








Seo Analyzer thewholefooddiary.com

Generated on March 30 2022 21:23 PM





The score is 48/100




SEO Content

	Title	<div>The Whole Food Diary - the whole food diary</div> <div>Length : 43</div> <div>Perfect, your title contains between 10 and 70 characters.</div>																
	Description	<div>Length : 0</div> <div>Very bad. We haven't found meta description on your page. Use this free online meta tags generator to create description.</div>																
	Keywords	<div>Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.</div>																
	Og Meta Properties	<div>Good, your page take advantage of Og Properties.</div> <table><thead><tr><th>Property</th><th>Content</th></tr></thead><tbody><tr><td>locale</td><td>en_US</td></tr><tr><td>type</td><td>article</td></tr><tr><td>title</td><td>The Whole Food Diary</td></tr><tr><td>description</td><td>A journey in caring for people, planet, and personal health with our every day choices.</td></tr><tr><td>url</td><td>https://www.thewholefooddiary.com/</td></tr><tr><td>site_name</td><td>the whole food diary</td></tr><tr><td>updated_time</td><td>2021-01-25T06:01:04+00:00</td></tr></tbody></table>	Property	Content	locale	en_US	type	article	title	The Whole Food Diary	description	A journey in caring for people, planet, and personal health with our every day choices.	url	https://www.thewholefooddiary.com/	site_name	the whole food diary	updated_time	2021-01-25T06:01:04+00:00
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	Headings	<table><thead><tr><th>H1</th><th>H2</th><th>H3</th><th>H4</th><th>H5</th><th>H6</th></tr></thead><tbody><tr><td>9</td><td>7</td><td>7</td><td>0</td><td>6</td><td>0</td></tr></tbody></table> <div><ul style="list-style-type: none">[H1] caring for people, planet + personal health in the every day choices, together.[H1] Now available! Whole Basics</div>	H1	H2	H3	H4	H5	H6	9	7	7	0	6	0				
H1	H2	H3	H4	H5	H6													
9	7	7	0	6	0													




SEO Content

		<ul style="list-style-type: none"> • [H1] THE WHOLE TREAT • [H1] The Whole Food Baby • [H1] • [H1] Now available! Whole Basics • [H1] THE WHOLE TREAT • [H1] The Whole Food Baby • [H1] • [H2] Subscribe To The Newsletter • [H2] Oat Flour Chocolate Banana Cake • [H2] What is a B Corp? Here are some we love + use every day! • [H2] Spring + Mothers Day Gift Ideas • [H2] Easy Apple Baked Oatmeal • [H2] The guide to Alternative Gifts! • [H2] HOLIDAY GIFT IDEAS! {US Edition} • [H3] Latest Posts • [H3] • [H3] Eco + Conscious Living, Gift Ideas • [H3] Eco + Conscious Living, Gift Ideas • [H3] Breakfast ideas, Desserts • [H3] • [H3] Beautycounter, Eco + Conscious Living, Eco + Conscious Living, holidays, lifestyle • [H5] • [H5] • [H5] • [H5] • [H5] • [H5]
	Images	<p>We found 21 images on this web page.</p> <p>21 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p>
	Text/HTML Ratio	<p>Ratio : 12%</p> <p>This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.</p>
	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

SEO Links

	URL Rewrite	Good. Your links looks friendly!
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SEO Links

	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 13 links including 0 link(s) to files
	Statistics	<p>External Links : noFollow 0%</p> <p>External Links : Passing Juice 7.69%</p> <p>Internal Links 92.31%</p>

In-page links

Anchor	Type	Juice
the whole food diary	Internal	Passing Juice
Blog	Internal	Passing Juice
Recipes	Internal	Passing Juice
Store	Internal	Passing Juice
About	Internal	Passing Juice
join us!	Internal	Passing Juice
Add to cart	Internal	noFollow
Uncategorized	Internal	Passing Juice
View More	External	Passing Juice
Add to cart	Internal	noFollow
Add to cart	Internal	noFollow
baby food	Internal	Passing Juice
healthy food	Internal	Passing Juice






SEO Keywords

	Keywords Cloud	<p>cart free from more recipes food love</p> <p>day every add</p>
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Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
food	21	✓	✗	✗	✓
recipes	17	✗	✗	✗	✗
love	15	✗	✗	✗	✓
cart	12	✗	✗	✗	✗
add	12	✗	✗	✗	✗








Usability

	Url	Domain : thewholefooddiary.com Length : 21
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.





Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 29 Warnings : 28
	Email Privacy	Warning! At least one email address has been found in the plain text. Use free antispam protector to hide email from spammers.




Document

	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<div><div> Excellent, your website doesn't use nested tables.</div><div> Too bad, your website is using inline styles.</div><div> Too bad, your website has too many CSS files (more than 4).</div><div> Too bad, your website has too many JS files (more than 6).</div><div> Perfect, your website takes advantage of gzip.</div></div>

Mobile

	Mobile Optimization	<div><div> Apple Icon</div><div> Meta Viewport Tag</div><div> Flash content</div></div>
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Optimization

	XML Sitemap	<div>Great, your website has an XML sitemap.</div> <div>http://thewholefooddiary.com/sitemap.xml</div>
	Robots.txt	<div>http://thewholefooddiary.com/robots.txt</div> <div>Great, your website has a robots.txt file.</div>
	Analytics	<div>Missing</div> <div>We didn't detect an analytics tool installed on this website.</div> <div>Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.</div>