







Seo Analyzer myottawanaturopath.ca

Generated on February 10 2022 00:47 AM




The score is 54/100



SEO Content

	Title	<p>Home - Ottawa Thyroid Naturopath Docere</p> <p>Length : 41</p> <p>Perfect, your title contains between 10 and 70 characters.</p>																
	Description	<p>Ottawa Thyroid Treatment. 3 Key Ingredients For Lasting Thyroid Health Habits: Knowledge, A Plan You Can Follow & Community Support. Find Out More Today.</p> <p>Length : 157</p> <p>Great, your meta description contains between 70 and 160 characters.</p>																
	Keywords	<p>Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.</p>																
	Og Meta Properties	<p>Good, your page take advantage of Og Properties.</p> <table border="1" data-bbox="544 1317 1481 2080"> <thead> <tr> <th>Property</th> <th>Content</th> </tr> </thead> <tbody> <tr> <td>locale</td> <td>en_US</td> </tr> <tr> <td>type</td> <td>article</td> </tr> <tr> <td>title</td> <td>Home</td> </tr> <tr> <td>description</td> <td>Reboot Your Thyroid for Energy You Can Count On We're here to help you feel like yourself again (and better). Book Now We Understand That Fixing Your Thyroid Requires More Than Just Popping a Pill Every Morning We're here to help you figure out why your thyroid isn't happy Our Happy Thyroid</td> </tr> <tr> <td>url</td> <td>https://www.docereclinic.ca/</td> </tr> <tr> <td>site_name</td> <td>Docere</td> </tr> <tr> <td>image</td> <td>https://www.docereclinic.ca/wp-content/uploads/2020/07/header-logo.png</td> </tr> </tbody> </table>	Property	Content	locale	en_US	type	article	title	Home	description	Reboot Your Thyroid for Energy You Can Count On We're here to help you feel like yourself again (and better). Book Now We Understand That Fixing Your Thyroid Requires More Than Just Popping a Pill Every Morning We're here to help you figure out why your thyroid isn't happy Our Happy Thyroid	url	https://www.docereclinic.ca/	site_name	Docere	image	https://www.docereclinic.ca/wp-content/uploads/2020/07/header-logo.png
Property	Content																	
locale	en_US																	
type	article																	
title	Home																	
description	Reboot Your Thyroid for Energy You Can Count On We're here to help you feel like yourself again (and better). Book Now We Understand That Fixing Your Thyroid Requires More Than Just Popping a Pill Every Morning We're here to help you figure out why your thyroid isn't happy Our Happy Thyroid																	
url	https://www.docereclinic.ca/																	
site_name	Docere																	
image	https://www.docereclinic.ca/wp-content/uploads/2020/07/header-logo.png																	





SEO Content

	Headings	H1 1	H2 11	H3 7	H4 14	H5 1	H6 0
		<ul style="list-style-type: none">• [H1] Reboot Your Thyroid for Energy• [H2] We Understand That Fixing Your Thyroid Requires More Than• [H2] Just Popping a Pill Every Morning• [H2] We're here to help you figure out why your thyroid isn't happy• [H2] Is an Unhappy Thyroid Getting in the Way of Doing the Things• [H2] You Love to Do?• [H2] Ready to Get Your Thyroid, and Yourself,• [H2] Back to Healthy & Happy?• [H2] Our Services to Help You• [H2] Achieve a Happy Thyroid• [H2] Contact Us Today & Start to• [H2] Find the Answers You're Looking For• [H3] Hypothyroidism• [H3] Hashimoto's• [H3] Hyperthyroidism• [H3] We Offer 1-on-1 Consultation Services• [H3] We Offer Group Medicine Services• [H3] We Offer Monthly Workshop Services• [H3] We Offer In-depth Testing Services• [H4] " I have spent the last 10 years helping hundreds of women reboot their thyroid, balance their hormones and supporting them on their journey to optimal health."• [H4] Meet Dr. Sarah• [H4] 1-on-1 Consultations• [H4] Group Medicine• [H4] Monthly Workshops• [H4] In-depth Testing• [H4] 1-on-1 Consultations• [H4] Group Medicine• [H4] Monthly Workshops• [H4] In-depth Testing• [H4] About Us• [H4] Thyroid• [H4] Services• [H4] Useful Links• [H5] Naturopathic Doctor & Clinic Owner					
	Images	We found 28 images on this web page. 26 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.					
	Text/HTML Ratio	Ratio : 7% This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.					
	Flash	Perfect, no Flash content has been detected on this page.					

SEO Content

		
	Iframe	Great, there are no Iframes detected on this page.

SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	We have detected underscores in your URLs. You should rather use hyphens to optimize your SEO.
	In-page links	We found a total of 15 links including 0 link(s) to files
	Statistics	External Links : noFollow 0% External Links : Passing Juice 93.33% Internal Links 6.67%


In-page links

Anchor	Type	Juice
Skip to content	Internal	Passing Juice
dn_admin	External	Passing Juice
Dr.Sarah Vadeboncoeur	External	Passing Juice
Hyperthyroidism	External	Passing Juice
Hypothyroidism	External	Passing Juice
Hashimoto's	External	Passing Juice
1 On 1	External	Passing Juice
Group	External	Passing Juice
Monthly Workshops	External	Passing Juice

In-page links

Testing	External	Passing Juice
Treatments	External	Passing Juice
Blog	External	Passing Juice
Contact	External	Passing Juice
Docere Clinic	External	Passing Juice
WebMarketers	External	Passing Juice

SEO Keywords

 Keywords Cloud	more workshops health thyroid hyperthyroidism monthly group services testing learn
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Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
thyroid	17	✓	✗	✓	✓
testing	10	✗	✗	✗	✓
more	10	✗	✗	✓	✓
services	8	✗	✗	✗	✓
group	8	✗	✗	✗	✓

Usability

 Url	Domain : myottawanaturopath.ca Length : 21
 Favicon	Great, your website has a favicon.
 Printability	We could not find a Print-Friendly CSS.

Usability

	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.





Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 1 Warnings : 7
	Email Privacy	Warning! At least one email address has been found in the plain text. Use free antispam protector to hide email from spammers.
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<ul style="list-style-type: none"> Excellent, your website doesn't use nested tables. Too bad, your website is using inline styles. Great, your website has few CSS files. Perfect, your website has few JavaScript files. Too bad, your website does not take advantage of gzip.

Mobile

	Mobile Optimization	<ul style="list-style-type: none"> Apple Icon Meta Viewport Tag Flash content
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Optimization

	XML Sitemap	<p>Missing</p> <p>Your website does not have an XML sitemap - this can be problematic.</p> <p>A sitemap lists URLs that are available for crawling and can include additional information like your site's latest updates, frequency of changes and importance of the URLs. This allows search engines to crawl the site more intelligently.</p>
	Robots.txt	<p>Missing</p> <p>Your website doesn't have a robots.txt file - this can be problematic.</p> <p>A robots.txt file allows you to restrict the access of search engine robots that crawl the web and it can prevent these robots from accessing specific directories and pages. It also specifies where the XML sitemap file is located.</p>
	Analytics	<p>Great, your website has an analytics tool.</p> <div data-bbox="544 846 1481 922"> Google Analytics</div>