



Seo Analyzer

mcsrecoverynow.com

Generated on February 12 2022 19:30 PM






The score is 55/100







SEO Content

	Title	<p>My Recovery - Overcoming Anxiety, Chemical Intolerance and more</p> <p>Length : 63</p> <p>Perfect, your title contains between 10 and 70 characters.</p>																		
	Description	<p>My name is Tessa. But for almost my entire life, I lived with an invisible illness - well, many invisible illnesses. I suffered from MCS...</p> <p>Length : 139</p> <p>Great, your meta description contains between 70 and 160 characters.</p>																		
	Keywords	<p>Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.</p>																		
	Og Meta Properties	<p>Good, your page take advantage of Og Properties.</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">Property</th> <th style="text-align: left;">Content</th> </tr> </thead> <tbody> <tr> <td>locale</td> <td>en_US</td> </tr> <tr> <td>type</td> <td>website</td> </tr> <tr> <td>title</td> <td>My Recovery - Overcoming Anxiety, Chemical Intolerance and more</td> </tr> <tr> <td>description</td> <td>My name is Tessa. But for almost my entire life, I lived with an invisible illness - well, many invisible illnesses. I suffered from MCS...</td> </tr> <tr> <td>url</td> <td>https://mcsrecoverynow.com/</td> </tr> <tr> <td>site_name</td> <td>Overcoming Anxiety, Chemical Intolerance and more</td> </tr> <tr> <td>image</td> <td>https://mcsrecoverynow.com/wp-content/uploads/sites/12/2018/08/hula.jpg</td> </tr> <tr> <td>image:width</td> <td>1064</td> </tr> </tbody> </table>	Property	Content	locale	en_US	type	website	title	My Recovery - Overcoming Anxiety, Chemical Intolerance and more	description	My name is Tessa. But for almost my entire life, I lived with an invisible illness - well, many invisible illnesses. I suffered from MCS...	url	https://mcsrecoverynow.com/	site_name	Overcoming Anxiety, Chemical Intolerance and more	image	https://mcsrecoverynow.com/wp-content/uploads/sites/12/2018/08/hula.jpg	image:width	1064
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SEO Content

		image:height 1600
	Headings	<p>H1 2 H2 0 H3 0 H4 0 H5 0 H6 0</p> <ul style="list-style-type: none"> • [H1] Overcoming Anxiety, Chemical Intolerance and more • [H1] My Recovery
	Images	<p>We found 7 images on this web page.</p> <p>1 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p>
	Text/HTML Ratio	<p>Ratio : 1%</p> <p>This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.</p>
	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	We have detected underscores in your URLs. You should rather use hyphens to optimize your SEO.
	In-page links	We found a total of 10 links including 0 link(s) to files
	Statistics	<p>External Links : noFollow 0%</p> <p>External Links : Passing Juice 40%</p> <p>Internal Links 60%</p>

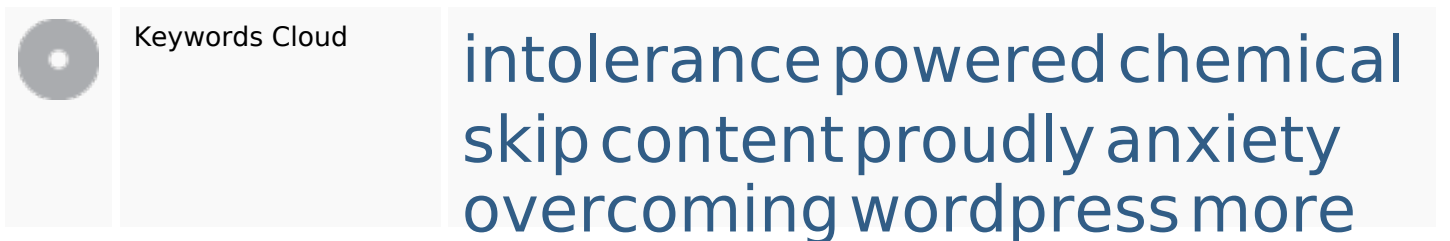
In-page links

Anchor	Type	Juice
Skip to content	Internal	Passing Juice

In-page links

Overcoming Anxiety, Chemical Intolerance and more	Internal	Passing Juice
Resources I Used	Internal	Passing Juice
How Does DNRS Work?	Internal	Passing Juice
Supporting a Loved One	Internal	Passing Juice
Comments	Internal	Passing Juice
Dynamic Neural Retraining System DVD Series	External	Passing Juice
online	External	Passing Juice
Proudly powered by WordPress	External	Passing Juice
Theme: rayy by wpmagg.	External	Passing Juice

SEO Keywords



Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
skip	1	✘	✘	✘	✘
content	1	✘	✘	✘	✘
overcoming	1	✔	✘	✘	✔
anxiety	1	✔	✘	✘	✔
chemical	1	✔	✘	✘	✔

Usability

	Url	Domain : mcsrecoverynow.com Length : 18

Usability

	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.

Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 7 Warnings : 12
	Email Privacy	Great no email address has been found in plain text!
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<ul style="list-style-type: none"> Excellent, your website doesn't use nested tables. Perfect. No inline css has been found in HTML tags! Too bad, your website has too many CSS files (more than 4). Too bad, your website has too many JS files (more than 6). Perfect, your website takes advantage of gzip.




Mobile

	Mobile Optimization	<ul style="list-style-type: none"> Apple Icon Meta Viewport Tag
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Mobile

 Flash content

Optimization

	XML Sitemap	Great, your website has an XML sitemap. http://mcsrecoverynow.com/sitemap.xml
	Robots.txt	http://mcsrecoverynow.com/robots.txt Great, your website has a robots.txt file.
	Analytics	Missing We didn't detect an analytics tool installed on this website. Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.