







Seo Analyzer painneck.com

Generated on March 02 2022 01:58 AM






The score is 54/100







SEO Content

	Title	<p>Neck Pain - Causes, symptoms, treatments and more</p> <p>Length : 49</p> <p>Perfect, your title contains between 10 and 70 characters.</p>																
	Description	<p>Suffering from Neck Pain? Check symptoms, learn about causes and find the right treatment for your neck pain</p> <p>Length : 108</p> <p>Great, your meta description contains between 70 and 160 characters.</p>																
	Keywords	<p>Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.</p>																
	Og Meta Properties	<p>Good, your page take advantage of Og Properties.</p> <table border="1" data-bbox="539 1279 1481 1966"> <thead> <tr> <th>Property</th> <th>Content</th> </tr> </thead> <tbody> <tr> <td>locale</td> <td>en_US</td> </tr> <tr> <td>type</td> <td>website</td> </tr> <tr> <td>title</td> <td>Neck Pain - Causes, symptoms, treatments and more</td> </tr> <tr> <td>description</td> <td>Suffering from Neck Pain? Check symptoms, learn about causes and find the right treatment for your neck pain</td> </tr> <tr> <td>url</td> <td>https://painneck.com/</td> </tr> <tr> <td>site_name</td> <td>Pain Neck</td> </tr> <tr> <td>image</td> <td>https://painneck.com/wp-content/uploads/2016/09/etiology.jpg</td> </tr> </tbody> </table>	Property	Content	locale	en_US	type	website	title	Neck Pain - Causes, symptoms, treatments and more	description	Suffering from Neck Pain? Check symptoms, learn about causes and find the right treatment for your neck pain	url	https://painneck.com/	site_name	Pain Neck	image	https://painneck.com/wp-content/uploads/2016/09/etiology.jpg
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	Headings	<table border="1" data-bbox="539 1995 1481 2063"> <thead> <tr> <th>H1</th> <th>H2</th> <th>H3</th> <th>H4</th> <th>H5</th> <th>H6</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>7</td> <td>7</td> <td>0</td> <td>0</td> <td>0</td> </tr> </tbody> </table>	H1	H2	H3	H4	H5	H6	1	7	7	0	0	0				
H1	H2	H3	H4	H5	H6													
1	7	7	0	0	0													

SEO Content

		<ul style="list-style-type: none">• [H1] Neck Pain• [H2] Enjoy life again!• [H2] Neck Pain Relief• [H2] Neck Pain Symptoms• [H2] Anatomy of the Neck• [H2] Diagnosing Neck Pain• [H2] Neck Pain Causes• [H2] Neck Pain Treatment• [H3] Where is your Neck Pain?• [H3] What Condition Do You Have?• [H3] Find the Right Treatment• [H3] Additional Resources• [H3] Neck Pain Resources• [H3] More about PainNeck.com• [H3] Opening Hours
	Images	We found 2 images on this web page. Good, most or all of your images have alt attributes.
	Text/HTML Ratio	Ratio : 4% This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.
	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	We have detected underscores in your URLs. You should rather use hyphens to optimize your SEO.
	In-page links	We found a total of 38 links including 0 link(s) to files
	Statistics	External Links : noFollow 0% External Links : Passing Juice 10.53% Internal Links 89.47%


In-page links

Anchor	Type	Juice
=	Internal	Passing Juice
Types of Neck Pain	Internal	Passing Juice
Neck Pain Treatments	Internal	Passing Juice
Neck Pain Right Side	Internal	Passing Juice
Neck Pain Left Side	Internal	Passing Juice
Neck Pain Shoulder	Internal	Passing Juice
Neck Pain Jaw	Internal	Passing Juice
Neck Pain Headaches	Internal	Passing Juice
Bulging Disc in Neck	Internal	Passing Juice
Herniated Disc in Neck	Internal	Passing Juice
Pinched Nerve in Neck	Internal	Passing Juice
Arthritis in the Neck	Internal	Passing Juice
Fibromyalgia	Internal	Passing Juice
See all	Internal	Passing Juice
Treatment Overview	Internal	Passing Juice
Conservative Treatment	Internal	Passing Juice
Alternative Treatments	Internal	Passing Juice
Surgical Treatments	Internal	Passing Juice
Home Remedies	Internal	Passing Juice
Newsletter signup	Internal	Passing Juice
Neck Pain Blog	Internal	Passing Juice
Find us on Facebook	External	Passing Juice
Follow us on Twitter	External	Passing Juice
arthritis in the neck	Internal	Passing Juice
Neck Pain Relief Home Remedies	Internal	Passing Juice
Neck pain symptoms	Internal	Passing Juice
anatomy of the neck	Internal	Passing Juice

In-page links

Etiology	Internal	Passing Juice
cervicalgia	Internal	Passing Juice
causes of neck pain	Internal	Passing Juice
neck pain pillow	Internal	Passing Juice
neck pain treatment	Internal	Passing Juice
Laser Neck Surgery	Internal	Passing Juice
Injections for Neck Pain	Internal	Passing Juice
Alternative Neck Treatments	Internal	Passing Juice
Telemedicine	External	Passing Juice
Neck Treatment Innovations	Internal	Passing Juice
Enfold WordPress Theme by Kriesi	External	Passing Juice


SEO Keywords

	Keywords Cloud	treatments pain see caused disc surgical neck conservative all treatment
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Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
neck	30	✓	✗	✓	✓
pain	22	✓	✗	✓	✓
treatment	8	✓	✗	✓	✓
all	4	✗	✗	✗	✗
see	4	✗	✗	✗	✗












Usability

	Url	Domain : painneck.com Length : 12
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Usability

	Favicon	Great, your website has a favicon.
	Printability	Great. We have found a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.





Document

	Doctype	HTML 5				
	Encoding	Perfect. Your declared charset is UTF-8.				
	W3C Validity	Errors : 1 Warnings : 21				
	Email Privacy	Warning! At least one email address has been found in the plain text. Use free antispam protector to hide email from spammers.				
	Deprecated HTML	<table><thead><tr><th>Deprecated tags</th><th>Occurrences</th></tr></thead><tbody><tr><td><big></td><td>1</td></tr></tbody></table> <p>Deprecated HTML tags are HTML tags that are no longer used. It is recommended that you remove or replace these HTML tags because they are now obsolete.</p>	Deprecated tags	Occurrences	<big>	1
Deprecated tags	Occurrences					
<big>	1					
	Speed Tips	<ul style="list-style-type: none"> Excellent, your website doesn't use nested tables. Too bad, your website is using inline styles. Too bad, your website has too many CSS files (more than 4). Too bad, your website has too many JS files (more than 6). Perfect, your website takes advantage of gzip.				

Mobile

	Mobile Optimization	<ul style="list-style-type: none"><li data-bbox="555 197 767 232"> Apple Icon<li data-bbox="555 264 879 300"> Meta Viewport Tag<li data-bbox="555 331 810 367"> Flash content
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Optimization

	XML Sitemap	<p data-bbox="539 577 1094 613">Great, your website has an XML sitemap.</p> <div data-bbox="549 645 1481 707">http://painneck.com/sitemap.xml</div>
	Robots.txt	<p data-bbox="539 743 644 779">Missing</p> <p data-bbox="539 810 1465 846">Your website doesn't have a robots.txt file - this can be problematic.</p> <p data-bbox="539 878 1455 1012">A robots.txt file allows you to restrict the access of search engine robots that crawl the web and it can prevent these robots from accessing specific directories and pages. It also specifies where the XML sitemap file is located.</p>
	Analytics	<p data-bbox="539 1043 1101 1079">Great, your website has an analytics tool.</p> <div data-bbox="549 1111 1481 1182"> Google Analytics</div>