







# Seo Analyzer freedomthroughchoice.org

Generated on March 09 2022 20:44 PM






**The score is 43/100**







## SEO Content

	Title	<p>Freedom Through Choice Foundation</p> <p><b>Length : 33</b></p> <p>Perfect, your title contains between 10 and 70 characters.</p>										
	Description	<p>Welcome to the Freedom Through Choice Foundation The Freedom Through Choice Foundation (FTCF) is a nonprofit organization dedicated to assisting all people to engage their inherent personal power in all aspects of their lives. What do we mean by personal power? Personal power is the mastery over all aspects of our being—our emotional...</p> <p><b>Length : 338</b></p> <p>Ideally, your meta description should contain between 70 and 160 characters (spaces included). Use <a href="#">this free tool</a> to calculate text length.</p>										
	Keywords	<p>Very bad. We haven't found meta keywords on your page. Use <a href="#">this free online meta tags generator</a> to create keywords.</p>										
	Og Meta Properties	<p>Good, your page take advantage of Og Properties.</p> <table><thead><tr><th>Property</th><th>Content</th></tr></thead><tbody><tr><td>locale</td><td>en_US</td></tr><tr><td>site_name</td><td>Freedom Through Choice Foundation   Changing tomorrow by today's choices.</td></tr><tr><td>type</td><td>website</td></tr><tr><td>title</td><td>Freedom Through Choice Foundation</td></tr></tbody></table>	Property	Content	locale	en_US	site_name	Freedom Through Choice Foundation   Changing tomorrow by today's choices.	type	website	title	Freedom Through Choice Foundation
Property	Content											
locale	en_US											
site_name	Freedom Through Choice Foundation   Changing tomorrow by today's choices.											
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## SEO Content

		<div>description</div> <p>Welcome to the Freedom Through Choice Foundation The Freedom Through Choice Foundation (FTCF) is a nonprofit organization dedicated to assisting all people to engage their inherent personal power in all aspects of their lives. What do we mean by personal power? Personal power is the mastery over all aspects of our being—our emotional...</p> <div>url</div> <p><a href="https://freedomthroughchoice.org/">https://freedomthroughchoice.org/</a></p>
	Headings	<div> <div> <b>H1</b> 2           <b>H2</b> 7           <b>H3</b> 0           <b>H4</b> 10           <b>H5</b> 0           <b>H6</b> 0         </div> <ul style="list-style-type: none"> <li>• [H1]</li> <li>• [H1] Welcome</li> <li>• [H2] Changing tomorrow by today's choices.</li> <li>• [H2] Welcome to the Freedom Through Choice Foundation</li> <li>• [H2] Our Offerings</li> <li>• [H2] Freedom from Addictions</li> <li>• [H2] Pathways to Wholeness</li> <li>• [H2] Children's Empowerment Series (Coming Soon)</li> <li>• [H2] Organizational History and Structure</li> <li>• [H4] Thank You For Your Donation</li> <li>• [H4] Follow Us</li> <li>• [H4] SHARE</li> <li>• [H4] Thoughts Create!</li> <li>• [H4] Recent Posts</li> <li>• [H4] Archives</li> <li>• [H4] Categories</li> <li>• [H4] Disclaimer</li> <li>• [H4] E-junkie</li> <li>• [H4] Blog Traffic</li> </ul> </div>
	Images	<p>We found 12 images on this web page.</p> <p>4 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p>
	Text/HTML Ratio	<p>Ratio : <b>10%</b></p> <p>This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.</p>
	Flash	<p>Perfect, no Flash content has been detected on this page.</p>
	Iframe	<p>Too Bad, you have Iframes on the web pages, this mean that content in an Iframe cannot be indexed.</p>

## SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	We have detected underscores in your URLs. You should rather use hyphens to optimize your SEO.
	In-page links	We found a total of 26 links including 3 link(s) to files
	Statistics	<p>External Links : noFollow 3.85%</p> <p>External Links : Passing Juice 19.23%</p> <p>Internal Links 76.92%</p>


## In-page links

Anchor	Type	Juice
<a href="#">Home</a>	Internal	Passing Juice
<a href="#">Freedom From Addiction</a>	Internal	Passing Juice
<a href="#">Pathways to Wholeness</a>	Internal	Passing Juice
<a href="#">Freedom from the Blame Game</a>	Internal	Passing Juice
<a href="#">Mindfulness</a>	Internal	Passing Juice
<a href="#">Forgiveness</a>	Internal	Passing Juice
<a href="#">Videos</a>	Internal	Passing Juice
<a href="#">Staff</a>	Internal	Passing Juice
<a href="#">Contact</a>	Internal	Passing Juice
<a href="#">Blog</a>	Internal	Passing Juice
<a href="#">Webinars</a>	Internal	Passing Juice
<a href="#">Labels</a>	Internal	Passing Juice
<a href="#">Building the Personal Healing Platform</a>	Internal	Passing Juice
<a href="#">Attitude, Emotion &amp;#038; Addiction</a>	Internal	Passing Juice
<a href="#">Standing in Your Power</a>	Internal	Passing Juice
<a href="#">6 Ways to Know if you are Playing the Blame Game</a>	Internal	Passing Juice

## In-page links

<a href="#">Why Do We Play the Blame Game?</a>	Internal	Passing Juice
<a href="#">Responsibility for Self</a>	Internal	Passing Juice
<a href="#">Introducing the Pathways to Wholeness</a>	Internal	Passing Juice
<a href="#">Gratitude and Abundance</a>	Internal	Passing Juice
<a href="#">Shopping Cart By E-junkie</a>	External	Passing Juice
<a href="#">Pages</a>	External	Passing Juice
<a href="#">Hits</a>	External	Passing Juice
<a href="#">Unique</a>	External	Passing Juice
<a href="#">Stats</a>	External	Passing Juice
<a href="#">Organized Themes</a>	External	noFollow


## SEO Keywords

	Keywords Cloud	robert <b>july</b> change know love power last them marie see
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## Keywords Consistency

Keyword	Content	Title	Keywords	Descripti on	Headings
july	10	×	×	×	×
change	7	×	×	×	×
them	5	×	×	×	×
love	5	×	×	×	×
last	4	×	×	×	×










## Usability

	Url	Domain : freedomthroughchoice.org Length : 24
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## Usability

	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.

## Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 0 Warnings : 0
	Email Privacy	Great no email address has been found in plain text!
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<div><div> Excellent, your website doesn't use nested tables.</div><div> Too bad, your website is using inline styles.</div><div> Too bad, your website has too many CSS files (more than 4).</div><div> Too bad, your website has too many JS files (more than 6).</div><div> Perfect, your website takes advantage of gzip.</div></div>

## Mobile

	Mobile Optimization	<div><div> Apple Icon</div><div></div></div>
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## Mobile

- ✓ Meta Viewport Tag
- ✓ Flash content

## Optimization

✓	XML Sitemap	<p>Great, your website has an XML sitemap.</p> <div><a href="http://freedomthroughchoice.org/sitemap.xml">http://freedomthroughchoice.org/sitemap.xml</a> <a href="https://freedomthroughchoice.org/sitemap.xml">https://freedomthroughchoice.org/sitemap.xml</a> <a href="https://freedomthroughchoice.org/sitemap.rss">https://freedomthroughchoice.org/sitemap.rss</a></div>
✓	Robots.txt	<p><a href="http://freedomthroughchoice.org/robots.txt">http://freedomthroughchoice.org/robots.txt</a></p> <p>Great, your website has a robots.txt file.</p>
✗	Analytics	<p>Missing</p> <p>We didn't detect an analytics tool installed on this website.</p> <p>Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.</p>