










Seo Analyzer stillpointpilates.com

Generated on February 14 2022 15:12 PM

The score is **64/100**







SEO Content

	<p>Title</p>	<p>Stillpoint Pilates "The Pilates Method of Body Conditioning develops the body uniformly, corrects posture, restores vitality, invigorates the mind and elevates the spirit." — Joseph H. Pilates</p> <p>Length : 204</p> <p>Ideally, your title should contain between 10 and 70 characters (spaces included). Use this free tool to calculate text length.</p>												
	<p>Description</p>	<p>Length : 0</p> <p>Very bad. We haven't found meta description on your page. Use this free online meta tags generator to create description.</p>												
	<p>Keywords</p>	<p>Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.</p>												
	<p>Og Meta Properties</p>	<p>This page does not take advantage of Og Properties. This tags allows social crawler's better structurize your page. Use this free og properties generator to create them.</p>												
	<p>Headings</p>	<table border="1" data-bbox="542 1478 1481 1550"> <thead> <tr> <th>H1</th> <th>H2</th> <th>H3</th> <th>H4</th> <th>H5</th> <th>H6</th> </tr> </thead> <tbody> <tr> <td>2</td> <td>1</td> <td>1</td> <td>0</td> <td>0</td> <td>0</td> </tr> </tbody> </table> <ul data-bbox="614 1585 1481 1778" style="list-style-type: none"> • [H1] Stillpoint Pilates • [H1] Welcome to Stillpoint Pilates! • [H2] "The Pilates Method of Body Conditioning develops the body uniformly, corrects posture, restores vitality, invigorates the mind and elevates the spirit." — Joseph H. Pilates • [H3] Main menu 	H1	H2	H3	H4	H5	H6	2	1	1	0	0	0
H1	H2	H3	H4	H5	H6									
2	1	1	0	0	0									
	<p>Images</p>	<p>We found 2 images on this web page.</p> <p>Good, most or all of your images have alt attributes.</p>												
	<p>Text/HTML Ratio</p>	<p>Ratio : 3%</p> <p>This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.</p>												

SEO Content

	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 10 links including 0 link(s) to files
	Statistics	External Links : noFollow 0% External Links : Passing Juice 20% Internal Links 80%

In-page links

Anchor	Type	Juice
Stillpoint Pilates	Internal	Passing Juice
Skip to primary content	Internal	Passing Juice
About	Internal	Passing Juice
Links	Internal	Passing Juice
Teacher Training	Internal	Passing Juice
Workshops	Internal	Passing Juice
Find Us	Internal	Passing Juice
Gallery	Internal	Passing Juice
Edge of the Light	External	Passing Juice
Proudly powered by WordPress	External	Passing Juice

In-page links

SEO Keywords



Keywords Cloud

gallery stillpoint body welcome proudly
powered teacher workshops training pilates

Keywords Consistency

Keyword	Content	Title	Keywords	Descripti on	Headings
pilates	4	✓	✗	✗	✓
stillpoint	2	✓	✗	✗	✓
body	2	✓	✗	✗	✓
powered	1	✗	✗	✗	✗
proudly	1	✗	✗	✗	✗











Usability

	Url	Domain : stillpointpilates.com Length : 21
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.





Document

	Doctype	HTML 5
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Document

	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 0 Warnings : 9
	Email Privacy	Great no email address has been found in plain text!
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<ul style="list-style-type: none"> Excellent, your website doesn't use nested tables. Too bad, your website is using inline styles. Great, your website has few CSS files. Perfect, your website has few JavaScript files. Perfect, your website takes advantage of gzip.

Mobile

	Mobile Optimization	<ul style="list-style-type: none"> Apple Icon Meta Viewport Tag Flash content
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Optimization

	XML Sitemap	Great, your website has an XML sitemap. http://stillpointpilates.com/sitemap.xml
	Robots.txt	http://stillpointpilates.com/robots.txt Great, your website has a robots.txt file.
	Analytics	Missing

Optimization

We didn't detect an analytics tool installed on this website.

Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.