



# Seo Analyzer runnersworkshop.com

Generated on April 03 2022 14:24 PM




The score is 59/100





## SEO Content

	<b>Title</b>	<p>Runner's Workshop California Running Camps</p> <p><b>Length : 42</b></p> <p>Perfect, your title contains between 10 and 70 characters.</p>																
	<b>Description</b>	<p>Spend an incredible week training with some of America's finest runners and coaches, making new friends, and learning to run faster, further, and with more confidence.</p> <p><b>Length : 167</b></p> <p>Ideally, your meta description should contain between 70 and 160 characters (spaces included). Use <a href="#">this free tool</a> to calculate text length.</p>																
	<b>Keywords</b>	<p>Very bad. We haven't found meta keywords on your page. Use <a href="#">this free online meta tags generator</a> to create keywords.</p>																
	<b>Og Meta Properties</b>	<p>Good, your page take advantage of Og Properties.</p> <table border="1" data-bbox="539 1346 1481 2080"> <thead> <tr> <th>Property</th> <th>Content</th> </tr> </thead> <tbody> <tr> <td>locale</td> <td>en_US</td> </tr> <tr> <td>site_name</td> <td>Runners Workshop   California Running Camps</td> </tr> <tr> <td>type</td> <td>website</td> </tr> <tr> <td>title</td> <td>Runner's Workshop California Running Camps</td> </tr> <tr> <td>description</td> <td>Spend an incredible week training with some of America's finest runners and coaches, making new friends, and learning to run faster, further, and with more confidence.</td> </tr> <tr> <td>url</td> <td>https://www.runnersworkshop.com/</td> </tr> <tr> <td>image</td> <td>https://www.runnersworkshop.com/wp-content/uploads/2020/01/400dpiLogoCropped-TRANSPARENT.png</td> </tr> </tbody> </table>	Property	Content	locale	en_US	site_name	Runners Workshop   California Running Camps	type	website	title	Runner's Workshop California Running Camps	description	Spend an incredible week training with some of America's finest runners and coaches, making new friends, and learning to run faster, further, and with more confidence.	url	https://www.runnersworkshop.com/	image	https://www.runnersworkshop.com/wp-content/uploads/2020/01/400dpiLogoCropped-TRANSPARENT.png
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# SEO Content

		image:secure_url https://www.runnersworkshop.com/wp-content/uploads/2020/01/400dpiLogoCropped-TRANSPARENT.png												
	Headings	<table border="1"> <thead> <tr> <th>H1</th> <th>H2</th> <th>H3</th> <th>H4</th> <th>H5</th> <th>H6</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>6</td> <td>0</td> <td>9</td> <td>4</td> <td>7</td> </tr> </tbody> </table> <ul style="list-style-type: none"> <li>• [H1] Runner's Workshop</li> <li>• [H2] 36 Years of running Running Camps! Yosemite Camp - July 24-29, 2022 Idyllwild Camp - August 7-12, 2022</li> <li>• [H2] The Runner's Workshop Advantage</li> <li>• [H2] Meet Our Staff</li> <li>• [H2] Camp Photo Gallery</li> <li>• [H2] What Alumni Are Saying</li> <li>• [H2] Get in Touch</li> <li>• [H4] Coach Steve Scott</li> <li>• [H4] Coach Devin Elizondo</li> <li>• [H4] Mark Celestin</li> <li>• [H4] Coach Jason Oswalt</li> <li>• [H4] Collegiate runners / counselors</li> <li>• [H4] Steven Fahey</li> <li>• [H4] George Ramos</li> <li>• [H4] Sierra Brill</li> <li>• [H4] Contact Us!</li> <li>• [H5] Come spend an incredible week training with some of America's finest runners and coaches, making new friends, and learning to run faster, further, and with more confidence. In the past 36 years over 19,000 runners and coaches have returned from camp re-energized and focused to begin their best cross country season ever. This past season - over 100 of our athletes and teams qualified and ran in their State Meets. Take your running to the next level!</li> <li>• [H5] Our staff come from every corner of the running community, from olympians to club runners. Through this diversity, our energetic staff have something for every camper.</li> <li>• [H5] Testimonials from a few of our past campers and parents. Check out some more here</li> <li>• [H5] If you have any questions that aren't in our FAQ, or just want to get in touch, drop us a line through the form or email us at runnersworkshop@mac.com.</li> <li>• [H6] Idyllwyld</li> <li>• [H6] Yosemite and Idyllwild</li> <li>• [H6] Founder, both camps</li> <li>• [H6] Both Camps</li> <li>• [H6] La Costa Canyon / Stanford</li> <li>• [H6] Chadwick School</li> <li>• [H6] Lowell / Cal Poly SLO</li> </ul>	H1	H2	H3	H4	H5	H6	1	6	0	9	4	7
H1	H2	H3	H4	H5	H6									
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	Images	<p>We found 6 images on this web page.</p> <p>Good, most or all of your images have alt attributes.</p>												
	Text/HTML Ratio	<p>Ratio : <b>4%</b></p> <p>This page's ratio of text to HTML code is below 15 percent, this means</p>												

## SEO Content

		that your website probably needs more text content.
	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

## SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 27 links including 0 link(s) to files
	Statistics	External Links : noFollow 3.7% External Links : Passing Juice 0% Internal Links 96.3%

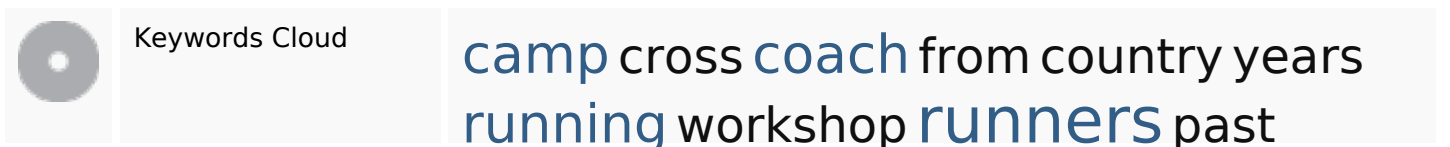
## In-page links

Anchor	Type	Juice
<a href="#">Home</a>	Internal	Passing Juice
<a href="#">Yosemite</a>	Internal	Passing Juice
<a href="#">Idyllwild</a>	Internal	Passing Juice
<a href="#">Training</a>	Internal	Passing Juice
<a href="#">Coaching Staff</a>	Internal	Passing Juice
<a href="#">Visiting Coaches Attend FREE!</a>	Internal	Passing Juice
<a href="#">Staff Application</a>	Internal	Passing Juice
<a href="#">Videos</a>	Internal	Passing Juice

## In-page links

<a href="#">Photo Gallery</a>	Internal	Passing Juice
<a href="#">Registration</a>	Internal	Passing Juice
<a href="#">Conditions of Enrollment / Camp Rules and Regulations Signatures Page</a>	Internal	Passing Juice
<a href="#">Optional: High Ropes / Challenge Course / Zip Line Release form</a>	Internal	Passing Juice
<a href="#">Physical Form upload page</a>	Internal	Passing Juice
<a href="#">Tuition, Souvenirs and High Ropes/Climbing Wall Release form</a>	Internal	Passing Juice
<a href="#">General Information</a>	Internal	Passing Juice
<a href="#">Parent Information</a>	Internal	Passing Juice
<a href="#">FAQ</a>	Internal	Passing Juice
<a href="#">Mt. Sac Tips</a>	Internal	Passing Juice
<a href="#">Testimonials</a>	Internal	Passing Juice
<a href="#">Alumni Updates</a>	Internal	Passing Juice
<a href="#">Alumni State Meet Results</a>	Internal	Passing Juice
<a href="#">Register Today!</a>	Internal	Passing Juice
<a href="#">View Images</a>	Internal	Passing Juice
<a href="#">here</a>	Internal	Passing Juice
<a href="#">FAQ</a>	Internal	Passing Juice
<a href="#">Camps</a>	Internal	Passing Juice
<a href="#">Themelisle</a>	External	noFollow

## SEO Keywords








## Keywords Consistency

Keyword	Content	Title	Keywords	Descripti	Headings
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## Keywords Consistency

				on	
runners	12	✘	✘	✔	✔
coach	9	✘	✘	✔	✔
running	8	✔	✘	✘	✔
camp	8	✔	✘	✘	✔
workshop	7	✔	✘	✘	✔

## Usability

	Url	Domain : runnersworkshop.com Length : 19
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.

## Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 14 Warnings : 39
	Email Privacy	Warning! At least one email address has been found in the plain text. Use <a href="#">free antispam protector</a> to hide email from spammers.
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.




## Document

	Speed Tips	<ul style="list-style-type: none"><li>✓ Excellent, your website doesn't use nested tables.</li><li>✗ Too bad, your website is using inline styles.</li><li>✗ Too bad, your website has too many CSS files (more than 4).</li><li>✗ Too bad, your website has too many JS files (more than 6).</li><li>✓ Perfect, your website takes advantage of gzip.</li></ul>
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## Mobile

	Mobile Optimization	<ul style="list-style-type: none"><li>✓ Apple Icon</li><li>✓ Meta Viewport Tag</li><li>✓ Flash content</li></ul>
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## Optimization

	XML Sitemap	<p>Great, your website has an XML sitemap.</p> <ul style="list-style-type: none"><li><a href="http://runnersworkshop.com/sitemap.xml">http://runnersworkshop.com/sitemap.xml</a></li><li><a href="https://www.runnersworkshop.com/sitemap.xml">https://www.runnersworkshop.com/sitemap.xml</a></li><li><a href="https://www.runnersworkshop.com/sitemap.rss">https://www.runnersworkshop.com/sitemap.rss</a></li></ul>
	Robots.txt	<p><a href="http://runnersworkshop.com/robots.txt">http://runnersworkshop.com/robots.txt</a></p> <p>Great, your website has a robots.txt file.</p>
	Analytics	<p>Missing</p> <p>We didn't detect an analytics tool installed on this website.</p> <p>Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.</p>