Seo Analyzer
sauceandsensibility.com

Generated on March 07 2022 04:04 AM

The score is 32/100

SEO Content

⚠️	Title	**Sauce and Sensibility | A blog of food, recipes, books, and stories of life** **Length : 75** Ideally, your title should contain between 10 and 70 characters (spaces included). Use this free tool to calculate text length.
❌	Description	**Length : 0** Very bad. We haven't found meta description on your page. Use this free online meta tags generator to create description.
❌	Keywords	Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.
❌	Og Meta Properties	This page does not take advantage of Og Properties. This tags allows social crawler's better structurize your page. Use this free og properties generator to create them.
⦾	Headings	

H1	**H2**	**H3**	**H4**	**H5**	**H6**
1	6	9	0	0	0

- [H1] Sauce and Sensibility
- [H2] Shaved Winter Salad with Roasted Tomato and Shallot Vinaigrette
- [H2] Grilled Peri Peri Chicken Kabobs with Roasted Potatoes and Green Chili Sauce
- [H2] Roasted Golden Beet and Apple Puree
- [H2] Sausages in Red Wine
- [H2] Crispy Fish Tacos with Creamy Chipotle Sauce
- [H2] Indian Spiced Sliders with Curried Mayonnaise
- [H3] Recent Posts
- [H3] Get Updates by E-Mail
- [H3] Follow Us
- [H3] Categories
- [H3] News About S&S
- [H3] Blogs I follow
- [H3] Archive of Past Posts
- [H3] Pages

SEO Content

		• [H3] Admin and Feeds
❌	Images	We found 19 images on this web page. 12 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.
❌	Text/HTML Ratio	Ratio : **7%** This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.
✅	Flash	Perfect, no Flash content has been detected on this page.
✅	Iframe	Great, there are no Iframes detected on this page.

SEO Links

❌	URL Rewrite	Bad. Your links have query string.
❌	Underscores in the URLs	We have detected underscores in your URLs. You should rather use hyphens to optimize your SEO.
✅	In-page links	We found a total of 100 links including 0 link(s) to files
⬤	Statistics	External Links : noFollow 0% External Links : Passing Juice 21% Internal Links 79%

In-page links

Anchor	Type	Juice
Sauce and Sensibility	Internal	Passing Juice
Skip to content	Internal	Passing Juice
Home	Internal	Passing Juice

In-page links

About	Internal	Passing Juice
Shaved Winter Salad with Roasted Tomato and Shallot Vinaigrette	Internal	Passing Juice
Susan	Internal	Passing Juice
-	External	Passing Juice
RECIPES	Internal	Passing Juice
Salad	Internal	Passing Juice
Salad	Internal	Passing Juice
salad with prosciutto	Internal	Passing Juice
salad with roasted tomato	Internal	Passing Juice
winter salad	Internal	Passing Juice
32 Comments	Internal	Passing Juice
Grilled Peri Peri Chicken Kabobs with Roasted Potatoes and Green Chili Sauce	Internal	Passing Juice
-	External	Passing Juice
Chicken	Internal	Passing Juice
Main Course	Internal	Passing Juice
Chicken	Internal	Passing Juice
kabobs	Internal	Passing Juice
main dish	Internal	Passing Juice
peri peri chicken	Internal	Passing Juice
3 Comments	Internal	Passing Juice
Roasted Golden Beet and Apple Puree	Internal	Passing Juice
-	External	Passing Juice
Side Dish	Internal	Passing Juice
Vegetables	Internal	Passing Juice
apples	Internal	Passing Juice
beets	Internal	Passing Juice
golden beet and apple puree	Internal	Passing Juice

In-page links

golden beets	Internal	Passing Juice
golden beets and apples	Internal	Passing Juice
Leave a comment	Internal	Passing Juice
Sausages in Red Wine	Internal	Passing Juice
-	External	Passing Juice
garlic	Internal	Passing Juice
red wine	Internal	Passing Juice
sausages	Internal	Passing Juice
sausages browned and braised	Internal	Passing Juice
sausages in red wine	Internal	Passing Juice
Leave a comment	Internal	Passing Juice
Crispy Fish Tacos with Creamy Chipotle Sauce	Internal	Passing Juice
-	External	Passing Juice
Fish	Internal	Passing Juice
Sandwiches	Internal	Passing Juice
chipotle	Internal	Passing Juice
chipotle sauce	Internal	Passing Juice
crispy fish tacos	Internal	Passing Juice
Fish	Internal	Passing Juice
fish tacos	Internal	Passing Juice
fish tacos with chipotle sauce	Internal	Passing Juice
tacos	Internal	Passing Juice
2 Comments	Internal	Passing Juice
Indian Spiced Sliders with Curried Mayonnaise	Internal	Passing Juice
-	External	Passing Juice
-	External	Passing Juice
Appetizer	Internal	Passing Juice
Snack	Internal	Passing Juice

In-page links

curried mayonnaise	Internal	Passing Juice
curry	Internal	Passing Juice
ground turkey	Internal	Passing Juice
Indian spiced sliders	Internal	Passing Juice
Indian spices	Internal	Passing Juice
sliders	Internal	Passing Juice
2 Comments	Internal	Passing Juice
BOOK REVIEWS	Internal	Passing Juice
Bread	Internal	Passing Juice
Breakfast	Internal	Passing Juice
Casseroles	Internal	Passing Juice
Cookies	Internal	Passing Juice
Dessert	Internal	Passing Juice
Drinks	Internal	Passing Juice
Fruit	Internal	Passing Juice
Beef	Internal	Passing Juice
Lamb	Internal	Passing Juice
Pasta	Internal	Passing Juice
Pork	Internal	Passing Juice
Seafood	Internal	Passing Juice
Vegetable	Internal	Passing Juice
Pasta and Grains	Internal	Passing Juice
Soup and Stew	Internal	Passing Juice
Stuffing	Internal	Passing Juice
Tips	Internal	Passing Juice
Uncategorized	Internal	Passing Juice
10 Simple Reasons Why My Favorite Recipe Blogs Beat Cookbooks	External	Passing Juice
referenceplease.wordpress.com	External	Passing Juice

In-page links

Cook Eat Share	External	Passing Juice
David Liebowitz	External	Passing Juice
Food Gal	External	Passing Juice
Foodgawker	External	Passing Juice
Home	Internal	Passing Juice
Jane's Sweets	External	Passing Juice
Living Above the Line	External	Passing Juice
Michael Ruhlman	External	Passing Juice
Noble Pig	External	Passing Juice
Simply Recipes	External	Passing Juice
Smitten Kitchen	External	Passing Juice
TasteSpotting	External	Passing Juice
Log in	Internal	Passing Juice
WordPress.org	External	Passing Juice

SEO Keywords

Keywords Cloud	tagged fish main susan chicken tacos posted course recipes salad

Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
posted	12	✖	✖	✖	✖
recipes	7	✔	✖	✖	✖
fish	7	✖	✖	✖	✔
salad	7	✖	✖	✖	✔
main	6	✖	✖	✖	✖

Usability

	Url	Domain : sauceandsensibility.com Length : 23
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.

Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 39 Warnings : 11
	Email Privacy	Great no email address has been found in plain text!
	Deprecated HTML	

Deprecated tags	Occurrences
<font>	1

Deprecated HTML tags are HTML tags that are no longer used. It is recommended that you remove or replace these HTML tags because they are now obsolete.

	Speed Tips	✔ Excellent, your website doesn't use nested tables.
		✖ Too bad, your website is using inline styles.
		✖ Too bad, your website has too many CSS files (more than 4).
		✖ Too bad, your website has too many JS files (more than 6).
		✔ Perfect, your website takes advantage of gzip.

Mobile

	Mobile Optimization		
		✖	Apple Icon
		✖	Meta Viewport Tag
		✔	Flash content

Optimization

	XML Sitemap	Missing Your website does not have an XML sitemap - this can be problematic. A sitemap lists URLs that are available for crawling and can include additional information like your site's latest updates, frequency of changes and importance of the URLs. This allows search engines to crawl the site more intelligently.
	Robots.txt	http://sauceandsensibility.com/robots.txt Great, your website has a robots.txt file.
	Analytics	Great, your website has an analytics tool. Google Analytics