



# Seo Analyzer theleftcoaster.com

Generated on March 08 2022 19:20 PM


The score is 28/100







## SEO Content

	Title	The Left Coaster <b>Length : 16</b> Perfect, your title contains between 10 and 70 characters.					
	Description	<b>Length : 0</b> Very bad. We haven't found meta description on your page. Use <a href="#">this free online meta tags generator</a> to create description.					
	Keywords	Very bad. We haven't found meta keywords on your page. Use <a href="#">this free online meta tags generator</a> to create keywords.					
	Og Meta Properties	This page does not take advantage of Og Properties. This tags allows social crawler's better structurize your page. Use <a href="#">this free og properties generator</a> to create them.					
	Headings	<b>H1</b> 0	<b>H2</b> 0	<b>H3</b> 0	<b>H4</b> 0	<b>H5</b> 0	<b>H6</b> 0
	Images	We found 5 images on this web page. 2 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.					
	Text/HTML Ratio	Ratio : <b>6%</b> This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.					
	Flash	Perfect, no Flash content has been detected on this page.					

## SEO Content

	Iframe	Too Bad, you have Iframes on the web pages, this mean that content in an Iframe cannot be indexed.
---	--------	--

## SEO Links

	URL Rewrite	Bad. Your links have query string.
	Underscores in the URLs	We have detected underscores in your URLs. You should rather use hyphens to optimize your SEO.
	In-page links	We found a total of 208 links including 0 link(s) to files
	Statistics	External Links : noFollow 0% External Links : Passing Juice 65.38% Internal Links 34.62%

## In-page links

Anchor	Type	Juice
<a href="#">FAQ &amp; Timelines</a>	Internal	Passing Juice
<a href="#">eRiposte's Asia/Foreign Policy Coverage</a>	Internal	Passing Juice
<a href="#">eRiposte's Election 2008 Primary Campaign Coverage</a>	Internal	Passing Juice
<a href="#">Uranium from Africa &amp; Treasongate FAQ</a>	Internal	Passing Juice
<a href="#">human cost</a>	External	Passing Juice
<a href="#">2004 Election</a>	Internal	Passing Juice
<a href="#">2006 Election</a>	Internal	Passing Juice
<a href="#">2008 Election</a>	Internal	Passing Juice
<a href="#">2010 Election</a>	Internal	Passing Juice
<a href="#">2012 Election</a>	Internal	Passing Juice
<a href="#">2012 GOP Politics</a>	Internal	Passing Juice

## In-page links

<a href="#">2013 GOP Outrages</a>	Internal	Passing Juice
<a href="#">2013 Politics</a>	Internal	Passing Juice
<a href="#">2014 Election</a>	Internal	Passing Juice
<a href="#">2015 Politics</a>	Internal	Passing Juice
<a href="#">2016 Election</a>	Internal	Passing Juice
<a href="#">2018 Election</a>	Internal	Passing Juice
<a href="#">2020 Election</a>	Internal	Passing Juice
<a href="#">Books and the Arts</a>	Internal	Passing Juice
<a href="#">Budget</a>	Internal	Passing Juice
<a href="#">Bush Admin Crimes</a>	Internal	Passing Juice
<a href="#">Bush Administration</a>	Internal	Passing Juice
<a href="#">Bush Administration Lies</a>	Internal	Passing Juice
<a href="#">Bush/GOP Outrages</a>	Internal	Passing Juice
<a href="#">CA 2005 Election</a>	Internal	Passing Juice
<a href="#">CA Politics</a>	Internal	Passing Juice
<a href="#">Campaign Finance</a>	Internal	Passing Juice
<a href="#">Congress</a>	Internal	Passing Juice
<a href="#">Corruption and Graft</a>	Internal	Passing Juice
<a href="#">Democratic Congress</a>	Internal	Passing Juice
<a href="#">Democratic Outrages</a>	Internal	Passing Juice
<a href="#">Democratic Strategy</a>	Internal	Passing Juice
<a href="#">Domestic Issues</a>	Internal	Passing Juice
<a href="#">Dumb Republicans</a>	Internal	Passing Juice
<a href="#">Economy/Finance</a>	Internal	Passing Juice
<a href="#">Education</a>	Internal	Passing Juice
<a href="#">Elections/Voting</a>	Internal	Passing Juice
<a href="#">Employment</a>	Internal	Passing Juice
<a href="#">Energy</a>	Internal	Passing Juice

## In-page links

<a href="#">Environment</a>	Internal	Passing Juice
<a href="#">Financial Reform</a>	Internal	Passing Juice
<a href="#">Foreign Policy/War</a>	Internal	Passing Juice
<a href="#">GOP Hypocrisy/Lies</a>	Internal	Passing Juice
<a href="#">Gun Safety</a>	Internal	Passing Juice
<a href="#">Healthcare</a>	Internal	Passing Juice
<a href="#">History</a>	Internal	Passing Juice
<a href="#">Human Rights</a>	Internal	Passing Juice
<a href="#">Humor</a>	Internal	Passing Juice
<a href="#">Immigration/Border</a>	Internal	Passing Juice
<a href="#">Intelligence</a>	Internal	Passing Juice
<a href="#">International</a>	Internal	Passing Juice
<a href="#">Iran</a>	Internal	Passing Juice
<a href="#">Journalism</a>	Internal	Passing Juice
<a href="#">Law/Courts</a>	Internal	Passing Juice
<a href="#">Letter From California</a>	Internal	Passing Juice
<a href="#">Media</a>	Internal	Passing Juice
<a href="#">Military Affairs</a>	Internal	Passing Juice
<a href="#">Miscellaneous</a>	Internal	Passing Juice
<a href="#">Obama Administration</a>	Internal	Passing Juice
<a href="#">Obama Disappointments</a>	Internal	Passing Juice
<a href="#">Political Theory</a>	Internal	Passing Juice
<a href="#">Polls</a>	Internal	Passing Juice
<a href="#">Religion</a>	Internal	Passing Juice
<a href="#">Social Security</a>	Internal	Passing Juice
<a href="#">Stupid Trolls</a>	Internal	Passing Juice
<a href="#">Taxation</a>	Internal	Passing Juice
<a href="#">Technology</a>	Internal	Passing Juice

## In-page links

<a href="#">Terrorism</a>	Internal	Passing Juice
<a href="#">The Democrats</a>	Internal	Passing Juice
<a href="#">The Left Coaster</a>	Internal	Passing Juice
<a href="#">The Middle East</a>	Internal	Passing Juice
<a href="#">Trump Outrages/Lies</a>	Internal	Passing Juice
<a href="#">War Crimes</a>	Internal	Passing Juice
<a href="#">Low and Left Part Deux</a>	External	Passing Juice
<a href="#">AmericaBlog</a>	External	Passing Juice
<a href="#">Baseline Scenario</a>	External	Passing Juice
<a href="#">Booman Tribune</a>	External	Passing Juice
<a href="#">Brad DeLong</a>	External	Passing Juice
<a href="#">Calitics</a>	External	Passing Juice
<a href="#">Charles Pierce</a>	External	Passing Juice
<a href="#">CorrenteWire</a>	External	Passing Juice
<a href="#">Crooked Timber</a>	External	Passing Juice
<a href="#">Crooks and Liars</a>	External	Passing Juice
<a href="#">Daily Howler</a>	External	Passing Juice
<a href="#">Daily Kos</a>	External	Passing Juice
<a href="#">Docudharma</a>	External	Passing Juice
<a href="#">Economists View</a>	External	Passing Juice
<a href="#">Ed Kilgore</a>	External	Passing Juice
<a href="#">Emptywheel</a>	External	Passing Juice
<a href="#">Eric Alterman</a>	External	Passing Juice
<a href="#">Eschaton</a>	External	Passing Juice
<a href="#">Ezra Klein</a>	External	Passing Juice
<a href="#">Firedoglake</a>	External	Passing Juice
<a href="#">First Draft</a>	External	Passing Juice
<a href="#">Frank Lynch</a>	External	Passing Juice

## In-page links

<a href="#">From The Left</a>	External	Passing Juice
<a href="#">Glenn Greenwald</a>	External	Passing Juice
<a href="#">Global Paradigms</a>	External	Passing Juice
<a href="#">Hullabaloo</a>	External	Passing Juice
<a href="#">Juan Cole</a>	External	Passing Juice
<a href="#">Kevin Drum</a>	External	Passing Juice
<a href="#">Liberal Oasis</a>	External	Passing Juice
<a href="#">Mahablog</a>	External	Passing Juice
<a href="#">Northwest Progressive Institute</a>	External	Passing Juice
<a href="#">Oliver Willis</a>	External	Passing Juice
<a href="#">Pacific Views</a>	External	Passing Juice
<a href="#">Paul Krugman</a>	External	Passing Juice
<a href="#">Plum-Line (Greg Sargent)</a>	External	Passing Juice
<a href="#">Political Animal</a>	External	Passing Juice
<a href="#">Seeing the Forest</a>	External	Passing Juice
<a href="#">Talking Points Memo</a>	External	Passing Juice
<a href="#">TalkLeft</a>	External	Passing Juice
<a href="#">Taylor Marsh</a>	External	Passing Juice
<a href="#">The Moderate Voice</a>	External	Passing Juice
<a href="#">The Reaction</a>	External	Passing Juice
<a href="#">Truthdig</a>	External	Passing Juice
<a href="#">ABC's The Note</a>	External	Passing Juice
<a href="#">Bart Cop</a>	External	Passing Juice
<a href="#">Bobs Newswire</a>	External	Passing Juice
<a href="#">BuzzFlash</a>	External	Passing Juice
<a href="#">Climate Progress</a>	External	Passing Juice
<a href="#">CNN All Politics</a>	External	Passing Juice
<a href="#">Cursor</a>	External	Passing Juice

## In-page links

<a href="#">Hines Sight</a>	External	Passing Juice
<a href="#">Memeorandum</a>	External	Passing Juice
<a href="#">Google</a>	External	Passing Juice
<a href="#">Taegan Goddard's Political Wire</a>	External	Passing Juice
<a href="#">The Blog Report</a>	External	Passing Juice
<a href="#">The Huffington Post</a>	External	Passing Juice
<a href="#">The Raw Story</a>	External	Passing Juice
<a href="#">Think Progress</a>	External	Passing Juice
<a href="#">Truthout</a>	External	Passing Juice
<a href="#">Yahoo Politics</a>	External	Passing Juice
<a href="#">War in Context</a>	External	Passing Juice
<a href="#">AP</a>	External	Passing Juice
<a href="#">BBC</a>	External	Passing Juice
<a href="#">Boston Globe</a>	External	Passing Juice
<a href="#">Christian Science Monitor</a>	External	Passing Juice
<a href="#">David Cay Johnston</a>	External	Passing Juice
<a href="#">The Guardian</a>	External	Passing Juice
<a href="#">The Independent</a>	External	Passing Juice
<a href="#">Los Angeles Times</a>	External	Passing Juice
<a href="#">McClatchy DC Bureau</a>	External	Passing Juice
<a href="#">New York Times</a>	External	Passing Juice
<a href="#">Reuters</a>	External	Passing Juice
<a href="#">Salon</a>	External	Passing Juice
<a href="#">Slate</a>	External	Passing Juice
<a href="#">The Telegraph</a>	External	Passing Juice
<a href="#">The Washington Independent</a>	External	Passing Juice
<a href="#">Washington Post</a>	External	Passing Juice
<a href="#">WatchingAmerica.com</a>	External	Passing Juice

## In-page links

<a href="#">USA Today</a>	External	Passing Juice
<a href="#">Alternet.org</a>	External	Passing Juice
<a href="#">American Prospect</a>	External	Passing Juice
<a href="#">The Atlantic Monthly</a>	External	Passing Juice
<a href="#">ePluribus Media</a>	External	Passing Juice
<a href="#">EvolveTv.tv</a>	External	Passing Juice
<a href="#">Grist</a>	External	Passing Juice
<a href="#">Mother Jones</a>	External	Passing Juice
<a href="#">The Nation</a>	External	Passing Juice
<a href="#">The New Republic</a>	External	Passing Juice
<a href="#">The Progressive</a>	External	Passing Juice
<a href="#">The Washington Monthly</a>	External	Passing Juice
<a href="#">TomDispatch.com</a>	External	Passing Juice
<a href="#">TomPaine.com</a>	External	Passing Juice
<a href="#">Mark Fiore</a>	External	Passing Juice
<a href="#">xoverboard.com</a>	External	Passing Juice
<a href="#">Harpers</a>	External	Passing Juice
<a href="#">Opensecrets.org</a>	External	Passing Juice
<a href="#">Project on Government Oversight</a>	External	Passing Juice
<a href="#">TPMmuckracker</a>	External	Passing Juice
<a href="#">Secrecy News</a>	External	Passing Juice
<a href="#">SourceWatch</a>	External	Passing Juice
<a href="#">Sunlight Foundation</a>	External	Passing Juice
<a href="#">FAIR</a>	External	Passing Juice
<a href="#">Media Matters</a>	External	Passing Juice
<a href="#">Media Transparency</a>	External	Passing Juice
<a href="#">News Hounds</a>	External	Passing Juice
<a href="#">Think Progress</a>	External	Passing Juice



## In-page links

<a href="#">Center for American Progress</a>	External	Passing Juice
<a href="#">Center for Economic &amp; Policy Institute</a>	External	Passing Juice
<a href="#">Center on Budget &amp; Policy Priorities</a>	External	Passing Juice
<a href="#">Center on Federal Financial Institutes</a>	External	Passing Juice
<a href="#">Citizens for Tax Justice</a>	External	Passing Juice
<a href="#">Commonweal Institute</a>	External	Passing Juice
<a href="#">Economic Policy Institute</a>	External	Passing Juice
<a href="#">Energize America</a>	External	Passing Juice
<a href="#">Foundation for Taxpayer &amp; Consumer Rights</a>	External	Passing Juice
<a href="#">Jared Bernstein</a>	External	Passing Juice
<a href="#">League of Conservation Voters</a>	External	Passing Juice
<a href="#">Michael Konczal</a>	External	Passing Juice
<a href="#">Moving Ideas</a>	External	Passing Juice
<a href="#">Natural Resources Defense Council</a>	External	Passing Juice
<a href="#">National Wildlife Federation</a>	External	Passing Juice
<a href="#">Paul Krugman columns</a>	External	Passing Juice
<a href="#">Rocky Mountain Institute</a>	External	Passing Juice
<a href="#">Sierra Club</a>	External	Passing Juice
<a href="#">State of Working America</a>	External	Passing Juice
<a href="#">The Century Foundation</a>	External	Passing Juice
<a href="#">Union of Concerned Scientists</a>	External	Passing Juice
<a href="#">Workplace Fairness</a>	External	Passing Juice
<a href="#">CJR Campaign Desk</a>	External	Passing Juice
<a href="#">Electoral Vote Predictor</a>	External	Passing Juice
<a href="#">Mystery Pollster</a>	External	Passing Juice
<a href="#">Polling Report</a>	External	Passing Juice
<a href="#">Project Vote Smart</a>	External	Passing Juice
<a href="#">Kicking Ass (DNC)</a>	External	Passing Juice

## In-page links

[Movable Type 3.17](#)

External

Passing Juice

## SEO Keywords



Keywords Cloud

media monthly progress political  
truthout sources politics news report  
project












## Keywords Consistency

Keyword	Content	Title	Keywords	Descripti on	Headings
media	4	✘	✘	✘	✘
news	3	✘	✘	✘	✘
progress	3	✘	✘	✘	✘
sources	3	✘	✘	✘	✘
monthly	2	✘	✘	✘	✘





## Usability

	Url	Domain : theleftcoaster.com Length : 18
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	You have not specified the language. Use <a href="#">this free meta tags generator</a> to declare the intended language of your website.
	Dublin Core	This page does not take advantage of Dublin Core.


## Document

	Doctype	XHTML 1.0 Transitional				
	Encoding	Perfect. Your declared charset is UTF-8.				
	W3C Validity	Errors : 35 Warnings : 10				
	Email Privacy	Warning! At least one email address has been found in the plain text. Use <a href="#">free antispam protector</a> to hide email from spammers.				
	Deprecated HTML	<table><thead><tr><th>Deprecated tags</th><th>Occurrences</th></tr></thead><tbody><tr><td>&lt;center&gt;</td><td>1</td></tr></tbody></table> <p>Deprecated HTML tags are HTML tags that are no longer used. It is recommended that you remove or replace these HTML tags because they are now obsolete.</p>	Deprecated tags	Occurrences	<center>	1
Deprecated tags	Occurrences					
<center>	1					
	Speed Tips	<ul style="list-style-type: none"><li> Excellent, your website doesn't use nested tables.</li><li> Too bad, your website is using inline styles.</li><li> Great, your website has few CSS files.</li><li> Perfect, your website has few JavaScript files.</li><li> Perfect, your website takes advantage of gzip.</li></ul>				



## Mobile

	Mobile Optimization	<ul style="list-style-type: none"><li> Apple Icon</li><li> Meta Viewport Tag</li><li> Flash content</li></ul>
--	---------------------	--

## Optimization

	XML Sitemap	Missing <p>Your website does not have an XML sitemap - this can be problematic.</p> <p>A sitemap lists URLs that are available for crawling and can include additional information like your site's latest updates, frequency of</p>
--	-------------	---

## Optimization

		changes and importance of the URLs. This allows search engines to crawl the site more intelligently.
	Robots.txt	<a href="http://theleftcoaster.com/robots.txt">http://theleftcoaster.com/robots.txt</a> Great, your website has a robots.txt file.
	Analytics	Missing We didn't detect an analytics tool installed on this website. Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.