








# Seo Analyzer forkandveg.com

Generated on March 26 2022 13:31 PM





The score is 55/100







## SEO Content

	<p>Title</p>	<p>Fork and Veg - A FOOD &amp; LIFESTYLE BLOG CREATED BY A VEGGIE LOVER</p> <p><b>Length : 68</b></p> <p>Perfect, your title contains between 10 and 70 characters.</p>														
	<p>Description</p>	<p>A FOOD &amp; LIFESTYLE BLOG CREATED BY A VEGGIE LOVER</p> <p><b>Length : 53</b></p> <p>Ideally, your meta description should contain between 70 and 160 characters (spaces included). Use <a href="#">this free tool</a> to calculate text length.</p>														
	<p>Keywords</p>	<p>Very bad. We haven't found meta keywords on your page. Use <a href="#">this free online meta tags generator</a> to create keywords.</p>														
	<p>Og Meta Properties</p>	<p>Good, your page take advantage of Og Properties.</p> <table border="1" data-bbox="539 1312 1481 1845"> <thead> <tr> <th>Property</th> <th>Content</th> </tr> </thead> <tbody> <tr> <td>locale</td> <td>en_US</td> </tr> <tr> <td>type</td> <td>website</td> </tr> <tr> <td>title</td> <td>Fork and Veg</td> </tr> <tr> <td>description</td> <td>A FOOD &amp; LIFESTYLE BLOG CREATED BY A VEGGIE LOVER</td> </tr> <tr> <td>url</td> <td>https://forkandveg.com/</td> </tr> <tr> <td>site_name</td> <td>Fork and Veg</td> </tr> </tbody> </table>	Property	Content	locale	en_US	type	website	title	Fork and Veg	description	A FOOD & LIFESTYLE BLOG CREATED BY A VEGGIE LOVER	url	https://forkandveg.com/	site_name	Fork and Veg
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	<p>Headings</p>	<table border="1" data-bbox="539 1868 1481 1939"> <thead> <tr> <th>H1</th> <th>H2</th> <th>H3</th> <th>H4</th> <th>H5</th> <th>H6</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>6</td> <td>0</td> <td>0</td> <td>0</td> <td>0</td> </tr> </tbody> </table> <ul data-bbox="616 1973 1214 2069" style="list-style-type: none"> <li>• [H1] Fork and Veg</li> <li>• [H2] 10 Secrets to Healthy Eating &amp; Living</li> <li>• [H2] Top 10 Popular Vegetarian Myths</li> </ul>	H1	H2	H3	H4	H5	H6	1	6	0	0	0	0		
H1	H2	H3	H4	H5	H6											
1	6	0	0	0	0											

## SEO Content

		<ul style="list-style-type: none"><li>• [H2] 7 Reasons Why You Should Try Meatless Monday</li><li>• [H2] 100 Amazing Self Care Ideas</li><li>• [H2] 6 Clever Ways to Eat Cauliflower</li><li>• [H2] Posts navigation</li></ul>
	Images	We found 7 images on this web page. Good, most or all of your images have alt attributes.
	Text/HTML Ratio	Ratio : <b>3%</b> This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.
	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

## SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 25 links including 0 link(s) to files
	Statistics	External Links : noFollow 0% External Links : Passing Juice 24% Internal Links 76%

## In-page links

Anchor	Type	Juice
<a href="#">Skip to content</a>	Internal	Passing Juice
<a href="#">Fork and Veg</a>	Internal	Passing Juice
<a href="#">Home</a>	Internal	Passing Juice

## In-page links

<a href="#">About</a>	Internal	Passing Juice
<a href="#">About Me</a>	Internal	Passing Juice
<a href="#">Policy</a>	Internal	Passing Juice
<a href="#">Work with Fork and Veg</a>	External	Passing Juice
<a href="#">Meatless Monday Challenge</a>	External	Passing Juice
<a href="#">1:1 Coaching</a>	External	Passing Juice
<a href="#">Veg Starter Kit</a>	External	Passing Juice
<a href="#">Veggie Vault &amp;#8211; Freebies</a>	External	Passing Juice
<a href="#">Recipes</a>	Internal	Passing Juice
<a href="#">Vegan</a>	Internal	Passing Juice
<a href="#">Vegetarian</a>	Internal	Passing Juice
<a href="#">Lifestyle</a>	Internal	Passing Juice
<a href="#">Nutrition</a>	Internal	Passing Juice
<a href="#">Cruelty-Free Products</a>	Internal	Passing Juice
<a href="#">10 Secrets to Healthy Eating &amp;#038; Living</a>	Internal	Passing Juice
<a href="#">Healthy</a>	Internal	Passing Juice
<a href="#">Top 10 Popular Vegetarian Myths</a>	Internal	Passing Juice
<a href="#">7 Reasons Why You Should Try Meatless Monday</a>	Internal	Passing Juice
<a href="#">100 Amazing Self Care Ideas</a>	Internal	Passing Juice
<a href="#">6 Clever Ways to Eat Cauliflower</a>	Internal	Passing Juice
<a href="#">Older posts</a>	Internal	Passing Juice
<a href="#">Web Plant Media</a>	External	Passing Juice

## SEO Keywords






Keywords Cloud

healthy care self nutrition vegan posts fork  
lifestyle vegetarian september





## Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
lifestyle	4	✓	✗	✓	✗
vegetarian	3	✗	✗	✗	✓
healthy	2	✗	✗	✗	✓
posts	2	✗	✗	✗	✓
nutrition	2	✗	✗	✗	✗



## Usability

	Url	Domain : forkandveg.com Length : 14
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.


## Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 2 Warnings : 33
	Email Privacy	Great no email address has been found in plain text!




## Document

	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<ul style="list-style-type: none"><li>✓ Excellent, your website doesn't use nested tables.</li><li>✗ Too bad, your website is using inline styles.</li><li>✗ Too bad, your website has too many CSS files (more than 4).</li><li>✗ Too bad, your website has too many JS files (more than 6).</li><li>✓ Perfect, your website takes advantage of gzip.</li></ul>

## Mobile

	Mobile Optimization	<ul style="list-style-type: none"><li>✓ Apple Icon</li><li>✓ Meta Viewport Tag</li><li>✓ Flash content</li></ul>
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## Optimization

	XML Sitemap	Great, your website has an XML sitemap. <a href="http://forkandveg.com/sitemap.xml">http://forkandveg.com/sitemap.xml</a>
	Robots.txt	<a href="http://forkandveg.com/robots.txt">http://forkandveg.com/robots.txt</a> Great, your website has a robots.txt file.
	Analytics	Missing We didn't detect an analytics tool installed on this website. Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.