







Seo Analyzer natalielangston.com

Generated on March 04 2022 07:40 AM


The score is 48/100



SEO Content

|  | Title | <p>Vancouver Lifestyle Expert, TV Host & Fitness Reporter Natalie Langston</p> <p>Length : 77</p> <p>Ideally, your title should contain between 10 and 70 characters (spaces included). Use this free tool to calculate text length.</p> | | | | | | | | | | | | |
|--|---|---|----------|---------|--------|-------|------|---------|-------|---|-------------|---|-----|------------------------------|
|  | Description | <p>Natalie is a Vancouver based TV Host, Lifestyle Expert & Fitness and Health Reporter. She helps busy moms create an attractive, easy, and affordable lifestyle while building a connected community of friends.</p> <p>Length : 211</p> <p>Ideally, your meta description should contain between 70 and 160 characters (spaces included). Use this free tool to calculate text length.</p> | | | | | | | | | | | | |
|  | Keywords | <p>Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.</p> | | | | | | | | | | | | |
|  | Og Meta Properties | <p>Good, your page take advantage of Og Properties.</p> <table><thead><tr><th>Property</th><th>Content</th></tr></thead><tbody><tr><td>locale</td><td>en_US</td></tr><tr><td>type</td><td>website</td></tr><tr><td>title</td><td>Vancouver Lifestyle Expert, TV Host & Fitness Reporter Natalie Langston</td></tr><tr><td>description</td><td>Natalie is a Vancouver based TV Host, Lifestyle Expert & Fitness and Health Reporter. She helps busy moms create an attractive, easy, and affordable lifestyle while building a connected community of friends.</td></tr><tr><td>url</td><td>https://natalielangston.com/</td></tr></tbody></table> | Property | Content | locale | en_US | type | website | title | Vancouver Lifestyle Expert, TV Host & Fitness Reporter Natalie Langston | description | Natalie is a Vancouver based TV Host, Lifestyle Expert & Fitness and Health Reporter. She helps busy moms create an attractive, easy, and affordable lifestyle while building a connected community of friends. | url | https://natalielangston.com/ |
| Property | Content | | | | | | | | | | | | | |
| locale | en_US | | | | | | | | | | | | | |
| type | website | | | | | | | | | | | | | |
| title | Vancouver Lifestyle Expert, TV Host & Fitness Reporter Natalie Langston | | | | | | | | | | | | | |
| description | Natalie is a Vancouver based TV Host, Lifestyle Expert & Fitness and Health Reporter. She helps busy moms create an attractive, easy, and affordable lifestyle while building a connected community of friends. | | | | | | | | | | | | | |
| url | https://natalielangston.com/ | | | | | | | | | | | | | |

SEO Content

| | | <table><tr><td>site_name</td><td>natalielangston</td></tr><tr><td>image</td><td>https://natalielangston.com/wp-content/uploads/2021/11/DSC_2148-1-scaled.jpg</td></tr><tr><td>image:width</td><td>2560</td></tr><tr><td>image:height</td><td>1707</td></tr></table> | site_name | natalielangston | image | https://natalielangston.com/wp-content/uploads/2021/11/DSC_2148-1-scaled.jpg | image:width | 2560 | image:height | 1707 | | | | |
|--|--|--|-----------|-----------------|-------|--|-------------|------|--------------|------|-----|---|---|---|
| site_name | natalielangston | | | | | | | | | | | | | |
| image | https://natalielangston.com/wp-content/uploads/2021/11/DSC_2148-1-scaled.jpg | | | | | | | | | | | | | |
| image:width | 2560 | | | | | | | | | | | | | |
| image:height | 1707 | | | | | | | | | | | | | |
|  | Headings | <table><tr><th>H1</th><th>H2</th><th>H3</th><th>H4</th><th>H5</th><th>H6</th></tr><tr><td>27</td><td>55</td><td>147</td><td>0</td><td>0</td><td>0</td></tr></table> <ul style="list-style-type: none">• [H1] WELCOME! I'm so glad you're here• [H1] I'm so glad you made it!• [H1] I've worked hard to make my dreams a reality• [H1] H• [H1] Mom On-The-Go Essentials• [H1] Mom On-The-Go Essentials• [H1] Reader's Favourite Posts• [H1] “• [H1] “• [H1] Your life. Love it. From the hurt to the wonder. From the bone to the flower. Love it. With everything you’ve got. It’s yours.• [H1] Want exclusive content sent right to your inbox?• [H1] We've worked with Natalie over the years on various lifestyle and consumer brands.• [H1] She brings a spark plug of energy, vibrancy, creativity and professionalism to everything she does• [H1] She always makes sure our clients are well featured.• [H1] Our team loves her passion for travel, the local food scene, and authentic farm experiences.• [H1] I can always count on Natalie to deliver super-relevant lifestyle stories that resonate with our audience.• [H1] Her presence at our events and as an ambassador for our annual IMPACT fundraiser is invaluable.• [H1] Having styled her for multiple appearances, events and photo shoots allowed me to really know the true and genuine woman she is;• [H1] Natalie is a great addition to the Iconic Concierge magazine's dream team.• [H1] Natalie is an incredible creative force to work with!• [H1] We can always rely on her for professional and authentic content that our customer base loves!• [H1] She went above and beyond what we asked for - she’s always on my list for influencer partnerships.• [H1] She is upbeat, organized, and so incredibly professional• [H1] What People Are Saying• [H1] Looking to get your brand out there?• [H1] Thank you so much for visiting!• [H1] Get my go-to green smoothie recipe• [H2] I’m here to help busy moms like you create an attractive, easy, and affordable lifestyle while building a connected community of friends.• [H2] I’m here to help you do the same | H1 | H2 | H3 | H4 | H5 | H6 | 27 | 55 | 147 | 0 | 0 | 0 |
| H1 | H2 | H3 | H4 | H5 | H6 | | | | | | | | | |
| 27 | 55 | 147 | 0 | 0 | 0 | | | | | | | | | |

SEO Content

- [H2] Grab these essentials while you can!
- [H2] Shop my Favorites
- [H2] Grab these essentials while you can!
- [H2] Shop my Favorites
- [H2] Latest Posts
- [H2] How I'm Spending the Holidays & My Intentions for the New Year!!
- [H2] Navigating the Holidays with Your Toddler!
- [H2] Pierce's 3rd Birthday: A Construction Themed Recap
- [H2] Day 15: Bonus Day #3!!! The Gift of Clean Cosmetics
- [H2] Day 14 – Bonus Day: The Gift of Gary's Favourite Things
- [H2] Day 13: The Gift of Natalie's Favourite Things
- [H2] Navigating the Holidays with Your Toddler!
- [H2] 2021 Gift Guide: Favourites 'For the Home'
- [H2] 2021 Gift Guide: 'For the Hostess' & Gifts that Give Back
- [H2] FAQ's – Natalie's 12 Days of Christmas Giveaways
- [H2] The Winners of Natalie's 12 Days of Christmas Giveaways
- [H2] 2021 Gift Guide: Favourites 'For Him'
- [H2] 2021 Gift Guide: Favourites 'For Kids'
- [H2] At-Home Facial Guide
- [H2] How to Get Organized and Back On A Routine With Your Kids
- [H2] How to Decorate Your Home for the Holidays
- [H2] My Gardening Tips for Winter from the Experts!
- [H2] My Dreamy Home Office Reveal
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- [H2] Gift Guide: For the Home
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- [H2] 5 Tips for Making Vitamins a Daily Habit
- [H2] Feeling Good While Working From Home
- [H2] Getting Back Into Shape During a Pandemic With a Kid
- [H2] Day 9: A Few of My Favourite Things
- [H2] My COVID-Friendly Winter Bucket List
- [H2] Vegan Pumpkin Cheesecake
- [H2] How I'm Spending the Holidays
- [H2] How to Create a Beautiful Holiday Tablescape
- [H2] My 3 Favourite Holiday Dresses YOU Need
- [H2] How to Decorate a Christmas Tree
- [H2] When you're ready to scream and pull your hair out, take a really DEEP BREATH, I mean I BIG one and just remember this too shall pass. And it always does.
- [H2] My Fave Small Shops to Support this Season
- [H2] Nayyirah Waheed
- [H2] Crystal Kwon
- [H2] Karlene Karst
- [H2] Leeann Froese
- [H2] Summer Dhillon
- [H2] Janine Verreault
- [H2] Jenn Wint
- [H2] Emily Gray
- [H2] Olaf Robrecht
- [H2] Kathleen Hansma
- [H2] PK Beans
- [H2] Almira Bardai
- [H2] Tori Wesszer
- [H2] navigate




SEO Content

- [H2] elsewhere
- [H3] TOP
- [H3] Home
- [H3] ABOUT
- [H3] PRESS
- [H3] PHILANTHROPY
- [H3] FAQ
- [H3] CONTACT
- [H3] READ THE BLOG
- [H3] SHOP
- [H3] get MEDIA KIT
- [H3] BLOG
- [H3] SHOP
- [H3] HOME
- [H3] ABOUT
- [H3] PRESS
- [H3] PHILANTHROPY
- [H3] FAQ
- [H3] CONTACT
- [H3] WELCOME TO NATALIELANGSTON.COM
- [H3] I'VE ALWAYS HAD BIG DREAMS
- [H3] LEARN MORE ABOUT ME
- [H3] AS SEEN IN
- [H3] NATALIE LANGSTON'S
- [H3] READ THE POST
- [H3] The haAkaA
- [H3] Terry Cloths
- [H3] swingset
- [H3] Antimicrobial lotion
- [H3] DIAPER CREAM
- [H3] baby balm
- [H3] pacifier clip
- [H3] baby carrier
- [H3] diaper backpack
- [H3] NATALIE LANGSTON'S
- [H3] READ THE POST
- [H3] The haAkaA
- [H3] Terry Cloths
- [H3] swingset
- [H3] Antimicrobial lotion
- [H3] DIAPER CREAM
- [H3] baby balm
- [H3] pacifier clip
- [H3] baby carrier
- [H3] diaper bag
- [H3] MY NEWEST TIPS AND TRICKS TO UP YOUR GAME
- [H3] SEE ALL POSTS
- [H3] Holiday
- [H3] READ THE POST
- [H3] Lifestyle
- [H3] READ POST
- [H3] Lifestyle
- [H3] READ POST
- [H3] 12 Days of Christmas
- [H3] READ POST
- [H3] 12 Days of Christmas


SEO Content

- [H3] READ THE POST
- [H3] 12 Days of Christmas
- [H3] READ POST
- [H3] READ POST
- [H3] Lifestyle
- [H3] READ POST
- [H3] Gift Guides
- [H3] READ POST
- [H3] Gift Guides
- [H3] READ POST
- [H3] 12 Days of Christmas
- [H3] READ POST
- [H3] 12 Days of Christmas
- [H3] READ POST
- [H3] Gift Guides
- [H3] READ POST
- [H3] Gift Guides
- [H3] READ POST
- [H3] Wellness
- [H3] READ POST
- [H3] On the go
- [H3] READ POST
- [H3] At Home
- [H3] READ POST
- [H3] At Home
- [H3] READ POST
- [H3] At Home
- [H3] READ POST
- [H3] On the go
- [H3] READ POST
- [H3] Gift Guides
- [H3] READ POST
- [H3] Holiday
- [H3] READ POST
- [H3] Wellness
- [H3] READ POST
- [H3] Fashion
- [H3] READ POST
- [H3] Wellness
- [H3] READ POST
- [H3] Holiday
- [H3] READ POST
- [H3] Winter
- [H3] READ POST
- [H3] Holiday
- [H3] READ POST
- [H3] Holiday
- [H3] READ POST
- [H3] Holiday
- [H3] READ POST
- [H3] Fashion
- [H3] READ POST
- [H3] Holiday
- [H3] LOAD MORE
- [H3] ONLY THE BEST OF THE BEST RIGHT HERE
- [H3] TIP OF THE WEEK





SEO Content

| | | |
|---|-----------------|--|
| | | <ul style="list-style-type: none"> • [H3] READ POST • [H3] WORDS TO LIVE BY • [H3] GET ON THE LIST • [H3] NEXT TESTIMONIAL • [H3] PREVIOUS TESTIMONIAL • [H3] PRINCIPAL FRONT + CENTER PR • [H3] NUTRITIONIST & AUTHOR TV PERSONALITY & SPOKESPERSON FOUNDER OF SEA-LICIOUS • [H3] Co-Owner Town Hall Brands Marketing & PR Agency • [H3] Principal Slap Communications • [H3] Editor-in-Chief BC Living and Simply Beautiful Living • [H3] Dress For Success Vancouver Volunteer and Event Committee Member • [H3] Fashion Stylist and Costume Designer • [H3] Publisher Iconic Concierge • [H3] Public Relations Consultant • [H3] Entrepreneur & Brand Builder • [H3] Dietitian, Cookbook Author & Food Blogger of Fraiche Living • [H3] CLIENT TESTIMONIALS • [H3] WORK WITH ME • [H3] I LOVED HAVING YOU HERE • [H3] HOME • [H3] ABOUT • [H3] PRESS • [H3] WORK WITH ME • [H3] PHILANTHROPY • [H3] FAQ • [H3] READ THE BLOG • [H3] CONTACT • [H3] INSTAGRAM • [H3] FACEBOOK • [H3] TWITTER • [H3] PINTEREST • [H3] FIND IT • [H3] BRAND AND SITE BY BELLA MAVEN PRIVACY POLICY TERMS + CONDITIONS COPYRIGHT © 2021 NATALIE LANGSTON • [H3] SHOP MY FEED • [H3] YOUTUBE • [H3] EMAIL |
|  | Images | <p>We found 96 images on this web page.</p> <p>32 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p> |
|  | Text/HTML Ratio | <p>Ratio : 0%</p> <p>This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.</p> |
|  | Flash | <p>Perfect, no Flash content has been detected on this page.</p> |

SEO Content

| | | |
|---|--------|--|
|  | Iframe | Too Bad, you have Iframes on the web pages, this mean that content in an Iframe cannot be indexed. |
|---|--------|--|

SEO Links

| | | |
|---|-------------------------|--|
|  | URL Rewrite | Good. Your links looks friendly! |
|  | Underscores in the URLs | Perfect! No underscores detected in your URLs. |
|  | In-page links | We found a total of 40 links including 0 link(s) to files |
|  | Statistics | External Links : noFollow 0% External Links : Passing Juice 0% Internal Links 100% |

In-page links

| Anchor | Type | Juice |
|---|----------|---------------|
| Holiday | Internal | Passing Juice |
| How I'm Spending the Holidays &#038; My Intentions for the New Year!! | Internal | Passing Juice |
| Navigating the Holidays with Your Toddler! | Internal | Passing Juice |
| Lifestyle | Internal | Passing Juice |
| Pierce&#8217;s 3rd Birthday: A Construction Themed Recap | Internal | Passing Juice |
| Day 15: Bonus Day #3!!! The Gift of Clean Cosmetics | Internal | Passing Juice |
| 12 Days of Christmas | Internal | Passing Juice |
| Day 14 &#8211; Bonus Day: The Gift of Gary's Favourite Things | Internal | Passing Juice |
| Day 13: The Gift of Natalie's Favourite Things | Internal | Passing Juice |
| 2021 Gift Guide: Favourites 'For the Home&#8217; | Internal | Passing Juice |
| Gift Guides | Internal | Passing Juice |

In-page links

| | | |
|--|----------|---------------|
| 2021 Gift Guide: 'For the Hostess' &#038; Gifts that Give Back | Internal | Passing Juice |
| FAQ's &#8211; Natalie&#8217;s 12 Days of Christmas Giveaways | Internal | Passing Juice |
| The Winners of Natalie&#8217;s 12 Days of Christmas Giveaways | Internal | Passing Juice |
| 2021 Gift Guide: Favourites 'For Him' | Internal | Passing Juice |
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| How to Decorate Your Home for the Holidays | Internal | Passing Juice |
| At Home | Internal | Passing Juice |
| My Gardening Tips for Winter from the Experts! | Internal | Passing Juice |
| My Dreamy Home Office Reveal | Internal | Passing Juice |
| Make Life Easier with My Mom Essentials | Internal | Passing Juice |
| Gift Guide: For the Home | Internal | Passing Juice |
| Gift Guide: Favourites For Him | Internal | Passing Juice |
| 5 Tips for Making Vitamins a Daily Habit | Internal | Passing Juice |
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| How to Create a Beautiful Holiday Tablescape | Internal | Passing Juice |
| My 3 Favourite Holiday Dresses YOU Need | Internal | Passing Juice |

In-page links

[How to Decorate a Christmas Tree](#)

Internal

Passing Juice

[My Fave Small Shops to Support this Season](#)

Internal

Passing Juice

SEO Keywords



Keywords Cloud

vancouverthankemail email
getrecipefeedlifestyleshop
youtube

Keywords Consistency

| Keyword | Content | Title | Keywords | Description | Headings |
|-----------|---------|-------|----------|-------------|----------|
| vancouver | 1 | ✓ | ✗ | ✓ | ✓ |
| shop | 1 | ✗ | ✗ | ✗ | ✓ |
| thank | 1 | ✗ | ✗ | ✗ | ✓ |
| recipe | 1 | ✗ | ✗ | ✗ | ✓ |
| get | 1 | ✗ | ✗ | ✗ | ✓ |

Usability





| | | |
|--|--------------|---|
| | Url | Domain : natalielangston.com Length : 19 |
| | Favicon | Great, your website has a favicon. |
| | Printability | We could not find a Print-Friendly CSS. |
| | Language | Good. Your declared language is en. |
| | Dublin Core | This page does not take advantage of Dublin Core. |

Usability

Document

| | | |
|---|-----------------|--|
|  | Doctype | HTML 5 |
|  | Encoding | Perfect. Your declared charset is UTF-8. |
|  | W3C Validity | Errors : 20 Warnings : 10 |
|  | Email Privacy | Warning! At least one email address has been found in the plain text. Use free antispam protector to hide email from spammers. |
|  | Deprecated HTML | Great! We haven't found deprecated HTML tags in your HTML. |
|  | Speed Tips | <div><div> Excellent, your website doesn't use nested tables.</div><div> Too bad, your website is using inline styles.</div><div> Too bad, your website has too many CSS files (more than 4).</div><div> Too bad, your website has too many JS files (more than 6).</div><div> Perfect, your website takes advantage of gzip.</div></div> |



Mobile

| | | |
|--|---------------------|--|
|  | Mobile Optimization | <div><div> Apple Icon</div><div> Meta Viewport Tag</div><div> Flash content</div></div> |
|--|---------------------|--|

Optimization

| | | |
|--|-------------|--|
|  | XML Sitemap | Great, your website has an XML sitemap. <div>http://natalielangston.com/sitemap.xml</div> |
| | Robots.txt | http://natalielangston.com/robots.txt |

Optimization

| | | |
|--|-----------|---|
|  | | Great, your website has a robots.txt file. |
|  | Analytics | <p>Missing</p> <p>We didn't detect an analytics tool installed on this website.</p> <p>Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.</p> |