The score is 50/100

SEO Content

✅	Title	Harwood Youth Lacrosse > Home **Length : 29** Perfect, your title contains between 10 and 70 characters.
⚠️	Description	Harwood Youth Lacrosse **Length : 22** Ideally, your meta description should contain between 70 and 160 characters (spaces included). Use this free tool to calculate text length.
✅	Keywords	Harwood Youth Lacrosse Good, your page contains meta keywords.
❌	Og Meta Properties	This page does not take advantage of Og Properties. This tags allows social crawler's better structurize your page. Use this free og properties generator to create them.
⚪	Headings	**H1** 2 **H2** 11 **H3** 0 **H4** 0 **H5** 0 **H6** 0 • [H1] Website Manager • [H1] HARWOOD LACROSSSE • [H2] One on One • [H2] D - Fence • [H2] Save! • [H2] Champions • [H2] Hard Fought • [H2] Face-Off • [H2] Field Status • [H2] Helpful Links • [H2] Site Links • [H2] Contact Us • [H2] Harwood Youth Lacrosse
❌	Images	We found 12 images on this web page. 3 alt attributes are empty or missing. Add alternative text so that

SEO Content

		search engines can better understand the content of your images.
❌	Text/HTML Ratio	Ratio : **4%** This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.
✅	Flash	Perfect, no Flash content has been detected on this page.
✅	Iframe	Great, there are no Iframes detected on this page.

SEO Links

❌	URL Rewrite	Bad. Your links have query string.
❌	Underscores in the URLs	We have detected underscores in your URLs. You should rather use hyphens to optimize your SEO.
✅	In-page links	We found a total of 28 links including 1 link(s) to files
⚪	Statistics	External Links : noFollow 14.29% External Links : Passing Juice 17.86% Internal Links 67.86%

In-page links

Anchor	Type	Juice
Home	Internal	Passing Juice
About Us	External	Passing Juice
Current Programs	Internal	Passing Juice
HYL HISTORY	Internal	Passing Juice
Contact Info	Internal	Passing Juice
General Information	Internal	Passing Juice

In-page links

FAQs	Internal	Passing Juice
Volunteer Opportunities	Internal	Passing Juice
Girls Lacrosse	Internal	Passing Juice
Contact Us	Internal	Passing Juice
Login	Internal	Passing Juice
Register	Internal	Passing Juice
Registration 2022 Now Open	Internal	Passing Juice
Gear Swap	Internal	Passing Juice
Registration Open	Internal	Passing Juice
Early Season Regsitration Raffle	Internal	Passing Juice
More Articles	Internal	Passing Juice
Registration	Internal	Passing Juice
LOG-IN	Internal	Passing Juice
CREATE an ACCOUNT, or REGISTER	Internal	Passing Juice
US Lacrosse Home Page	External	Passing Juice
Boy's Lacrosse Rules	External	Passing Juice
Lacrosse on TV	External	Passing Juice
Privacy Statement	External	noFollow
Terms Of Use	External	noFollow
License Agreement	External	noFollow
Children's Privacy Policy	External	noFollow
License Agreement	External	Passing Juice

SEO Keywords

Keywords Cloud	harwood privacy info agreement faqs terms license registration lacrosse youth

Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
lacrosse	4	✔	✔	✔	✔
harwood	3	✔	✔	✔	✔
terms	3	✖	✖	✖	✖
youth	3	✔	✔	✔	✔
info	2	✖	✖	✖	✖

Usability

	Url	Domain : harwoodyouthlacrosse.org Length : 24
✔	Favicon	Great, your website has a favicon.
✖	Printability	We could not find a Print-Friendly CSS.
✔	Language	Good. Your declared language is en.
✖	Dublin Core	This page does not take advantage of Dublin Core.

Document

✔	Doctype	XHTML 1.0 Transitional
✔	Encoding	Perfect. Your declared charset is UTF-8.
✖	W3C Validity	Errors : 36 Warnings : 45
✔	Email Privacy	Great no email address has been found in plain text!

Document

	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	✔ Excellent, your website doesn't use nested tables.
		✖ Too bad, your website is using inline styles.
		✖ Too bad, your website has too many CSS files (more than 4).
		✖ Too bad, your website has too many JS files (more than 6).
		✔ Perfect, your website takes advantage of gzip.

Mobile

	Mobile Optimization	✖ Apple Icon
		✔ Meta Viewport Tag
		✔ Flash content

Optimization

	XML Sitemap	Great, your website has an XML sitemap.
		http://harwoodyouthlacrosse.org/sitemap.xml
	Robots.txt	http://harwoodyouthlacrosse.org/robots.txt
		Great, your website has a robots.txt file.
	Analytics	Great, your website has an analytics tool.
		Google Analytics