







# Seo Analyzer vitalmtb.com

Generated on March 17 2022 13:30 PM

The score is 37/100



## SEO Content

	<p>Title</p>	<p>Vital MTB - Mountain Bikes, Reviews, Videos, Races</p> <p><b>Length : 50</b></p> <p>Perfect, your title contains between 10 and 70 characters.</p>														
	<p>Description</p>	<p>Watch mountain bike videos, browse our huge product guide, and more. Bikes, parts, and gear reviews and ratings from other mountain bike riders. Downhill, freeride, all-mountain, park, dirt jumping.</p> <p><b>Length : 198</b></p> <p>Ideally, your meta description should contain between 70 and 160 characters (spaces included). Use <a href="#">this free tool</a> to calculate text length.</p>														
	<p>Keywords</p>	<p>Mountain Bikes, Mountain Biking, Downhill, Freeride</p> <p>Good, your page contains meta keywords.</p>														
	<p>Og Meta Properties</p>	<p>Good, your page take advantage of Og Properties.</p> <table border="1" data-bbox="539 1346 1481 2069"> <thead> <tr> <th>Property</th> <th>Content</th> </tr> </thead> <tbody> <tr> <td>site_name</td> <td>Vital MTB</td> </tr> <tr> <td>image</td> <td>https://assets.vitalmedianet.com/images/_mtb/ogo_fb_968.png</td> </tr> <tr> <td>type</td> <td>article</td> </tr> <tr> <td>description</td> <td>Watch mountain bike videos, browse our huge product guide, and more. Bikes, parts, and gear reviews and ratings from other mountain bike riders. Downhill, freeride, all-mountain, park, dirt jumping.</td> </tr> <tr> <td>title</td> <td>Mountain Bikes, Reviews, Videos, Races</td> </tr> <tr> <td>url</td> <td>https://www.vitalmtb.com/?utm_source=facebook.com&amp;utm_medium=referral&amp;utm_campaign=fb_like</td> </tr> </tbody> </table>	Property	Content	site_name	Vital MTB	image	https://assets.vitalmedianet.com/images/_mtb/ogo_fb_968.png	type	article	description	Watch mountain bike videos, browse our huge product guide, and more. Bikes, parts, and gear reviews and ratings from other mountain bike riders. Downhill, freeride, all-mountain, park, dirt jumping.	title	Mountain Bikes, Reviews, Videos, Races	url	https://www.vitalmtb.com/?utm_source=facebook.com&utm_medium=referral&utm_campaign=fb_like
Property	Content															
site_name	Vital MTB															
image	https://assets.vitalmedianet.com/images/_mtb/ogo_fb_968.png															
type	article															
description	Watch mountain bike videos, browse our huge product guide, and more. Bikes, parts, and gear reviews and ratings from other mountain bike riders. Downhill, freeride, all-mountain, park, dirt jumping.															
title	Mountain Bikes, Reviews, Videos, Races															
url	https://www.vitalmtb.com/?utm_source=facebook.com&utm_medium=referral&utm_campaign=fb_like															

# SEO Content

## Headings

**H1**  
1

**H2**  
1

**H3**  
0





**H4**  
0

**H5**  
1





**H6**  
45

- [H1] Vital MTB
- [H2] Sponsored Posts
- [H5] First Ride: '22 O'Neal MTB Apparel and Protection 0
- [H6] Tested - Alchemy Arktos 150 9
- [H6] ALL ACCESS - Andrew Neethling x Dean Lucas | SHIMANO
- [H6] YT Launches Aluminum Version of the Latest Generation Capra with "Uncaged 9" Model
- [H6] DEALS
- [H6] Say Hello to the Specialized USA Enduro Team
- [H6] First Ride: '22 O'Neal MTB Apparel and Protection
- [H6] The Santa Cruz Syndicate is Back - Fresh Faces, Same Attitude
- [H6] Bike of the Day: Kona Process X MX 2 18
- [H6] Don't Miss This ☐☐ Deal!
- [H6] Spinergy Wheels Supports Relief Efforts in Ukraine 3
- [H6] SixSixOne Announces Protection and Glove Partnership with Remy Metailler
- [H6] Freeriding in the Tetons - Norco's Grindstone Has Big Hits and Big Country 2
- [H6] Vital Review - Bigfoot Ankle Brace 3
- [H6] Nerd Alert: How To (Actually, Kind Of) Measure Climbing Efficiency
- [H6] Bike of the Day: Kavenz VHP 18 MX 3 22
- [H6] The Most Shore Thing You'll See All Day - EAU DE SHORE no. 1 - Fromme 1
- [H6] Welcome to the Team Edits From Forbidden: Connor Fearon and Alex Storr Get Their Shred On 1
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- [H6] Mineral Oil vs DOT, What Rotor Size Riders Need, and More Burning Questions Addressed - SRAM's Science of Stopping 25
- [H6] George Branningan POV Race Run - Brioude DH Cup
- [H6] YT Introduces New Female Ambassador Roster 2
- [H6] Just Enough Room - Riding Some of Whistler's New and Old School Trails
- [H6] 20" Tuesday - Nathan Williams, Hobie Doan, Clint Reynolds, Chad Kerley
- [H6] Jerome Clementz Presents Ride-Explore-Respect - E-Bike trip in Queyras
- [H6] 76 Miles of Remote Trails in Tuscany. Not a Bad Way to Spend Three Days
- [H6] Vinny Armstrong Signs with ilabb
- [H6] Bike of the Day: Scott Gambler 900 Tuned 4 29
- [H6] World Cup Dress Rehearsal with Wyn TV at the Brioude DH Cup
- [H6] Race Trouble at the Brioude "Mini World Cup"
- [H6] 'Place of Solace' Featuring Tanner Stephens
- [H6] Dean Lucas Making Light Work of the Brioude French Cup Course
- [H6] Bike of the Day: Specialized Status 160 1 31

## SEO Content

		<ul style="list-style-type: none"><li>• [H6] Battle of the BODs - Yeti vs. Specialized 6</li><li>• [H6] When the Track Builders Are Mean: Crashes and Carnage From the Brioude "Mini World Cup" 1</li><li>• [H6] Bike of the Day: Forbidden Druid 3 16</li><li>• [H6] Windrock Sustains Heavy Storm Damage to Pits, DH Qualifying Results Submitted as Final for Tennessee National 4</li><li>• [H6] Forum Activity</li><li>• [H6] Follow Vital MTB</li><li>• [H6] Site Sponsors</li><li>• [H6] Events</li><li>• [H6] Product Spotlight</li><li>• [H6] Vital MTB Poll</li><li>• [H6] Product Reviews</li><li>• [H6] Press Releases</li></ul>
	Images	<p>We found 71 images on this web page.</p> <p>5 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p>
	Text/HTML Ratio	<p>Ratio : <b>8%</b></p> <p>This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.</p>
	Flash	<p>Perfect, no Flash content has been detected on this page.</p>
	Iframe	<p>Too Bad, you have Iframes on the web pages, this mean that content in an Iframe cannot be indexed.</p>

## SEO Links

	URL Rewrite	<p>Bad. Your links have query string.</p>
	Underscores in the URLs	<p>We have detected underscores in your URLs. You should rather use hyphens to optimize your SEO.</p>
	In-page links	<p>We found a total of 248 links including 1 link(s) to files</p>
	Statistics	<p>External Links : noFollow 0.81%</p> <p>External Links : Passing Juice 2.02%</p> <p>Internal Links 97.18%</p>

## In-page links

Anchor	Type	Juice
<a href="#">Vital MTB</a>	Internal	Passing Juice
<a href="#">Bike Checks</a>	Internal	Passing Juice
<a href="#">Top Bike Checks</a>	Internal	Passing Juice
<a href="#">Add Your Bike</a>	Internal	Passing Juice
<a href="#">Photos</a>	Internal	Passing Juice
<a href="#">Feature Photos</a>	Internal	Passing Juice
<a href="#">Add Photos</a>	Internal	Passing Juice
<a href="#">Videos</a>	Internal	Passing Juice
<a href="#">Feature Videos</a>	Internal	Passing Juice
<a href="#">Vital RAW</a>	Internal	Passing Juice
<a href="#">Product / Technical</a>	Internal	Passing Juice
<a href="#">POV / Helmet Cam</a>	Internal	Passing Juice
<a href="#">How-To Videos</a>	Internal	Passing Juice
<a href="#">17 Questions</a>	Internal	Passing Juice
<a href="#">Video Vault</a>	Internal	Passing Juice
<a href="#">Rapid Fire</a>	Internal	Passing Juice
<a href="#">JRA</a>	Internal	Passing Juice
<a href="#">Bar Drag Bounty 4</a>	Internal	Passing Juice
<a href="#">Commercials</a>	Internal	Passing Juice
<a href="#">Add a Video</a>	Internal	Passing Juice
<a href="#">Product</a>	Internal	Passing Juice
<a href="#">All Bikes</a>	Internal	Passing Juice
<a href="#">Cross-Country Bikes</a>	Internal	Passing Juice
<a href="#">Dirt Jumping Bikes</a>	Internal	Passing Juice
<a href="#">Downhill Bikes</a>	Internal	Passing Juice
<a href="#">Enduro Bikes</a>	Internal	Passing Juice
<a href="#">Freeride Bikes</a>	Internal	Passing Juice

## In-page links

<a href="#">Trail Bikes</a>	Internal	Passing Juice
<a href="#">Dirt Jumping Frames</a>	Internal	Passing Juice
<a href="#">Downhill Frames</a>	Internal	Passing Juice
<a href="#">Suspension Forks</a>	Internal	Passing Juice
<a href="#">Full-Face Helmets</a>	Internal	Passing Juice
<a href="#">Handlebars</a>	Internal	Passing Juice
<a href="#">All Brands</a>	Internal	Passing Juice
<a href="#">Latest Reviews</a>	Internal	Passing Juice
<a href="#">Top Reviewers</a>	Internal	Passing Juice
<a href="#">Test Sessions</a>	Internal	Passing Juice
<a href="#">Vital MTB Deals</a>	Internal	Passing Juice
<a href="#">Forum</a>	Internal	Passing Juice
<a href="#">Gear Club</a>	Internal	noFollow
<a href="#">More ▼</a>	External	Passing Juice
<a href="#">Vital Products</a>	External	noFollow
<a href="#">Inside Line Podcast</a>	Internal	Passing Juice
<a href="#">News</a>	Internal	Passing Juice
<a href="#">Feature Stories</a>	Internal	Passing Juice
<a href="#">Member Blogs</a>	Internal	Passing Juice
<a href="#">Press Releases</a>	Internal	Passing Juice
<a href="#">'+feedSize+'</a>	Internal	Passing Juice
<a href="#">First Ride: '22 O'Neal MTB Apparel and Protection</a>	Internal	Passing Juice
<a href="#">Newest</a>	External	Passing Juice
<a href="#">Vital Review - Bigfoot Ankle Brace</a>	Internal	Passing Juice
<a href="#">Battle of the BODs - Yeti vs. Specialized</a>	Internal	Passing Juice
<a href="#">PIT BITS - Tennessee National at Windrock</a>	Internal	Passing Juice
<a href="#">Short Travel: We Ride the All-New Öhlins RXF 34 m.2</a>	Internal	Passing Juice
<a href="#">Kieran Bennett - The Inside Line Podcast</a>	Internal	Passing Juice

## In-page links

<a href="#">2022 Transition Repeater Review</a>	Internal	Passing Juice
<a href="#">PIT BITS - Sedona MTB Fest</a>	Internal	Passing Juice
<a href="#">In-Stock Products and Big Savings</a>	Internal	Passing Juice
<a href="#">Corner For Dough - Tanner Stephens and Luca Cometti</a>	Internal	Passing Juice
<a href="#">PHOTO BLAST - Downhill Southeast #1</a>	Internal	Passing Juice
<a href="#">First Ride: Ride Concepts Tallac Flat Pedal Shoe</a>	Internal	Passing Juice
<a href="#">First Ride: Endura Enters the MTB Shoe Market</a>	Internal	Passing Juice
<a href="#">G-Out Project - Downhill Southeast #1</a>	Internal	Passing Juice
<a href="#">PIT BITS - Downhill Southeast #1</a>	Internal	Passing Juice
<a href="#">New Pedals, Protection, and Apparel - Gear Show</a>	Internal	Passing Juice
<a href="#">Review - Cannondale Jekyll 1</a>	Internal	Passing Juice
<a href="#">Battle of the BODs</a>	Internal	Passing Juice
<a href="#">KAILEY SKELTON - #USDH Profile</a>	Internal	Passing Juice
<a href="#">Vital RAW - Continental Champs from Costa Rica</a>	Internal	Passing Juice
<a href="#">Propain Launches US Operations</a>	Internal	Passing Juice
<a href="#">GT Force Carbon Pro LE</a>	Internal	Passing Juice
<a href="#">Tested - Reserve 30 HD Wheels</a>	Internal	Passing Juice
<a href="#">Tested - Alchemy Arktos 150</a>	Internal	Passing Juice
<a href="#">BHowell</a>	Internal	noFollow
<a href="#">ALL ACCESS - Andrew Neethling x Dean Lucas   SHIMANO</a>	Internal	Passing Juice
<a href="#">Jason_Schroeder</a>	Internal	noFollow
<a href="#">YT Launches Aluminum Version of the Latest Generation Capra with "Uncaged 9" Model</a>	Internal	Passing Juice
<a href="#">iceman2058</a>	Internal	noFollow
<a href="#">Say Hello to the Specialized USA Enduro Team</a>	Internal	Passing Juice
<a href="#">The Santa Cruz Syndicate is Back - Fresh Faces, Same Attitude</a>	Internal	Passing Juice
<a href="#">Bike of the Day: Kona Process X MX</a>	Internal	Passing Juice
<a href="#">Bike Check section!</a>	Internal	Passing Juice

## In-page links

<a href="#">Don't Miss This ☐☐ Deal!</a>	External	noFollow
<a href="#">csteen</a>	Internal	noFollow
<a href="#">Spinergy Wheels Supports Relief Efforts in Ukraine</a>	Internal	Passing Juice
<a href="#">SixSixOne Announces Protection and Glove Partnership with Remy Metailler</a>	Internal	Passing Juice
<a href="#">Freeriding in the Tetons - Norco's Grindstone Has Big Hits and Big Country</a>	Internal	Passing Juice
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<a href="#">Vinny Armstrong Signs with ilabb</a>	Internal	Passing Juice
<a href="#">Bike of the Day: Scott Gambler 900 Tuned</a>	Internal	Passing Juice
<a href="#">World Cup Dress Rehearsal with Wyn TV at the Brioude DH Cup</a>	Internal	Passing Juice
<a href="#">Race Trouble at the Brioude "Mini World Cup"</a>	Internal	Passing Juice

## In-page links

<a href="#">'Place of Solace' Featuring Tanner Stephens</a>	Internal	Passing Juice
<a href="#">Dean Lucas Making Light Work of the Brioude French Cup Course</a>	Internal	Passing Juice
<a href="#">Bike of the Day: Specialized Status 160</a>	Internal	Passing Juice
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<a href="#">When the Track Builders Are Mean: Crashes and Carnage From the Brioude "Mini World Cup"</a>	Internal	Passing Juice
<a href="#">Bike of the Day: Forbidden Druid</a>	Internal	Passing Juice
<a href="#">Windrock Sustains Heavy Storm Damage to Pits, DH Qualifying Results Submitted as Final for Tennessee National</a>	Internal	Passing Juice
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<a href="#">1</a>	Internal	Passing Juice
<a href="#">2</a>	Internal	Passing Juice
<a href="#">3</a>	Internal	Passing Juice
<a href="#">4</a>	Internal	Passing Juice

## In-page links

<a href="#">5</a>	Internal	Passing Juice
<a href="#">More forums »</a>	Internal	Passing Juice
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<a href="#">Norco Bicycles</a>	Internal	noFollow
<a href="#">7iDP</a>	Internal	noFollow
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<a href="#">Race Face</a>	Internal	noFollow
<a href="#">crankbrothers</a>	Internal	noFollow
<a href="#">Ride Concepts</a>	Internal	noFollow
<a href="#">Deity Components</a>	Internal	noFollow
<a href="#">Ride Wrap</a>	Internal	noFollow

## In-page links

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<a href="#">Royal Racing</a>	Internal	noFollow
<a href="#">Earshots</a>	Internal	noFollow
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<a href="#">Eminent Cycles</a>	Internal	noFollow
<a href="#">Scott Sports</a>	Internal	noFollow
<a href="#">e*thirteen</a>	Internal	noFollow
<a href="#">SDG Components</a>	Internal	noFollow
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<a href="#">Tahoe Trail Bar</a>	Internal	noFollow

## In-page links

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<a href="#">Tifosi</a>	Internal	noFollow
<a href="#">Kenda</a>	Internal	noFollow
<a href="#">Transition Bicycle Company</a>	Internal	noFollow
<a href="#">Kona World</a>	Internal	noFollow
<a href="#">Trifox</a>	Internal	noFollow
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<a href="#">Troy Lee Designs</a>	Internal	noFollow
<a href="#">Marin Bikes</a>	Internal	noFollow
<a href="#">TRP Cycling Components</a>	Internal	noFollow
<a href="#">Marzocchi</a>	Internal	noFollow
<a href="#">USWE</a>	Internal	noFollow
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<a href="#">Yakima</a>	Internal	noFollow
<a href="#">MET Helmets</a>	Internal	noFollow
<a href="#">Yoshimura Cycling</a>	Internal	noFollow
<a href="#">Mondraker</a>	Internal	noFollow
<a href="#">YT Industries</a>	Internal	noFollow
<a href="#">Muc-Off</a>	Internal	noFollow
<a href="#">RideFast Nut Jobs Tubeless Valves</a>	Internal	Passing Juice
<a href="#">Bigfoot Ankle Brace</a>	Internal	Passing Juice
<a href="#">loganbrown</a>	Internal	noFollow
<a href="#">Topeak Mini 20 Pro Tool</a>	Internal	Passing Juice
<a href="#">AvidTrailRider</a>	Internal	noFollow
<a href="#">Öhlins RXF 34 m.2 Fork</a>	Internal	Passing Juice
<a href="#">1</a>	Internal	Passing Juice

## In-page links

<a href="#">2</a>	Internal	Passing Juice
<a href="#">3</a>	Internal	Passing Juice
<a href="#">4</a>	Internal	Passing Juice
<a href="#">5</a>	Internal	Passing Juice
<a href="#">More Mountain Biking Parts &amp;#187:</a>	Internal	Passing Juice
<a href="#">Freeriding in the Tetons - Norco's Grindstone Has Big Hits and Big Country</a>	Internal	Passing Juice
<a href="#">1</a>	Internal	Passing Juice
<a href="#">2</a>	Internal	Passing Juice
<a href="#">3</a>	Internal	Passing Juice
<a href="#">4</a>	Internal	Passing Juice
<a href="#">5</a>	Internal	Passing Juice
<a href="#">More Press Releases »</a>	Internal	Passing Juice
<a href="#">Terms &amp; Conditions</a>	Internal	noFollow
<a href="#">Privacy Policy</a>	Internal	noFollow
<a href="#">DMCA</a>	Internal	noFollow
<a href="#">Cookie Policy</a>	Internal	noFollow
<a href="#">Facebook F.A.Q.</a>	Internal	Passing Juice
<a href="#">Advertising</a>	External	Passing Juice
<a href="#">BMX</a>	External	Passing Juice
<a href="#">Mountain Bike</a>	Internal	Passing Juice
<a href="#">Motocross</a>	External	Passing Juice
<a href="#">Mobile</a>	Internal	noFollow
<a href="#">Accessibility Statement</a>	Internal	noFollow
<a href="#">{{nickname}}</a>	Internal	Passing Juice
<a href="#">{{summary.stories}}</a>	Internal	Passing Juice
<a href="#">{{summary.friends}}</a>	Internal	Passing Juice
<a href="#">{{summary.photos}}</a>	Internal	Passing Juice
<a href="#">{{summary.videos}}</a>	Internal	Passing Juice

## In-page links

<a href="#">view</a>	Internal	Passing Juice
<a href="#">{{summary.forum_new_topics}}</a>	Internal	Passing Juice
<a href="#">{{summary.comments}}</a>	Internal	Passing Juice
<a href="#">{{summary.reviews}}</a>	Internal	Passing Juice
<a href="#">{{summary.profile_comments}}</a>	Internal	Passing Juice





## SEO Keywords

 Keywords Cloud	ride competitive jenson usa shoe mtb cyclist img tire vital
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## Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
img	20	✘	✘	✘	✘
jenson	20	✘	✘	✘	✘
usa	20	✘	✘	✘	✔
competitive	18	✘	✘	✘	✘
mtb	18	✔	✘	✘	✔












## Usability

	Url	Domain : vitalmtb.com Length : 12
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.





## Usability

	Dublin Core	This page does not take advantage of Dublin Core.
---	-------------	---






## Document

	Doctype	XHTML 1.0 Strict				
	Encoding	Perfect. Your declared charset is UTF-8.				
	W3C Validity	Errors : 627 Warnings : 58				
	Email Privacy	Warning! At least one email address has been found in the plain text. Use <a href="#">free antispam protector</a> to hide email from spammers.				
	Deprecated HTML	<table><thead><tr><th>Deprecated tags</th><th>Occurrences</th></tr></thead><tbody><tr><td>&lt;strike&gt;</td><td>16</td></tr></tbody></table> <p>Deprecated HTML tags are HTML tags that are no longer used. It is recommended that you remove or replace these HTML tags because they are now obsolete.</p>	Deprecated tags	Occurrences	<strike>	16
Deprecated tags	Occurrences					
<strike>	16					
	Speed Tips	<ul style="list-style-type: none"><li> Excellent, your website doesn't use nested tables.</li><li> Too bad, your website is using inline styles.</li><li> Too bad, your website has too many CSS files (more than 4).</li><li> Too bad, your website has too many JS files (more than 6).</li><li> Too bad, your website does not take advantage of gzip.</li></ul>				

## Mobile

	Mobile Optimization	<ul style="list-style-type: none"><li> Apple Icon</li><li> Meta Viewport Tag</li><li> Flash content</li></ul>
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## Optimization

	XML Sitemap	<p>Great, your website has an XML sitemap.</p> <p><a href="https://www.vitalmtb.com/sitemaps/sitemap.xml.gz">https://www.vitalmtb.com/sitemaps/sitemap.xml.gz</a></p>
	Robots.txt	<p><a href="http://vitalmtb.com/robots.txt">http://vitalmtb.com/robots.txt</a></p> <p>Great, your website has a robots.txt file.</p>
	Analytics	<p>Great, your website has an analytics tool.</p> <ul style="list-style-type: none"><li data-bbox="555 539 1481 607"> Google Analytics</li><li data-bbox="555 607 1481 674"> Quantcast</li></ul>