










SEO Content

|  | Headings | <table><thead><tr><th>H1</th><th>H2</th><th>H3</th><th>H4</th><th>H5</th><th>H6</th></tr></thead><tbody><tr><td>1</td><td>6</td><td>1</td><td>0</td><td>3</td><td>2</td></tr></tbody></table> <ul style="list-style-type: none">• [H1] O que os pacientes falam de nós• [H2] O QUE FAZER QUANDO A DOR NAS COSTAS NÃO PASSA?• [H2] QUERO AJUDA!• [H2] Queremos que você viva sem dor e muito mais feliz.• [H2] Preciso de tratamento para:• [H2] Saiba como chegar:• [H2] Entre em contato conosco:• [H3] (11) 97090 - 4410• [H5] Dor Lombar• [H5] Hérnia de Disco• [H5] Dor Ciática• [H6] Artrose• [H6] Dor Cervical | H1 | H2 | H3 | H4 | H5 | H6 | 1 | 6 | 1 | 0 | 3 | 2 |
|---|-----------------|--|----|----|----|----|----|----|---|---|---|---|---|---|
| H1 | H2 | H3 | H4 | H5 | H6 | | | | | | | | | |
| 1 | 6 | 1 | 0 | 3 | 2 | | | | | | | | | |
|  | Images | <p>We found 12 images on this web page.</p> <p>12 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p> | | | | | | | | | | | | |
|  | Text/HTML Ratio | <p>Ratio : 1%</p> <p>This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.</p> | | | | | | | | | | | | |
|  | Flash | <p>Perfect, no Flash content has been detected on this page.</p> | | | | | | | | | | | | |
|  | Iframe | <p>Too Bad, you have Iframes on the web pages, this mean that content in an Iframe cannot be indexed.</p> | | | | | | | | | | | | |

SEO Links

| | | |
|---|-------------------------|---|
|  | URL Rewrite | <p>Good. Your links looks friendly!</p> |
|  | Underscores in the URLs | <p>Perfect! No underscores detected in your URLs.</p> |
|  | In-page links | <p>We found a total of 12 links including 0 link(s) to files</p> |
|  | Statistics | <p>External Links : noFollow 0%</p> <p>External Links : Passing Juice 0%</p> <p>Internal Links 100%</p> |

SEO Links

In-page links

| Anchor | Type | Juice |
|---------------------------------------|----------|---------------|
| Pular para o conteúdo | Internal | Passing Juice |
| HOME | Internal | Passing Juice |
| SOBRE NÓS | Internal | Passing Juice |
| TRATAMENTOS | Internal | Passing Juice |
| CONTATO | Internal | Passing Juice |
| BLOG | Internal | Passing Juice |
| QUERO AJUDA! | Internal | Passing Juice |
| Artrose | Internal | Passing Juice |
| Dor Cervical | Internal | Passing Juice |
| Dor Lombar | Internal | Passing Juice |
| Hérnia de Disco | Internal | Passing Juice |
| Dor Ciática | Internal | Passing Juice |

SEO Keywords




Keywords Consistency

| Keyword | Content | Title | Keywords | Description | Headings |
|---------|---------|-------|----------|-------------|----------|
| agende | 1 | × | × | × | × |
| jardim | 1 | × | × | × | × |
| rights | 1 | × | × | × | × |









Keywords Consistency

| | | | | | |
|----------|---|---|---|---|---|
| all | 1 | ✘ | ✘ | ✘ | ✘ |
| whatsapp | 1 | ✘ | ✘ | ✘ | ✘ |

Usability

| | | |
|--|--------------|---|
|  | Url | Domain : itcvertebraljundiai.com.br Length : 26 |
|  | Favicon | Very bad. We have not found shortcut icon. Icons are one of easy ways to attract regular visitors to your website more often. |
|  | Printability | We could not find a Print-Friendly CSS. |
|  | Language | Good. Your declared language is pt. |
|  | Dublin Core | This page does not take advantage of Dublin Core. |

Document

| | | |
|--|-----------------|--|
|  | Doctype | HTML 5 |
|  | Encoding | Perfect. Your declared charset is UTF-8. |
|  | W3C Validity | Errors : 19 Warnings : 9 |
|  | Email Privacy | Warning! At least one email address has been found in the plain text. Use free antispam protector to hide email from spammers. |
|  | Deprecated HTML | Great! We haven't found deprecated HTML tags in your HTML. |
|  | Speed Tips | <ul style="list-style-type: none"> Excellent, your website doesn't use nested tables. Too bad, your website is using inline styles. |

Document

- ✘ Too bad, your website has too many CSS files (more than 4).
- ✘ Too bad, your website has too many JS files (more than 6).
- ✔ Perfect, your website takes advantage of gzip.

Mobile



Mobile Optimization

- ✘ Apple Icon
- ✔ Meta Viewport Tag
- ✔ Flash content

Optimization



XML Sitemap

Missing

Your website does not have an XML sitemap - this can be problematic.

A sitemap lists URLs that are available for crawling and can include additional information like your site's latest updates, frequency of changes and importance of the URLs. This allows search engines to crawl the site more intelligently.



Robots.txt

<http://itcvertebraljundiai.com.br/robots.txt>

Great, your website has a robots.txt file.



Analytics

Great, your website has an analytics tool.



Google Analytics