



# Seo Analyzer

## poundingtherock.com

Generated on March 13 2022 11:18 AM

The score is 62/100







## SEO Content

	Title	<p>Pounding The Rock, a San Antonio Spurs community</p> <p><b>Length : 48</b></p> <p>Perfect, your title contains between 10 and 70 characters.</p>																		
	Description	<p>Your best source for quality San Antonio Spurs news, rumors, analysis, stats and scores from the fan perspective.</p> <p><b>Length : 113</b></p> <p>Great, your meta description contains between 70 and 160 characters.</p>																		
	Keywords	<p>Very bad. We haven't found meta keywords on your page. Use <a href="#">this free online meta tags generator</a> to create keywords.</p>																		
	Og Meta Properties	<p>Good, your page take advantage of Og Properties.</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">Property</th> <th style="text-align: left;">Content</th> </tr> </thead> <tbody> <tr> <td>description</td> <td>Your best source for quality San Antonio Spurs news, rumors, analysis, stats and scores from the fan perspective.</td> </tr> <tr> <td>image</td> <td><a href="https://cdn.vox-cdn.com/uploads/community/sbnu_logo/39/large_Pounding_The_Rock_Full.115167.png">https://cdn.vox-cdn.com/uploads/community/sbnu_logo/39/large_Pounding_The_Rock_Full.115167.png</a></td> </tr> <tr> <td>site_name</td> <td>Pounding The Rock</td> </tr> <tr> <td>title</td> <td>a San Antonio Spurs community</td> </tr> <tr> <td>type</td> <td>website</td> </tr> <tr> <td>url</td> <td><a href="https://www.poundingtherock.com/">https://www.poundingtherock.com/</a></td> </tr> </tbody> </table>					Property	Content	description	Your best source for quality San Antonio Spurs news, rumors, analysis, stats and scores from the fan perspective.	image	<a href="https://cdn.vox-cdn.com/uploads/community/sbnu_logo/39/large_Pounding_The_Rock_Full.115167.png">https://cdn.vox-cdn.com/uploads/community/sbnu_logo/39/large_Pounding_The_Rock_Full.115167.png</a>	site_name	Pounding The Rock	title	a San Antonio Spurs community	type	website	url	<a href="https://www.poundingtherock.com/">https://www.poundingtherock.com/</a>
Property	Content																			
description	Your best source for quality San Antonio Spurs news, rumors, analysis, stats and scores from the fan perspective.																			
image	<a href="https://cdn.vox-cdn.com/uploads/community/sbnu_logo/39/large_Pounding_The_Rock_Full.115167.png">https://cdn.vox-cdn.com/uploads/community/sbnu_logo/39/large_Pounding_The_Rock_Full.115167.png</a>																			
site_name	Pounding The Rock																			
title	a San Antonio Spurs community																			
type	website																			
url	<a href="https://www.poundingtherock.com/">https://www.poundingtherock.com/</a>																			
	Headings	<b>H1</b>	<b>H2</b>	<b>H3</b>	<b>H4</b>	<b>H5</b>	<b>H6</b>													
		0	47	5	2	11	0													
		<ul style="list-style-type: none"> <li>[H2] Cookie banner</li> </ul>																		


## SEO Content

- [H2] Follow Pounding The Rock online:
- [H2] Site search
- [H2] Pounding The Rock main menu
- [H2] Open Thread: Spurs at South By Southwest
- [H2] Shorthanded Spurs run out of juice in loss to the Pacers
- [H2] San Antonio vs. Indiana, Final Score: Pacers' replacements outshine their Spurs counterparts 119-108
- [H2] Game Thread: San Antonio Spurs vs. Indiana Pacers
- [H2] Gregg Popovich vs. Ted Lasso: Which hire was more absurd?
- [H2] What we learned from the Spurs win over the Jazz
- [H2] Devin Vassell on hitting his stride and breaking the mold
- [H2] Why Spurs fans shouldn't care about the loss column
- [H2] The Latest
- [H2] The Spurs celebrate as Gregg Popovich becomes NBA's winningest coach
- [H2] Open Thread: Pop surpasses Don Nelson with his 1336th regular season win
- [H2] Game Preview: San Antonio Spurs vs. Indiana Pacers
- [H2] Spurs make history in comeback against the Jazz
- [H2] San Antonio vs. Utah, Final Score: Spurs clutch free throws cinch 104-102 win over Jazz
- [H2] Game Thread: San Antonio Spurs vs. Utah Jazz
- [H2] Best of the Spurs week: Stealing seats and Keldon's development
- [H2] Open Thread: Happy birthday to Becky Hammon
- [H2] Game Preview: San Antonio Spurs vs. Utah Jazz
- [H2] We're building great things, and we need your talent.
- [H2] Spurs fans, join the Pounding the Rock FanPulse
- [H2] Keldon Johnson's ascension to second fiddle next to Dejounte Murray
- [H2] What We Learned from the Spurs loss to the Raptors
- [H2] The Pounding The Rock Spurs FanShop
- [H2] Spurs fall to Raptors in VanVleet's return
- [H2] Open Thread: Celebrating the Spurs Coyote's birthday
- [H2] San Antonio vs. Toronto, Final Score: Horrible second half sinks Spurs in 119-104 loss to the Raptors
- [H2] Game Thread: San Antonio Spurs vs. Toronto Raptors
- [H2] How the Derrick White trade has changed the Spurs' rotation
- [H2] Open Thread: Jakob Poeltl plays "Poeltl"
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- [H2] Appreciating Manu
- [H2] Open Thread: What is your favorite Manu moment?
- [H2] Open Thread: Pop ties Don Nelson for the all-time regular season wins
- [H2] Spurs beat rivals Lakers to close the gap in Play-In race
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- [H2] Game Thread: San Antonio Spurs vs. Los Angeles Lakers
- [H2] Spurs Week in Review: Inability to close games rears its ugly head again
- [H2] Open Thread: What's your favorite memory from the AT&T




## SEO Content

		<p>Center?</p> <ul style="list-style-type: none"><li>• [H2] Game Preview: San Antonio Spurs vs. Los Angeles Lakers</li><li>• [H2] Why the Spurs aren't playing Josh Richardson more</li><li>• [H2] Pagination</li><li>• [H3] Fanposts</li><li>• [H3] Watch: Manu Ginobili analyzes his 2014 Finals dunk over Chris Bosh</li><li>• [H3] Manu Ginobili will do a little bit everything for the Spurs</li><li>• [H3] Manu Ginobili is returning to the Spurs as Special Advisor to Basketball Operations</li><li>• [H3] Fanshots</li><li>• [H4] Most Recent</li><li>• [H4] Most Recent</li><li>• [H5] What I wish the Spurs would do in the 2022 draft.</li><li>• [H5] Befitting the Winningest Coach in NBA history...POP'S INCREDIBLE CONTRIBUTION TO BLACK HISTORY</li><li>• [H5] Is the Spurs FO really ready to tank?</li><li>• [H5] Derrick White for John Collins?</li><li>• [H5] Cue up Halls and Oates..."She's Gone". Hammon: The final Chapter.</li><li>• [H5] Debunking the #1 rationale given for Why Becky is NOT the Next Spurs Head Coach</li><li>• [H5] Aron Baynes' ordeal</li><li>• [H5] Patty Mills gamewinner spurs vs suns NBA Mexico</li><li>• [H5] LaMarcus Aldridge 'Giveaway' Becomes Another Bobblehead</li><li>• [H5] Exposing the Lies about TD</li><li>• [H5] Get him to the Spurs NOW</li></ul>
	Images	<p>We found 82 images on this web page.</p> <p>18 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p>
	Text/HTML Ratio	<p>Ratio : <b>15%</b></p> <p>Good, this page's ratio of text to HTML code is higher than 15, but lower than 25 percent.</p>
	Flash	<p>Perfect, no Flash content has been detected on this page.</p>
	Iframe	<p>Too Bad, you have Iframes on the web pages, this mean that content in an Iframe cannot be indexed.</p>

## SEO Links

	URL Rewrite	<p>Bad. Your links have query string.</p>
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## SEO Links

	Underscores in the URLs	We have detected underscores in your URLs. You should rather use hyphens to optimize your SEO.
	In-page links	We found a total of 106 links including 0 link(s) to files
	Statistics	External Links : noFollow 13.21% External Links : Passing Juice 19.81% Internal Links 66.98%

## In-page links

Anchor	Type	Juice
<a href="#">Skip to main content</a>	Internal	Passing Juice
<a href="#">Cookie Policy</a>	External	Passing Juice
<a href="#">Privacy Notice</a>	External	Passing Juice
<a href="#">Terms of Use</a>	External	Passing Juice
<a href="#">Log In</a>	External	Passing Juice
<a href="#">Sign Up</a>	External	Passing Juice
<a href="#">Fanposts</a>	Internal	Passing Juice
<a href="#">Fanshots</a>	Internal	Passing Juice
<a href="#">Odds</a>	External	Passing Juice
<a href="#">Fantasy Basketball</a>	External	Passing Juice
<a href="#">About</a>	Internal	Passing Juice
<a href="#">Community Guidelines</a>	Internal	Passing Juice
<a href="#">Game Threads</a>	Internal	Passing Juice
<a href="#">Analysis</a>	Internal	Passing Juice
<a href="#">Game Recaps</a>	Internal	Passing Juice
<a href="#">Game Previews</a>	Internal	Passing Juice
<a href="#">Creative Offerings</a>	Internal	Passing Juice
<a href="#">Full Archive</a>	Internal	Passing Juice

## In-page links

<a href="#">PtR Lexicon</a>	Internal	Passing Juice
<a href="#">PtR Fun Pages</a>	Internal	Passing Juice
<a href="#">Stories</a>	External	Passing Juice
<a href="#">Schedule</a>	External	Passing Juice
<a href="#">Roster</a>	External	Passing Juice
<a href="#">Stats</a>	External	Passing Juice
<a href="#">Yahoo Spurs News</a>	External	Passing Juice
<a href="#">Yahoo Spurs Team Page</a>	External	Passing Juice
<a href="#">Yahoo Spurs Report</a>	External	Passing Juice
<a href="#">Yahoo Spurs Depth Chart</a>	External	Passing Juice
<a href="#">Yahoo Spurs Transactions</a>	External	Passing Juice
<a href="#">Yahoo Spurs Photos</a>	External	Passing Juice
<a href="#">Open Thread: Spurs at South By Southwest</a>	Internal	Passing Juice
<a href="#">Shorthanded Spurs run out of juice in loss to the Pacers</a>	Internal	Passing Juice
<a href="#">San Antonio vs. Indiana, Final Score: Pacers' replacements outshine their Spurs counterparts 119-108</a>	Internal	Passing Juice
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<a href="#">Game Thread: San Antonio Spurs vs. Utah Jazz</a>	Internal	Passing Juice

## In-page links

<a href="#">Best of the Spurs week: Stealing seats and Keldon's development</a>	Internal	Passing Juice
<a href="#">Open Thread: Happy birthday to Becky Hammon</a>	Internal	Passing Juice
<a href="#">Game Preview: San Antonio Spurs vs. Utah Jazz</a>	Internal	Passing Juice
<a href="#">We're building great things, and we need your talent.</a>	External	noFollow
<a href="#">Spurs fans, join the Pounding the Rock FanPulse</a>	Internal	Passing Juice
<a href="#">Keldon Johnson's ascension to second fiddle next to Dejounte Murray</a>	Internal	Passing Juice
<a href="#">What We Learned from the Spurs loss to the Raptors</a>	Internal	Passing Juice
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<a href="#">Is the Spurs FO really ready to tank?</a>	Internal	Passing Juice
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<a href="#">+ Post Your Own</a>	External	Passing Juice
<a href="#">Game Thread: San Antonio Spurs vs. Toronto Raptors</a>	Internal	Passing Juice
<a href="#">How the Derrick White trade has changed the Spurs' rotation</a>	Internal	Passing Juice
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<a href="#">Appreciating Manu</a>	Internal	Passing Juice

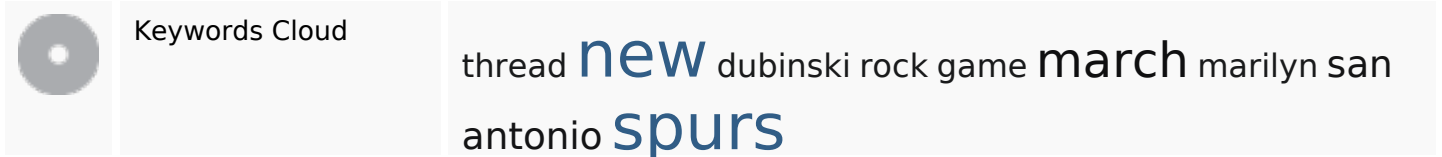
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<a href="#">Patty Mills gamewinner spurs vs suns NBA Mexico</a>	Internal	Passing Juice
<a href="#">ticketmaster.com</a>	External	Passing Juice
<a href="#">LaMarcus Aldridge 'Giveaway' Becomes Another Bobblehead</a>	Internal	Passing Juice
<a href="#">Exposing the Lies about TD</a>	Internal	Passing Juice
<a href="#">theadvocate.com</a>	External	Passing Juice
<a href="#">Get him to the Spurs NOW</a>	Internal	Passing Juice
<a href="#">More Stories</a>	Internal	Passing Juice
<a href="#">Facebook</a>	External	noFollow
<a href="#">Twitter</a>	External	noFollow
<a href="#">YouTube</a>	External	noFollow
<a href="#">Contact</a>	Internal	noFollow

## In-page links

<a href="#">Have a News Tip?</a>	Internal	noFollow
<a href="#">Browse Blogs</a>	External	noFollow
<a href="#">Company Blog</a>	External	noFollow
<a href="#">Blog Openings</a>	External	noFollow
<a href="#">Editorial Ethics and Guidelines</a>	External	noFollow
<a href="#">Do Not Sell My Personal Info</a>	Internal	noFollow
<a href="#">Licensing FAQ</a>	External	noFollow
<a href="#">Accessibility</a>	External	noFollow
<a href="#">Platform Status</a>	External	noFollow
<a href="#">Advertise with us</a>	External	noFollow
<a href="#">Jobs @ Vox Media</a>	External	noFollow
<a href="#">Vox Media</a>	External	noFollow




## SEO Keywords














## Keywords Consistency

Keyword	Content	Title	Keywords	Descripti on	Headings
spurs	64	✓	✗	✓	✓
new	56	✗	✗	✓	✗
march	30	✗	✗	✗	✗
san	17	✓	✗	✓	✓
antonio	17	✓	✗	✓	✓

## Usability

	Url	Domain : poundingtherock.com Length : 19
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.




## Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 0 Warnings : 0
	Email Privacy	Great no email address has been found in plain text!
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<ul style="list-style-type: none"><li> Excellent, your website doesn't use nested tables.</li><li> Too bad, your website is using inline styles.</li><li> Great, your website has few CSS files.</li><li> Perfect, your website has few JavaScript files.</li><li> Perfect, your website takes advantage of gzip.</li></ul>

## Mobile

	Mobile Optimization	<ul style="list-style-type: none"><li>✔ Apple Icon</li><li>✔ Meta Viewport Tag</li><li>✔ Flash content</li></ul>
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## Optimization

	XML Sitemap	<p>Great, your website has an XML sitemap.</p> <ul style="list-style-type: none"><li><a href="https://www.poundingtherock.com/sitemaps">https://www.poundingtherock.com/sitemaps</a></li><li><a href="https://www.poundingtherock.com/sitemaps/authors">https://www.poundingtherock.com/sitemaps/authors</a></li><li><a href="https://www.poundingtherock.com/sitemaps/groups">https://www.poundingtherock.com/sitemaps/groups</a></li><li><a href="https://www.poundingtherock.com/sitemaps/videos">https://www.poundingtherock.com/sitemaps/videos</a></li><li><a href="https://www.poundingtherock.com/sitemaps/google_news">https://www.poundingtherock.com/sitemaps/google_news</a></li></ul>
	Robots.txt	<p><a href="http://poundingtherock.com/robots.txt">http://poundingtherock.com/robots.txt</a></p> <p>Great, your website has a robots.txt file.</p>
	Analytics	<p>Missing</p> <p>We didn't detect an analytics tool installed on this website.</p> <p>Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.</p>