







# Seo Analyzer entrenamiento propioceptivo.com

Generated on February 04 2022 03:39 AM






The score is 57/100




## SEO Content

	<p>Title</p>	<p>Entrenamiento Propioceptivo - Cursos Propiocepción Presencial y Online</p> <p><b>Length : 70</b></p> <p>Perfect, your title contains between 10 and 70 characters.</p>														
	<p>Description</p>	<p>Propiocepción / Entrenamiento Propioceptivo - formación presencial y online para fisioterapeutas y entrenadores. Readaptación y fisioterapia deportiva</p> <p><b>Length : 150</b></p> <p>Great, your meta description contains between 70 and 160 characters.</p>														
	<p>Keywords</p>	<p>Very bad. We haven't found meta keywords on your page. Use <a href="#">this free online meta tags generator</a> to create keywords.</p>														
	<p>Og Meta Properties</p>	<p>Good, your page take advantage of Og Properties.</p> <table border="1" data-bbox="544 1346 1481 2078"> <thead> <tr> <th>Property</th> <th>Content</th> </tr> </thead> <tbody> <tr> <td>locale</td> <td>es_ES</td> </tr> <tr> <td>type</td> <td>website</td> </tr> <tr> <td>title</td> <td>HOME - Entrenamiento Propioceptivo - Formación presencial y online</td> </tr> <tr> <td>description</td> <td>Cursos presenciales y online en propiocepción/entrenamiento propioceptivo para fisioterapeutas y entrenadores. Especialistas en readaptación y rehabilitación deportiva. Por Francisco Tarantino, autor del libro "Entrenamiento Propioceptivo", Ed. Panamericana</td> </tr> <tr> <td>url</td> <td>https://entrenamientopropioceptivo.com/</td> </tr> <tr> <td>site_name</td> <td>Entrenamiento Propioceptivo</td> </tr> </tbody> </table>	Property	Content	locale	es_ES	type	website	title	HOME - Entrenamiento Propioceptivo - Formación presencial y online	description	Cursos presenciales y online en propiocepción/entrenamiento propioceptivo para fisioterapeutas y entrenadores. Especialistas en readaptación y rehabilitación deportiva. Por Francisco Tarantino, autor del libro "Entrenamiento Propioceptivo", Ed. Panamericana	url	https://entrenamientopropioceptivo.com/	site_name	Entrenamiento Propioceptivo
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## SEO Content

		<p>image <a href="https://entrenamientopropioceptivo.com/wp-content/uploads/2018/12/IMG_6089-copia.jpg">https://entrenamientopropioceptivo.com/wp-content/uploads/2018/12/IMG_6089-copia.jpg</a></p> <p>image:width 3067</p> <p>image:height 3430</p> <p>image:type image/jpeg</p>												
	Headings	<table border="1"> <thead> <tr> <th>H1</th> <th>H2</th> <th>H3</th> <th>H4</th> <th>H5</th> <th>H6</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>0</td> <td>1</td> <td>10</td> <td>0</td> <td>0</td> </tr> </tbody> </table> <ul style="list-style-type: none"> <li>• [H1] ENTRENAMIENTO PROPIOCEPTIVO</li> <li>• [H3] ONLINE ACADEMY</li> <li>• [H4] MASTER CLASS: "Entrenamiento propioceptivo y claves para el diseño de ejercicios"</li> <li>• [H4] Certificación online avanzada en Entrenamiento Propioceptivo</li> <li>• [H4] 21DAY FISIOCHALLENGE: accede al RETO que transformará tu forma de conectar con el movimiento</li> <li>• [H4] EBOOK: Espalda Sana - Principios en el diseño de ejercicios</li> <li>• [H4] CONTACTA PARA MÁS INFORMACIÓN</li> <li>• [H4]</li> <li>• [H4]</li> <li>• [H4] Últimas Publicaciones</li> <li>• [H4]</li> <li>• [H4]</li> </ul>	H1	H2	H3	H4	H5	H6	1	0	1	10	0	0
H1	H2	H3	H4	H5	H6									
1	0	1	10	0	0									
	Images	<p>We found 23 images on this web page.</p> <p>14 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p>												
	Text/HTML Ratio	<p>Ratio : <b>3%</b></p> <p>This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.</p>												
	Flash	<p>Perfect, no Flash content has been detected on this page.</p>												
	Iframe	<p>Too Bad, you have Iframes on the web pages, this mean that content in an Iframe cannot be indexed.</p>												

## SEO Links

	URL Rewrite	<p>Good. Your links looks friendly!</p>
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## SEO Links

	Underscores in the URLs	We have detected underscores in your URLs. You should rather use hyphens to optimize your SEO.
	In-page links	We found a total of 24 links including 0 link(s) to files
	Statistics	External Links : noFollow 4.17% External Links : Passing Juice 33.33% Internal Links 62.5%


## In-page links

Anchor	Type	Juice
<a href="#">HOME</a>	Internal	Passing Juice
<a href="#">FRAN TARANTINO</a>	Internal	Passing Juice
<a href="#">ACADEMIA ONLINE</a>	Internal	Passing Juice
<a href="#">CERTIFICACIÓN ONLINE</a>	Internal	Passing Juice
<a href="#">EBOOK GRATIS PROPIOCEPCIÓN</a>	Internal	Passing Juice
<a href="#">ESPALDA SANA</a>	Internal	Passing Juice
<a href="#">COSTAS SAUDÁVEIS (portugués)</a>	Internal	Passing Juice
<a href="#">BLOG</a>	Internal	Passing Juice
<a href="#">CONTACTO</a>	Internal	Passing Juice
<a href="#">MASTER CLASS: "Entrenamiento propioceptivo y claves para el diseño de ejercicios"</a>	Internal	Passing Juice
<a href="#">21DAY FISIOCHALLENGE: accede al RETO que transformará tu forma de conectar con el movimiento</a>	External	Passing Juice
=	Internal	Passing Juice
<a href="#">Aviso legal &amp;#8211; Política de privacidad</a>	Internal	Passing Juice
<a href="#">¿Aplicas estos principios del entrenamiento cuando trabajas con ejercicios propioceptivos?</a>	Internal	Passing Juice
<a href="#">¿Cómo puedo rendir más sin lesionarme?</a>	Internal	Passing Juice
<a href="#">Un cambio inmediato para mejorar con tus lesiones deportivas</a>	Internal	Passing Juice

## In-page links

=	External	Passing Juice
<a href="#">Política de cookies</a>	External	noFollow
<a href="#">Elegant Themes</a>	External	Passing Juice
<a href="#">WordPress</a>	External	Passing Juice
=	External	Passing Juice
=	External	Passing Juice
=	External	Passing Juice
=	External	Passing Juice


## SEO Keywords

	Keywords Cloud	avanzada <b>información</b> diseñ ejercicios más propioceptivo <b>online</b> <b>entrenamiento</b> cookies certificación
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## Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
entrenamiento	6	✓	✗	✓	✓
información	6	✗	✗	✗	✓
online	6	✓	✗	✓	✓
propioceptivo	4	✓	✗	✓	✓
más	4	✗	✗	✗	✓




## Usability

	Url	Domain : entrenamientopropioceptivo.com Length : 30
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## Usability

	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is es.
	Dublin Core	This page does not take advantage of Dublin Core.

## Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 9 Warnings : 30
	Email Privacy	Great no email address has been found in plain text!
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<ul style="list-style-type: none"><li> Excellent, your website doesn't use nested tables.</li><li> Too bad, your website is using inline styles.</li><li> Great, your website has few CSS files.</li><li> Too bad, your website has too many JS files (more than 6).</li><li> Perfect, your website takes advantage of gzip.</li></ul>





## Mobile

	Mobile Optimization	<ul style="list-style-type: none"><li> Apple Icon</li></ul>
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## Mobile

- ✔ Meta Viewport Tag
- ✔ Flash content

## Optimization

	XML Sitemap	<p>Missing</p> <p>Your website does not have an XML sitemap - this can be problematic.</p> <p>A sitemap lists URLs that are available for crawling and can include additional information like your site's latest updates, frequency of changes and importance of the URLs. This allows search engines to crawl the site more intelligently.</p>
	Robots.txt	<p><a href="http://entrenamientopropioceptivo.com/robots.txt">http://entrenamientopropioceptivo.com/robots.txt</a></p> <p>Great, your website has a robots.txt file.</p>
	Analytics	<p>Great, your website has an analytics tool.</p> <div data-bbox="553 985 1481 1052"> Google Analytics</div>