

# Seo Analyzer sainsburysmagazine.co.uk

Generated on March 07 2022 07:22 AM

The score is 68/100

#### **SEO Content**

	Title	Recipes and cooking tips   Sainsbury`s Magazine					
		Length: 47					
		Perfect, your title contains between 10 and 70 characters.					
	Description	Find 1000s of triple-tested recipes, expert cooking advice from your favourite celebrity chefs and the latest food trends  Length: 121					
		Great, you	r meta d	escription co	ntains betw	een 70 and	160 characters.
8	Keywords	-		n't found me enerator to c	-		age. Use <u>this free</u>
	Og Meta Properties	Good, your page take advantage of Og Properties.					
		Propert	ty	Content			
		url		https://www	w.sainsbury	smagazine.	co.uk/
		type		website			
		title		Recipes an Magazine	d cooking t	ips   Sainsbı	ury`s
		descriptio	n	cooking ad		sted recipes our favourit od trends	
		site_name	9	Sainsbury`s Magazine			
		image		•	-	smagazine. nstile-310x	co.uk/bundles 310.png
	Headings	H1	H2	H3	H4	H5	H6
0		6 • [H1	3 .] Newsle	13 etter	12	21	0

#### **SEO Content**

- [H1] Our latest recipes
- [H1] Trending now
- [H1] Foodie reads
- [H1] Competitions and offers
- [H1] From our partners
- [H2] Weekend special
- [H2] Don't miss
- [H2] Cookie Preference Centre
- [H3] Slow-cook suppers
- [H3] We value your privacy
- [H3] Strictly Necessary
- [H3] Sainsbury's Magazine
- [H3] Vimeo
- [H3] Constant Commerce
- [H3] DoubleClick
- [H3] Performance/Analytics
- [H3] Google
- [H3] Marketing/Targeting
- [H3] Pinterest
- [H3] Outbrain
- [H3] Twitter
- [H4] Health
- [H4] Food
- [H4] Food
- [H4] Chef of the week
- [H4] In season
- [H4] win
- [H4] OFFER
- [H4] Food
- [H4] OFFER
- [H4] SPONSORED BY
- [H4] SPONSORED BY
- [H4] SPONSORED BY
- [H5] Slow-cooked pork and fennel ragu
- [H5] Jackfruit and mushroom stew with herb dumplings
- [H5] Triple chocolate chip cookies
- [H5] Spiced roast lamb leg
- [H5] Lemon and caper chicken thighs
- [H5] Chicken stroganoff
- [H5] Rhubarb and custard buckle cake
- [H5] Moroccan-spiced braised brisket
- [H5] Cheesy dauphinoise and onion pie
- [H5] The keto diet plan: 10 things you need to know
- [H5] Taking Orders: Zoe's Ghana Kitchen
- [H5] 10 burning foodie questions with... Kate Humble
- [H5] Sophie Wyburd
- [H5] What to cook and eat in March
- [H5] Win a three-course meal at Pastaio
- [H5] Save £10 on top show tickets
- [H5] Write a picnic recipe for the chance to win a Professional Granite cookware set
- [H5] Ragdale Hall reader offer: join us for a luxury spa break
- [H5] Because all mums deserve it
- [H5] Win Return Tickets to the Isles of Scilly
- [H5] Order in the house

#### **SEO Content**

Images	We found 30 images on this web page.  2 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.
Text/HTML Ratio	Ratio : <b>39%</b> Ideal! This page's ratio of text to HTML code is between 25 and 70 percent.
Flash	Perfect, no Flash content has been detected on this page.
Iframe	Great, there are no Iframes detected on this page.

### **SEO Links**

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 142 links including 0 link(s) to files
0	Statistics	External Links : noFollow 0%  External Links : Passing Juice 3.52%  Internal Links 96.48%

Anchor	Туре	Juice
Recipes Home	Internal	Passing Juice
Course and meal	Internal	Passing Juice
Breakfasts	Internal	Passing Juice
Canapés	Internal	Passing Juice

<u>Desserts</u>	Internal	Passing Juice
<u>Drinks</u>	Internal	Passing Juice
<u>Mains</u>	Internal	Passing Juice
<u>Sides</u>	Internal	Passing Juice
<u>Starters</u>	Internal	Passing Juice
Baking	Internal	Passing Juice
Birthday cakes	Internal	Passing Juice
<u>Bread</u>	Internal	Passing Juice
<u>Brownies</u>	Internal	Passing Juice
Cakes	Internal	Passing Juice
<u>Cheesecakes</u>	Internal	Passing Juice
Chocolate	Internal	Passing Juice
Cookies and biscuits	Internal	Passing Juice
Crumble	Internal	Passing Juice
<u>Cupcakes</u>	Internal	Passing Juice
Fruity bakes	Internal	Passing Juice
Gluten-free baking	Internal	Passing Juice
<u>Loaf cakes</u>	Internal	Passing Juice
<u>Meringue</u>	Internal	Passing Juice
<u>Muffins</u>	Internal	Passing Juice
<u>Mug cakes</u>	Internal	Passing Juice
Salted caramel	Internal	Passing Juice
Savoury bakes	Internal	Passing Juice
<u>Scones</u>	Internal	Passing Juice
<u>Traybakes</u>	Internal	Passing Juice
<u>Cuisine</u>	Internal	Passing Juice
American	Internal	Passing Juice
Asian	Internal	Passing Juice

<u>British</u>	Internal	Passing Juice
<u>Chinese</u>	Internal	Passing Juice
<u>French</u>	Internal	Passing Juice
<u>Greek</u>	Internal	Passing Juice
<u>Indian</u>	Internal	Passing Juice
<u>Italian</u>	Internal	Passing Juice
<u>Japanese</u>	Internal	Passing Juice
<u>Mediterranean</u>	Internal	Passing Juice
<u>Mexican</u>	Internal	Passing Juice
Middle Eastern	Internal	Passing Juice
<u>Moroccan</u>	Internal	Passing Juice
<u>Spanish</u>	Internal	Passing Juice
<u>Thai</u>	Internal	Passing Juice
<u>Turkish</u>	Internal	Passing Juice
<u>Vietnamese</u>	Internal	Passing Juice
Main ingredient	Internal	Passing Juice
<u>Beef</u>	Internal	Passing Juice
Cheese	Internal	Passing Juice
<u>Chicken</u>	Internal	Passing Juice
<u>Duck</u>	Internal	Passing Juice
<u>Eggs</u>	Internal	Passing Juice
<u>Fish</u>	Internal	Passing Juice
<u>Fruit</u>	Internal	Passing Juice
Lamb	Internal	Passing Juice
Noodles	Internal	Passing Juice
<u>Pasta</u>	Internal	Passing Juice
Pork	Internal	Passing Juice
<u>Potatoes</u>	Internal	Passing Juice

Rice     Internal     Passing Juice       Salmon     Internal     Passing Juice       Sausages     Internal     Passing Juice       Seafood     Internal     Passing Juice       Turkey     Internal     Passing Juice       Vegetables     Internal     Passing Juice       Type of dish     Internal     Passing Juice       Burgers     Internal     Passing Juice       Comfort     Internal     Passing Juice       Curries     Internal     Passing Juice       Ice cream     Internal     Passing Juice       Kebabs     Internal     Passing Juice       Lasagne     Internal     Passing Juice       Pies     Internal     Passing Juice       Pies     Internal     Passing Juice       Risotto     Internal     Passing Juice       Risotto     Internal     Passing Juice       Salads     Internal     Passing Juice       Soups     Internal     Passing Juice       Stews and casseroles     Internal     Passing Juice       Stir-fries     Internal     Passing Juice       Tarts     Internal     Passing Juice       Ccasion     Internal     Passing Juice       Atternoon tea     Internal     Passing Juice </th <th>Pulses and grains</th> <th>Internal</th> <th>Passing Juice</th>	Pulses and grains	Internal	Passing Juice
Sausages  Seafood  Internal  Passing Juice  Savoury traybakes  Internal  Passing Juice  Internal  Internal  Passing Juice  Internal  Internal	Rice	Internal	Passing Juice
Seafood     Internal     Passing Juice       Turkey     Internal     Passing Juice       Vegetables     Internal     Passing Juice       Type of dish     Internal     Passing Juice       Burgers     Internal     Passing Juice       Comfort     Internal     Passing Juice       Curries     Internal     Passing Juice       Ice cream     Internal     Passing Juice       Kebabs     Internal     Passing Juice       Lasagne     Internal     Passing Juice       Meals for two     Internal     Passing Juice       Pies     Internal     Passing Juice       Pizza     Internal     Passing Juice       Risotto     Internal     Passing Juice       Roasts     Internal     Passing Juice       Salads     Internal     Passing Juice       Savoury traybakes     Internal     Passing Juice       Soups     Internal     Passing Juice       Stews and casseroles     Internal     Passing Juice       Stir-fries     Internal     Passing Juice       Tarts     Internal     Passing Juice       Occasion     Internal     Passing Juice       Afternoon tea     Internal     Passing Juice	Salmon	Internal	Passing Juice
Turkey Vegetables Internal Passing Juice Internal Passing Juice Internal Passing Juice Internal Passing Juice Rurgers Internal Passing Juice Internal Passing Juice Comfort Internal Passing Juice Internal Passing Juice Internal Passing Juice Internal Passing Juice Internal Rassing Juice Risotto Internal Rassing Juice Risotto Internal Rassing Juice Risotto Internal Rassing Juice Roasts Internal Rassing Juice Internal Rassing Juice Salads Internal Rassing Juice Salads Internal Rassing Juice Savoury traybakes Internal Rassing Juice Stews and casseroles Internal Rassing Juice Ratiernoon tea	Sausages	Internal	Passing Juice
Vegetables     Internal     Passing Juice       Type of dish     Internal     Passing Juice       Burgers     Internal     Passing Juice       Comfort     Internal     Passing Juice       Curries     Internal     Passing Juice       Ice cream     Internal     Passing Juice       Kebabs     Internal     Passing Juice       Lasagne     Internal     Passing Juice       Meals for two     Internal     Passing Juice       Pies     Internal     Passing Juice       Pizza     Internal     Passing Juice       Risotto     Internal     Passing Juice       Roasts     Internal     Passing Juice       Salads     Internal     Passing Juice       Savoury traybakes     Internal     Passing Juice       Savoury traybakes     Internal     Passing Juice       Stews and casseroles     Internal     Passing Juice       Stir-fries     Internal     Passing Juice       Tarts     Internal     Passing Juice       Occasion     Internal     Passing Juice	Seafood	Internal	Passing Juice
Type of dish  Burgers  Internal  Passing Juice  Comfort  Internal  Passing Juice  Internal  Passing Juice  Curries  Internal  Passing Juice  Pies  Internal  Passing Juice  Pizza  Internal  Passing Juice  Pizza  Internal  Passing Juice  Roasts  Internal  Passing Juice  Roasts  Internal  Passing Juice  Salads  Internal  Passing Juice  Salads  Internal  Passing Juice  Savoury traybakes  Internal  Passing Juice  Stews and casseroles  Internal  Passing Juice  Stews and casseroles  Internal  Passing Juice  Internal  Passing Juice  Internal  Passing Juice  Internal  Passing Juice  Occasion  Internal  Passing Juice  Passing Juice  Passing Juice  Internal  Passing Juice  Passing Juice  Passing Juice  Passing Juice  Passing Juice  Internal  Passing Juice	Turkey	Internal	Passing Juice
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KebabsInternalPassing JuiceLasagneInternalPassing JuiceMeals for twoInternalPassing JuicePiesInternalPassing JuicePizzaInternalPassing JuiceRisottoInternalPassing JuiceRoastsInternalPassing JuiceSaladsInternalPassing JuiceSavoury traybakesInternalPassing JuiceSoupsInternalPassing JuiceStews and casserolesInternalPassing JuiceStir-friesInternalPassing JuiceTartsInternalPassing JuiceOccasionInternalPassing JuiceAfternoon teaInternalPassing Juice	<u>Curries</u>	Internal	Passing Juice
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Risotto  Roasts  Internal  Passing Juice  Salads  Internal  Passing Juice  Savoury traybakes  Internal  Passing Juice  Soups  Internal  Passing Juice  Stews and casseroles  Internal  Passing Juice  Stews and casseroles  Internal  Passing Juice  Stir-fries  Internal  Passing Juice  Tarts  Internal  Passing Juice  Occasion  Internal  Passing Juice  Internal  Passing Juice  Afternoon tea  Internal  Passing Juice	<u>Pies</u>	Internal	Passing Juice
RoastsInternalPassing JuiceSaladsInternalPassing JuiceSavoury traybakesInternalPassing JuiceSoupsInternalPassing JuiceStews and casserolesInternalPassing JuiceStir-friesInternalPassing JuiceTartsInternalPassing JuiceOccasionInternalPassing JuiceAfternoon teaInternalPassing Juice	<u>Pizza</u>	Internal	Passing Juice
SaladsInternalPassing JuiceSavoury traybakesInternalPassing JuiceSoupsInternalPassing JuiceStews and casserolesInternalPassing JuiceStir-friesInternalPassing JuiceTartsInternalPassing JuiceOccasionInternalPassing JuiceAfternoon teaInternalPassing Juice	Risotto	Internal	Passing Juice
Savoury traybakesInternalPassing JuiceSoupsInternalPassing JuiceStews and casserolesInternalPassing JuiceStir-friesInternalPassing JuiceTartsInternalPassing JuiceOccasionInternalPassing JuiceAfternoon teaInternalPassing Juice	<u>Roasts</u>	Internal	Passing Juice
SoupsInternalPassing JuiceStews and casserolesInternalPassing JuiceStir-friesInternalPassing JuiceTartsInternalPassing JuiceOccasionInternalPassing JuiceAfternoon teaInternalPassing Juice	Salads	Internal	Passing Juice
Stews and casserolesInternalPassing JuiceStir-friesInternalPassing JuiceTartsInternalPassing JuiceOccasionInternalPassing JuiceAfternoon teaInternalPassing Juice	Savoury traybakes	Internal	Passing Juice
Stir-fries Internal Passing Juice  Tarts Internal Passing Juice  Occasion Internal Passing Juice  Afternoon tea Internal Passing Juice	Soups	Internal	Passing Juice
Tarts Internal Passing Juice  Occasion Internal Passing Juice  Afternoon tea Internal Passing Juice	Stews and casseroles	Internal	Passing Juice
Occasion Internal Passing Juice  Afternoon tea Internal Passing Juice	Stir-fries	Internal	Passing Juice
Afternoon tea Internal Passing Juice	Tarts	Internal	Passing Juice
	Occasion	Internal	Passing Juice
BBQ Internal Passing Juice	Afternoon tea	Internal	Passing Juice
	BBQ	Internal	Passing Juice

Bonfire Night	Internal	Passing Juice
<u>Christmas</u>	Internal	Passing Juice
<u>Easter</u>	Internal	Passing Juice
Father's Day	Internal	Passing Juice
<u>Halloween</u>	Internal	Passing Juice
Mother's Day	Internal	Passing Juice
New Year	Internal	Passing Juice
Pancake Day	Internal	Passing Juice
<u>Party</u>	Internal	Passing Juice
<u>Picnic</u>	Internal	Passing Juice
Valentine's Day	Internal	Passing Juice
Easy	Internal	Passing Juice
Batch cooking	Internal	Passing Juice
Make ahead	Internal	Passing Juice
One pot	Internal	Passing Juice
Slow cook	Internal	Passing Juice
Storecupboard recipes	Internal	Passing Juice
Thrifty recipes	Internal	Passing Juice
<u>Under 30 minutes</u>	Internal	Passing Juice
Special diets	Internal	Passing Juice
<u>Dairy-free</u>	Internal	Passing Juice
Gluten-free	Internal	Passing Juice
Healthy	Internal	Passing Juice
<u>Under 600 calories</u>	Internal	Passing Juice
Vegan	Internal	Passing Juice
Vegetarian	Internal	Passing Juice
Chefs	Internal	Passing Juice
Lifestyle Home	Internal	Passing Juice

<u>Food</u>	Internal	Passing Juice
<u>Homes</u>	Internal	Passing Juice
<u>Travel</u>	Internal	Passing Juice
<u>Health</u>	Internal	Passing Juice
<u>Video Home</u>	Internal	Passing Juice
Recipes	Internal	Passing Juice
How to	Internal	Passing Juice
<u>Win</u>	Internal	Passing Juice
Pancake Day	Internal	Passing Juice
<u>Subscribe</u>	Internal	Passing Juice
Read more	Internal	Passing Juice
See the recipes	Internal	Passing Juice
See the article	Internal	Passing Juice
More competitions and offers	Internal	Passing Juice
<u>In this issue</u>	Internal	Passing Juice
Cook with confidence	Internal	Passing Juice
Privacy Policy	Internal	Passing Juice
Contact Us	Internal	Passing Juice
Try our digital edition	Internal	Passing Juice
<u>Newsletter</u>	Internal	Passing Juice
sainsburys.co.uk	External	Passing Juice
Helping Everyone Eat Better	External	Passing Juice
Tu Clothing	External	Passing Juice
Habitat	External	Passing Juice
Argos	External	Passing Juice
cookie policy.	Internal	Passing Juice

### **SEO Keywords**



**Keywords Cloud** 

recipes name months years cookies apps help year duration cookie

### **Keywords Consistency**

Keyword	Content	Title	Keywords	Descripti on	Headings
cookie	12	×	×	×	✓
years	11	×	×	×	×
cookies	10	×	×	×	✓
apps	10	×	×	×	×
recipes	9	<b>*</b>	×	✓	✓

#### **Usability**

0	Url	Domain : sainsburysmagazine.co.uk Length : 24
<b></b>	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
<b></b>	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.

#### **Document**

Doctype	HTML 5

#### **Document**

	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors: 53 Warnings: 3
<b></b>	Email Privacy	Great no email address has been found in plain text!
<b></b>	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
0	Speed Tips	Attention! Try to avoid nested tables in HTML.  Perfect. No inline css has been found in HTML tags!  Great, your website has few CSS files.  Perfect, your website has few JavaScript files.  Perfect, your website takes advantage of gzip.

### Mobile

0	Mobile Optimization	✓ Apple Icon
		✓ Meta Viewport Tag
		✓ Flash content

### Optimization

	XML Sitemap	Great, your website has an XML sitemap.
		http://sainsburysmagazine.co.uk/sitemap.xml
		https://www.sainsburysmagazine.co.uk/sitemap.xml
<b>②</b>	Robots.txt	http://sainsburysmagazine.co.uk/robots.txt  Great, your website has a robots.txt file.
8	Analytics	Missing We didn't detect an analytics tool installed on this website.

### **Optimization**

Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.