passing Juice 9.38%</p>

# SEO Links

Internal Links 90.63%

## In-page links

Anchor	Type	Juice
<a href="#">Skip to content</a>	Internal	Passing Juice
<a href="#">Home</a>	Internal	Passing Juice
<a href="#">Contact</a>	Internal	Passing Juice
<a href="#">About Ellen</a>	Internal	Passing Juice
<a href="#">PR Information</a>	Internal	Passing Juice
<a href="#">Privacy Policy</a>	Internal	Passing Juice
=	External	Passing Juice
=	External	Passing Juice
=	External	Passing Juice
=	External	Passing Juice
=	External	Passing Juice
<a href="#">crafts</a>	Internal	Passing Juice
<a href="#">DIY</a>	Internal	Passing Juice
<a href="#">gardening</a>	Internal	Passing Juice
<a href="#">Birds</a>	Internal	Passing Juice
<a href="#">Aging</a>	Internal	Passing Juice
<a href="#">Anxiety</a>	Internal	Passing Juice
<a href="#">Diabetes</a>	Internal	Passing Juice
<a href="#">Fitness</a>	Internal	Passing Juice
<a href="#">IBS</a>	Internal	Passing Juice
<a href="#">Menopause</a>	Internal	Passing Juice
<a href="#">Cleaning</a>	Internal	Passing Juice
<a href="#">Essential Oils</a>	Internal	Passing Juice
<a href="#">Home Decor</a>	Internal	Passing Juice

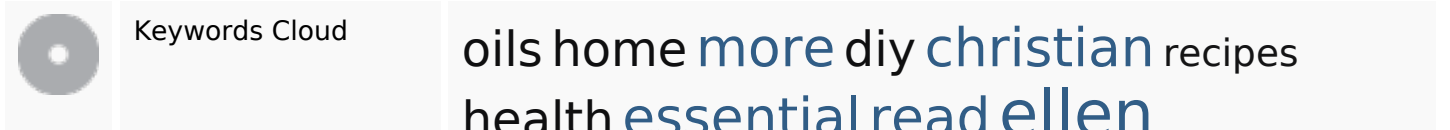
## In-page links

<a href="#">Organizing</a>	Internal	Passing Juice
<a href="#">Pets</a>	Internal	Passing Juice
<a href="#">Preparedness</a>	Internal	Passing Juice
<a href="#">Back to Basics</a>	Internal	Passing Juice
<a href="#">Beverages</a>	Internal	Passing Juice
<a href="#">Breakfast</a>	Internal	Passing Juice
<a href="#">Desserts</a>	Internal	Passing Juice
<a href="#">Entree</a>	Internal	Passing Juice
<a href="#">Preserving</a>	Internal	Passing Juice
<a href="#">Side Dish</a>	Internal	Passing Juice
<a href="#">Soup</a>	Internal	Passing Juice
<a href="#">DIY Soap Recipes</a>	Internal	Passing Juice
<a href="#">Essential Oil Blends</a>	Internal	Passing Juice
<a href="#">Essential Oil Diffuser Blends</a>	Internal	Passing Juice
<a href="#">Vermont</a>	Internal	Passing Juice
<a href="#">Cinnamon Bread Pudding Recipe</a>	Internal	Passing Juice
<a href="#">Read more</a>	Internal	Passing Juice
<a href="#">How To Do a Financial Health Check</a>	Internal	Passing Juice
<a href="#">Read more</a>	Internal	Passing Juice
<a href="#">Skincare for Dry Skin</a>	Internal	Passing Juice
<a href="#">Read more</a>	Internal	Passing Juice
<a href="#">Jam Uses Besides Toast</a>	Internal	Passing Juice
<a href="#">Read more</a>	Internal	Passing Juice
<a href="#">Essential Oils for Odor Elimination</a>	Internal	Passing Juice
<a href="#">Read more</a>	Internal	Passing Juice
<a href="#">Breakfast Keto Egg Casserole Recipe</a>	Internal	Passing Juice
<a href="#">Read more</a>	Internal	Passing Juice
<a href="#">New Year Health Resolutions</a>	Internal	Passing Juice

## In-page links

<a href="#">Read more</a>	Internal	Passing Juice
<a href="#">Best Essential Oils for Candles</a>	Internal	Passing Juice
<a href="#">Read more</a>	Internal	Passing Juice
<a href="#">Feminine Odor After Menopause</a>	Internal	Passing Juice
<a href="#">Read more</a>	Internal	Passing Juice
<a href="#">Blood Orange Bars Recipe</a>	Internal	Passing Juice
<a href="#">Read more</a>	Internal	Passing Juice
<a href="#">Older posts</a>	Internal	Passing Juice
<a href="#">Buy me a cup of coffee</a>	External	Passing Juice
<a href="#">Home</a>	Internal	Passing Juice
<a href="#">Privacy</a>	Internal	Passing Juice
<a href="#">Side Dish</a>	Internal	Passing Juice






## SEO Keywords














## Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
ellen	16	✘	✘	✘	✔
more	12	✘	✘	✔	✘
essential	11	✘	✘	✘	✔
read	10	✘	✘	✘	✔
christian	10	✘	✘	✘	✘


## Usability

	Url	Domain : confessionsofanover-workedmom.com Length : 33
	Favicon	Great, your website has a favicon.
	Printability	Great. We have found a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.






## Document

	Doctype	HTML 5				
	Encoding	Perfect. Your declared charset is UTF-8.				
	W3C Validity	Errors : 30 Warnings : 9				
	Email Privacy	Great no email address has been found in plain text!				
	Deprecated HTML	<table><thead><tr><th>Deprecated tags</th><th>Occurrences</th></tr></thead><tbody><tr><td>&lt;center&gt;</td><td>1</td></tr></tbody></table> <p>Deprecated HTML tags are HTML tags that are no longer used. It is recommended that you remove or replace these HTML tags because they are now obsolete.</p>	Deprecated tags	Occurrences	<center>	1
Deprecated tags	Occurrences					
<center>	1					
	Speed Tips	<ul style="list-style-type: none"><li> Excellent, your website doesn't use nested tables.</li><li> Too bad, your website is using inline styles.</li><li> Too bad, your website has too many CSS files (more than 4).</li><li> Too bad, your website has too many JS files (more than 6).</li><li> Perfect, your website takes advantage of gzip.</li></ul>				

## Mobile

	Mobile Optimization	<ul style="list-style-type: none"><li>✓ Apple Icon</li><li>✓ Meta Viewport Tag</li><li>✓ Flash content</li></ul>
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## Optimization

	XML Sitemap	<p>Great, your website has an XML sitemap.</p> <ul style="list-style-type: none"><li><a href="http://confessionsofanover-workedmom.com/sitemap.xml">http://confessionsofanover-workedmom.com/sitemap.xml</a></li><li><a href="https://confessionsofanover-workedmom.com/sitemap_index.xml">https://confessionsofanover-workedmom.com/sitemap_index.xml</a></li></ul>
	Robots.txt	<p><a href="http://confessionsofanover-workedmom.com/robots.txt">http://confessionsofanover-workedmom.com/robots.txt</a></p> <p>Great, your website has a robots.txt file.</p>
	Analytics	<p>Great, your website has an analytics tool.</p> <ul style="list-style-type: none"><li> Google Analytics</li><li> Quantcast</li></ul>