Seo Analyzer
fifty50foods.com

Generated on February 23 2022 21:58 PM

The score is 50/100

SEO Content

✓	Title	Fifty 50 Foods - Low Glycemic Foods **Length : 35** Perfect, your title contains between 10 and 70 characters.
⚠	Description	Fifty50 Foods offers dozens of great tasting low glycemic foods to help control blood sugar levels and provide lasting energy. We donate half our profits to diabetes research. **Length : 175** Ideally, your meta description should contain between 70 and 160 characters (spaces included). Use this free tool to calculate text length.
✓	Keywords	Low Glycemic Foods, Low GI Foods, Low-GI Foods, Low Glycemic Diet Foods, Low GI Diet Foods, Sugar Free Foods, No Sugar Added Foods Good, your page contains meta keywords.
✗	Og Meta Properties	This page does not take advantage of Og Properties. This tags allows social crawler's better structurize your page. Use this free og properties generator to create them.
●	Headings	**H1** 10 **H2** 8 **H3** 5 **H4** 0 **H5** 0 **H6** 0 • [H1] Slow-Carb Diet • [H1] Slow-Carb Diet • [H1] 50% of profits... • [H1] 50% of profits... • [H1] Eat Well Feel Good • [H1] Eat Well Feel Good • [H1] LASTING ENERGY • [H1] LASTING ENERGY • [H1] Energy for Athletes • [H1] Energy for Athletes • [H2] Sign up for our mailing list! • [H2] Sign up for our mailing list! • [H2] oh my pies! • [H2] Are all carbs created equal?

SEO Content

		- [H2] Eat Well... - [H2] Feel Good. - [H2] Key Lime Pie - [H2] Glycemic Index Food List - [H3] be healthy - [H3] be happy - [H3] help the cause - [H3] find the cure - [H3] Stay current on promos, new products and Low Glycemic information
❌	Images	We found 25 images on this web page. 5 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.
❌	Text/HTML Ratio	Ratio : **12%** This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.
✅	Flash	Perfect, no Flash content has been detected on this page.
❌	Iframe	Too Bad, you have Iframes on the web pages, this mean that content in an Iframe cannot be indexed.

SEO Links

❌	URL Rewrite	Bad. Your links have query string.
❌	Underscores in the URLs	We have detected underscores in your URLs. You should rather use hyphens to optimize your SEO.
✅	In-page links	We found a total of 30 links including 0 link(s) to files
⚪	Statistics	External Links : noFollow 0% External Links : Passing Juice 13.33% Internal Links 86.67%

In-page links

Anchor	Type	Juice
Our Story	Internal	Passing Juice
Getting Started	Internal	Passing Juice
Compare Your Diet	Internal	Passing Juice
GI Food List	Internal	Passing Juice
FAQs	Internal	Passing Juice
Low GI Booklet	Internal	Passing Juice
Breakfast	Internal	Passing Juice
Lunch/Dinner	Internal	Passing Juice
Snacks	Internal	Passing Juice
Desserts	Internal	Passing Juice
Articles	Internal	Passing Juice
Press Releases	Internal	Passing Juice
Reviews	Internal	Passing Juice
Products	Internal	Passing Juice
Buy Now	External	Passing Juice
Where to Buy	Internal	Passing Juice
Order Now	External	Passing Juice
Learn More	Internal	Passing Juice
View Products	Internal	Passing Juice
Buy Now	External	Passing Juice
Continue Reading	Internal	Passing Juice
Make this recipe	Internal	Passing Juice
Learn	Internal	Passing Juice
Recipes	Internal	Passing Juice
Shop	Internal	Passing Juice
Diabetes Supplies	External	Passing Juice
FAQs	Internal	Passing Juice

In-page links

Contact Us	Internal	Passing Juice
Privacy Policy	Internal	Passing Juice
Terms of Service	Internal	Passing Juice

SEO Keywords

Keywords Cloud	energy low sugar learn fifty50 diabetes glycemic diet foods products

Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
foods	13	✔	✔	✔	✖
low	12	✔	✔	✔	✔
fifty50	12	✖	✖	✔	✖
glycemic	11	✔	✔	✔	✔
products	10	✖	✖	✖	✔

Usability

Url	Domain : fifty50foods.com Length : 16	
Favicon	Great, your website has a favicon.	
Printability	We could not find a Print-Friendly CSS.	
Language	You have not specified the language. Use this free meta tags generator to declare the intended language of your website.	
Dublin Core	This page does not take advantage of Dublin Core.	

Usability

Document

✓	Doctype	XHTML 1.0 Transitional
✓	Encoding	Perfect. Your declared charset is UTF-8.
✗	W3C Validity	Errors : 18 Warnings : 19
✓	Email Privacy	Great no email address has been found in plain text!
✓	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
●	Speed Tips	✓ Excellent, your website doesn't use nested tables. ✗ Too bad, your website is using inline styles. ✓ Great, your website has few CSS files. ✗ Too bad, your website has too many JS files (more than 6). ✓ Perfect, your website takes advantage of gzip.

Mobile

●	Mobile Optimization	✗ Apple Icon ✓ Meta Viewport Tag ✓ Flash content

Optimization

✓	XML Sitemap	Great, your website has an XML sitemap. https://fifty50foods.com/CMSPages/GoogleSitemap.aspx
	Robots.txt	http://fifty50foods.com/robots.txt

Optimization

✓		Great, your website has a robots.txt file.
✓	Analytics	Great, your website has an analytics tool. Google Analytics