







Seo Analyzer emmavallin.se

Generated on March 25 2022 11:34 AM






The score is 43/100






SEO Content

	Title	Emma Vallin – Helping high achievers perform sustainably Length : 62 Perfect, your title contains between 10 and 70 characters.																						
	Description	Length : 0 Very bad. We haven't found meta description on your page. Use this free online meta tags generator to create description.																						
	Keywords	Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.																						
	Og Meta Properties	Good, your page take advantage of Og Properties. <table><tr><th>Property</th><th>Content</th></tr><tr><td>type</td><td>website</td></tr><tr><td>title</td><td>Emma Vallin</td></tr><tr><td>description</td><td>Helping high achievers perform sustainably</td></tr><tr><td>url</td><td>http://www.emmavallin.se/</td></tr><tr><td>site_name</td><td>Emma Vallin</td></tr><tr><td>image</td><td>http://emmavallin.se/wp-content/uploads/2021/08/svart-kavaj.jpg</td></tr><tr><td>image:width</td><td>451</td></tr><tr><td>image:height</td><td>676</td></tr><tr><td>locale</td><td>en_GB</td></tr><tr><td>locale:alternate</td><td>sv_SE</td></tr></table>	Property	Content	type	website	title	Emma Vallin	description	Helping high achievers perform sustainably	url	http://www.emmavallin.se/	site_name	Emma Vallin	image	http://emmavallin.se/wp-content/uploads/2021/08/svart-kavaj.jpg	image:width	451	image:height	676	locale	en_GB	locale:alternate	sv_SE
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	Headings	<table><tr><th>H1</th><th>H2</th><th>H3</th><th>H4</th><th>H5</th><th>H6</th></tr></table>	H1	H2	H3	H4	H5	H6																
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SEO Content

		1123010
		<ul style="list-style-type: none"> • [H1] Sustainable achievement. As individuals, leaders and colleagues • [H2] My offer • [H2] Upcoming Events • [H2] Tidigare Blogginlägg • [H2] Language • [H2] Archives • [H2] LANGUAGE • [H2] Recent Posts • [H2] Follow me • [H2] Recent Posts • [H2] Recent Comments • [H2] Categories • [H2] Meta • [H3] Coaching • [H3] Workshops & Trainings • [H3] Let's me know about your specific needs • [H5] I work with:
	Images	<p>We found 6 images on this web page.</p> <p>2 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p>
	Text/HTML Ratio	<p>Ratio : 0%</p> <p>This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.</p>
	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 68 links including 0 link(s) to files
	Statistics	External Links : noFollow 0%

SEO Links



External Links : Passing Juice 5.88%

Internal Links 94.12%

In-page links

Anchor	Type	Juice
Skip to content	Internal	Passing Juice
Emma Vallin	Internal	Passing Juice
Services	Internal	Passing Juice
Blog	Internal	Passing Juice
About me	Internal	Passing Juice
Get in touch	Internal	Passing Juice
&laquo; Jan	Internal	Passing Juice
December 2021	Internal	Passing Juice
August 2021	Internal	Passing Juice
June 2021	Internal	Passing Juice
April 2021	Internal	Passing Juice
March 2021	Internal	Passing Juice
February 2021	Internal	Passing Juice
January 2021	Internal	Passing Juice
December 2020	Internal	Passing Juice
October 2020	Internal	Passing Juice
June 2020	Internal	Passing Juice
April 2020	Internal	Passing Juice
January 2020	Internal	Passing Juice
November 2019	Internal	Passing Juice
September 2019	Internal	Passing Juice
February 2019	Internal	Passing Juice
November 2018	Internal	Passing Juice


In-page links

October 2018	Internal	Passing Juice
September 2018	Internal	Passing Juice
June 2018	Internal	Passing Juice
November 2017	Internal	Passing Juice
October 2017	Internal	Passing Juice
September 2017	Internal	Passing Juice
February 2017	Internal	Passing Juice
December 2016	Internal	Passing Juice
October 2016	Internal	Passing Juice
What Ross Geller can teach us about Self-Leadership.	Internal	Passing Juice
Year-End Reflection - where do you do your best thinking?	Internal	Passing Juice
Year-end reflection &#8211; where do you do your best thinking?	Internal	Passing Juice
Common toxic life-rules and how to break them	Internal	Passing Juice
Case Study - Executive Coaching	Internal	Passing Juice
порно видео смотреть бесплатно	External	Passing Juice
Unplanned Aimlessness	Internal	Passing Juice
Оксана	External	Passing Juice
What Ross Geller can teach us about Self-Leadership.	Internal	Passing Juice
casinon utan spelpaus	External	Passing Juice
Year-End Reflection - where do you do your best thinking?	Internal	Passing Juice
Unplanned Aimlessness	Internal	Passing Juice
Year-End Reflection - where do you do your best thinking?	Internal	Passing Juice
baby	Internal	Passing Juice
babymoon	Internal	Passing Juice
burnout	Internal	Passing Juice
career	Internal	Passing Juice
CBT	Internal	Passing Juice
coaching	Internal	Passing Juice

In-page links

delivery	Internal	Passing Juice
Gravid	Internal	Passing Juice
happiness	Internal	Passing Juice
Jämförelsehets	Internal	Passing Juice
Okategoriserade	Internal	Passing Juice
parent	Internal	Passing Juice
parenting	Internal	Passing Juice
planning	Internal	Passing Juice
pregnant	Internal	Passing Juice
self leadership	Internal	Passing Juice
stress	Internal	Passing Juice
Uncategorized	Internal	Passing Juice
values	Internal	Passing Juice
Log in	Internal	Passing Juice
Entries feed	Internal	Passing Juice
Comments feed	Internal	Passing Juice
WordPress.org	External	Passing Juice

SEO Keywords

	Keywords Cloud	
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Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
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Usability

	Url	Domain : emmavallin.se Length : 13
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.




Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 1 Warnings : 15
	Email Privacy	Warning! At least one email address has been found in the plain text. Use free antispam protector to hide email from spammers.
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<div> Excellent, your website doesn't use nested tables.</div> <div> Too bad, your website is using inline styles.</div> <div> Too bad, your website has too many CSS files (more than 4).</div> <div> Too bad, your website has too many JS files (more than 6).</div> <div> Too bad, your website does not take advantage of gzip.</div>

Mobile

	Mobile Optimization	<div><div>✓ Apple Icon</div><div>✓ Meta Viewport Tag</div><div>✓ Flash content</div></div>
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Optimization

	XML Sitemap	<p>Great, your website has an XML sitemap.</p> <div>http://emmavallin.se/sitemap.xml http://www.emmavallin.se/wp-sitemap.xml</div>
	Robots.txt	<p>http://emmavallin.se/robots.txt</p> <p>Great, your website has a robots.txt file.</p>
	Analytics	<p>Missing</p> <p>We didn't detect an analytics tool installed on this website.</p> <p>Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.</p>