

# Seo Analyzer estinda.fr

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The score is 59/100







## SEO Content

	Title	ESTINDA, accompagnement d&#8217;&eacute;quipes ::: Homepage <b>Length : 59</b> Perfect, your title contains between 10 and 70 characters.												
	Description	ESTINDA r&eacute;unis des professionnels de l&#8217;accompagnement et de la formations soucieux d&#8217;&eacute;tablir des dynamiques performantes et collectives dans des entit&eacute;s constitu&eacute;s d&#8217;homme est de femmes interd&eacute;pendantes. &nbsp; L&#8217;approche est bas&eacute; sur des formations et des mises en situations exp&eagr;rientielles destin&eacute;es &agrave; redonner &agrave; chacun son espaces &quot;d&#8217;&eacute;tre&quot; lui permettant d&#8217;interagir de facon respectueuse d&#8217;elle m&eacute;me et performante dans l&#8217;&eacute;quipe. <b>Length : 583</b> Ideally, your meta description should contain between 70 and 160 characters (spaces included). Use <a href="#">this free tool</a> to calculate text length.												
	Keywords	ESTINDA, accompagnement,&eacute;quipes,&eacute;quipes,equipe,m anager,organisation,CODIR,team building,coaching,Team learning,outdoor,championnat Yooner,Dynamique de groupe, performance collective, intelligence collective. Good, your page contains meta keywords.												
	Og Meta Properties	This page does not take advantage of Og Properties. This tags allows social crawler's better structurize your page. Use <a href="#">this free og properties generator</a> to create them.												
	Headings	<table><thead><tr><th>H1</th><th>H2</th><th>H3</th><th>H4</th><th>H5</th><th>H6</th></tr></thead><tbody><tr><td>0</td><td>0</td><td>6</td><td>1</td><td>4</td><td>0</td></tr></tbody></table> <ul style="list-style-type: none"><li>• [H3] Pour atteindre et d&amp;eacute;passer leurs ambitions &amp;eacute;conomiques, les entreprises doivent remettre l'humain au c&amp;oeur de leurs strat&amp;eacute;gies.</li><li>• [H3] Accompagner</li><li>• [H3] Former</li></ul>	H1	H2	H3	H4	H5	H6	0	0	6	1	4	0
H1	H2	H3	H4	H5	H6									
0	0	6	1	4	0									

## SEO Content

		<ul style="list-style-type: none"><li>• [H3] Références</li><li>• [H3] Partenaires</li><li>• [H3] NEWS</li><li>• [H4] LES 4 ACCORDS TOLTEQUES</li><li>• [H5] « Que votre parole soit impeccable »</li><li>• [H5] « Quoi qu'il arrive, n'en faites pas une affaire personnelle »</li><li>• [H5] « Ne faites pas de suppositions »</li><li>• [H5] « Faites toujours de votre mieux »</li></ul>
	Images	We found 7 images on this web page.  5 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.
	Text/HTML Ratio	Ratio : <b>36%</b>  Ideal! This page's ratio of text to HTML code is between 25 and 70 percent.
	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

## SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 35 links including 0 link(s) to files
	Statistics	External Links : noFollow 0%  External Links : Passing Juice 0%  Internal Links 100%

## In-page links

Anchor	Type	Juice
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## In-page links

<a href="#">Accueil</a>	Internal	Passing Juice
<a href="#">Biographie</a>	Internal	Passing Juice
<a href="#">Projet</a>	Internal	Passing Juice
<a href="#">Contact</a>	Internal	Passing Juice
<a href="#">News</a>	Internal	Passing Juice
<a href="#">Constat</a>	Internal	Passing Juice
<a href="#">Pour qui et pourquoi</a>	Internal	Passing Juice
<a href="#">D&amp;eacute;roulement</a>	Internal	Passing Juice
<a href="#">Coaching de prise de poste</a>	Internal	Passing Juice
<a href="#">Coaching de manager</a>	Internal	Passing Juice
<a href="#">Constat</a>	Internal	Passing Juice
<a href="#">Pour qui et pourquoi</a>	Internal	Passing Juice
<a href="#">D&amp;eacute;roulement</a>	Internal	Passing Juice
<a href="#">Exemples de probl&amp;eacute;matique</a>	Internal	Passing Juice
<a href="#">En salle</a>	Internal	Passing Juice
<a href="#">Th&amp;eacute;atre</a>	Internal	Passing Juice
<a href="#">Outdoor</a>	Internal	Passing Juice
<a href="#">Olympiades</a>	Internal	Passing Juice
<a href="#">Bateaux</a>	Internal	Passing Juice
<a href="#">Fondamentaux manag&amp;eacute;riaux</a>	Internal	Passing Juice
<a href="#">Manager une &amp;eacute;quipe</a>	Internal	Passing Juice
<a href="#">Motiver une &amp;eacute;quipe</a>	Internal	Passing Juice
<a href="#">Accompagner le changement</a>	Internal	Passing Juice
<a href="#">Prise de d&amp;eacute;cision</a>	Internal	Passing Juice
<a href="#">Gestion de conflit</a>	Internal	Passing Juice
<a href="#">Gestion du stress</a>	Internal	Passing Juice
<a href="#">Prendre la parole en public</a>	Internal	Passing Juice
<a href="#">Manager dans la complexit&amp;eacute;</a>	Internal	Passing Juice

## In-page links

<a href="#">Pr&amp;eacute;sentation</a>	Internal	Passing Juice
<a href="#">L'&amp;eacute;quilibre Humain</a>	Internal	Passing Juice
<a href="#">PCM</a>	Internal	Passing Juice
<a href="#">M&amp;eacute;thode des couleurs</a>	Internal	Passing Juice
<a href="#">Sur mesure</a>	Internal	Passing Juice
<a href="#">Conditions g&amp;eacute;n&amp;eacute;rales</a>	Internal	Passing Juice
<a href="#">Mentions l&amp;eacute;gales</a>	Internal	Passing Juice



## SEO Keywords

	Keywords Cloud	gestion mise <b>accompagnement</b> &eacute;quipe r&eacute;f&eacute;rences <b>manager une</b> formation leurs prendre
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## Keywords Consistency

Keyword	Content	Title	Keywords	Descripti on	Headings
manager	8	✘	✔	✘	✘
une	7	✘	✘	✘	✔
accompagnement	5	✔	✔	✔	✘
&eacute;quipe	3	✘	✘	✘	✘
formation	3	✘	✘	✔	✘

## Usability

	Url	Domain : estinda.fr Length : 10
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.





## Usability

		
	Language	Good. Your declared language is fr.
	Dublin Core	This page does not take advantage of Dublin Core.




## Document

	Doctype	XHTML 1.0 Strict
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 13 Warnings : 6
	Email Privacy	Great no email address has been found in plain text!
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<ul style="list-style-type: none"><li> Excellent, your website doesn't use nested tables.</li><li> Too bad, your website is using inline styles.</li><li> Great, your website has few CSS files.</li><li> Perfect, your website has few JavaScript files.</li><li> Perfect, your website takes advantage of gzip.</li></ul>

## Mobile

	Mobile Optimization	<ul style="list-style-type: none"><li> Apple Icon</li><li> Meta Viewport Tag</li><li> Flash content</li></ul>
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## Optimization

	XML Sitemap	<p>Missing</p> <p>Your website does not have an XML sitemap - this can be problematic.</p> <p>A sitemap lists URLs that are available for crawling and can include additional information like your site's latest updates, frequency of changes and importance of the URLs. This allows search engines to crawl the site more intelligently.</p>
	Robots.txt	<p><a href="http://estinda.fr/robots.txt">http://estinda.fr/robots.txt</a></p> <p>Great, your website has a robots.txt file.</p>
	Analytics	<p>Missing</p> <p>We didn't detect an analytics tool installed on this website.</p> <p>Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.</p>